

Programme Planning Materials
and Training Resources:

A Compendium

Produced by

Safe Youth
Worldwide

UNFPA
and
Margaret Sanger Center International

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This publication was made possible through financial support provided by UNFPA.

ISBN: 0-89714-728-6

Printed in the United States of America.

The views and opinions expressed in this publication do not necessarily reflect those of the United Nations Population Fund (UNFPA).

TABLE OF CONTENTS

Preface	1
Acknowledgements	2
About Safe Youth Worldwide	2
The Essential Elements Framework	3
About the Compendium	6
Findings	8
How to Use this Compendium	12
Document Summaries	
Checklists, Guidelines and Standards	13
Handbooks	77
Reports	101
Tool Kits and Other Documents	179
Training Manuals, Curricula, and Methodologies	213
Bibliography	299

PREFACE

Over the last few years, the sexual and reproductive health field has focused more than ever before on the importance of working with youth. Many funding initiatives, programme efforts, and international conferences have placed young people at the centre of their health agendas, and for good reason. With over a billion young people in the world on the verge of adulthood, it is clear that we cannot ignore their needs, especially in the context of the ongoing struggle to prevent the spread of HIV.

In the face of this crisis, many programme planners still find it challenging to develop effective programmes for youth. Many have exciting ideas, but lack evidence of successful programmes, clear guidelines on innovative principles, and strategies for sustainability, all of which would facilitate the implementation of their initiatives. Meanwhile, young people are counting on us, as sexual and reproductive health professionals, to involve and listen to them, and respond to their concerns in a manner that is timely and relevant. This compendium of materials aims to be a valuable tool for that purpose – helping professionals and health workers, including young people, providing access to materials previously unavailable to them, and bringing to light the concepts being highlighted as essential elements of HIV prevention for youth-focused programming.

We are pleased to present this collection of materials as a valuable addition to the tools available to improve and scale up global HIV prevention efforts for youth.

A handwritten signature in black ink, appearing to read 'Kunio Waki', is centered on the page. The signature is fluid and cursive, with a prominent 'K' and 'W'.

Kunio Waki
Deputy Executive Director, UNFPA

ACKNOWLEDGEMENTS

The Safe Youth Worldwide initiative, and especially this compendium, would not have been possible without the dedication and coordination of the multi-country team that undertook its execution. Margaret Sanger Center International (MSCI) would first like to thank its funder, the United Nations Population Fund (UNFPA), for its support. Julitta Onabanjo, Akiko Takai, and Laura Skolnik in the UNFPA New York office, as well as staff from the UNFPA country offices, were especially instrumental in shaping the course of this project. MSCI also acknowledges its colleagues from sister organisations and local partners who contributed to this effort. The MSCI team would also like to offer special recognition to the interns who made this process possible. This talented group was inspiring in its dedication.

The MSCI Safe Youth Worldwide New York Team consisted of Lucille C. Atkin, Director, Fabio Castaño, Programme Director, Errol Alexis, Senior Programme Officer, Thierry Ekon, Senior Programme Officer, Marissa Billowitz, Programme Officer, Mustafa Menai, Programme Officer, Vandana Tripathi, Programme Officer, and Anjali Wason, BUNAC Fellow. Interns included Nisha Beharie, Kidest Dessalegn, Shannon Dickerson, Felicia Goodman, Erin Hasselberg, Timur Jusupov, Amourence Lee, Gabrielle Oestreicher, Chandhana Paka, and Suzanne Weinerman.

The Safe Youth Worldwide Field Team consisted of resident technical advisors Rebeca Lange (Chad), Bethania Betances (Dominican Republic), Martha Gebhardt (Namibia), and Sudha Sharma (Nepal); Yubaraj Timsina, Associate Technical Advisor (Nepal); Cary Alan Johnson, Director, MSCI South Africa; and MSCI South Africa programme staff Mpefe Kethapile, Rabbuh Raletsemo, Kelvin Sikwebele, and Mandie Taljaard.

The production of this compendium was overseen by Marissa Billowitz, who wrote the introductory sections and supervised the summary and analysis of the documents within. Fabio Castaño and Vandana Tripathi developed the essential elements framework used in this publication. Lucille C. Atkin, Fabio Castaño, Sherrill Cohen, Donna Matthew, and Laura Skolnik provided invaluable editing and revisions. Karen Houser designed the inside layout. Katie Kleinsasser at Public Media Center coordinated the design of the cover, using a photo generously provided by Tony Nuñez in the Dominican Republic.

