

Being young is tough.  
You feel

# Invincible.

But you're vulnerable.

To drugs, HIV, pregnancy,  
peer pressure.

# Confusing.

You feel strong.

Powerless. Engaged. Shut out.

# Beautiful.

The future looks wide open.

You can take control.

Start now.



UNFPA, together with partners, works to ensure youth participation and leadership so that their voices are heard, needs are met and human rights are protected.  
[www.unfpa.org](http://www.unfpa.org)