The hormone-releasing intrauterine device (IUD) is inserted into the uterus by a trained medical health professional. The IUD releases levonorgestrel which stops the sperm from reaching the egg.

- **Highly effective**
- **Efficacy with typical use >99%**
- Can be used for up to five years and removed at any time. May be used to treat heavy menstrual bleeding.

**Suppliers**: Bayer AG and Medicines360  
**Brands**: Mirena and Avibela  
**Composition**: Levonorgestrel intrauterine system (Intrauterine system with reservoir containing 52mg of levonorgestrel)

**Mirena. List of qualifying countries**

**Avibela. List of qualifying countries**