ABOUT SAFE YOUTH WORLDWIDE

UNFPA invited MSCI to launch the Safe Youth Worldwide initiative in order to improve efforts to prevent HIV among young people through the identification, collection, analysis and sharing of programme materials, tools, and intervention experiences, and the generation of effective models and methodologies for scaling up. From 2002 – 2004, MSCI implemented the following:

- A comprehensive mapping of programme-planning materials and training resources (PMTRs)
- The scale-up of five exemplary, youth-focused HIV prevention projects

In order to implement these two aspects of Safe Youth Worldwide, MSCI worked with UNFPA to develop a framework of “essential elements” or key components for effective HIV prevention programmes for youth. These components, described in detail in the following sections, encompass guiding approaches such as gender equity promotion and youth rights, programmatic strategies such as youth-friendly services and behaviour change communication (BCC), and administrative and managerial practices such as sustainability and staff capacity. This framework served as a guide for the mapping of programme materials for youth-focused HIV prevention, and for the tailored technical assistance provided in the scale-up of the five in-country projects.

This compendium, the result of the systematic mapping process MSCI undertook for Safe Youth Worldwide, aims to address the difficulty for field staff of accessing resources by identifying and sharing programme planning materials, training resources, tools, and documented intervention experiences. MSCI worked in consultation with experts from colleague organisations, local stakeholders, and in-country staff in the five Safe Youth Worldwide focus countries in order to identify regionally specific sources of programme planning materials and training resources (PMTRs) useful for programme design, implementation, monitoring and evaluation.

For the scaling-up aspect of the initiative, using the essential elements framework, MSCI identified and technically supported five projects, in Chad, the Dominican Republic, Namibia, Nepal, and South Africa. New York and in-country staff provided tailored technical assistance, training, and financial support to help these exemplary projects scale up their activities through replication, enhancement, and improvement, while at the same time documenting the process through which these projects were augmented. The in-country scale-up was developed in close collaboration with UNFPA programme staff, key NGOs, and governmental and UN agency partners. The results and lessons learnt from the five target projects are available in a report and on MSCI’s and UNFPA’s websites (www.margaretsangercenterinternational.org and www.unfpa.org).

THE ESSENTIAL ELEMENTS FRAMEWORK

Based on a review of recent literature on effective HIV prevention programmes for youth as well as its experiences in the sexual and reproductive health field, MSCI developed a framework of essential elements, or key components for successful youth-focused HIV prevention programmes. This framework was developed with input from UNFPA as well as MSCI’s field offices and overseas partners.

The essential elements fall into three categories:

- **Guiding principles** — rights and equity-based concepts that form strategic principles for HIV prevention programmes
- **Programme strategies** — technical competencies that address service, policy, and education needs or connect HIV prevention with other programmes or service systems
- **Administrative and managerial capacities** — structural and systems issues

that strengthen programmes and interventions and allow them to be efficient and sustainable

This framework was used in all aspects of Safe Youth Worldwide, in the selection and design of projects to be scaled up in each of the five focus countries, the assessment of the implementing agencies' organisational capacity, and the monitoring and evaluation of the project activities. Since this document focuses on the mapping of programme development resources, the essential elements are described below as they relate to documents in the compendium. Generally speaking, if a PMTR mentioned any of the essential elements as being important for programmes, the database entry for that document and subsequently its description in this compendium indicated that fact.

Guiding Principles

Traditional gender roles and some culturally-determined traditional practices translate into unhealthy sexual behaviours that fuel the rate of HIV infection. Despite this reality, too many programmes continue to focus narrowly on technical competencies without addressing the complex cultural and social factors that are inextricably linked to vulnerability, risk, and decision-making. Successful programmes address gender norms and cultural practices, and encourage communities to support young people in making healthy choices. Since the 1994 International Conference on Population and Development, there has been a general acceptance that these are necessary elements in programming around sexual and reproductive health issues. Consequently, the following guiding principles should be integrated throughout all aspects of programme design and implementation in order to achieve effective interventions in HIV prevention for young people:

- Address **healthy sexuality** within the context of adolescent development, including intergenerational approaches, to positively reshape sexuality and deliver factual information free of shame, guilt, and fear-laden messages. This creates favourable conditions for healthy sexual development free from HIV infection. Unwillingness or inability to talk about sexual relationships, power dynamics, pleasure, risks, and protective measures all contribute to the failure of prevention attempts. Conversations about key protective behaviours cannot occur when providers are unable to talk openly about sexuality.
- Promote more equitable **gender** norms, working from both male and female perspectives. Promote girls' and women's empowerment at the societal and interpersonal levels; promote male involvement, helping boys and men redefine gender roles in ways that will help them to stay healthy and learn appropriate behaviours for relating to girls and women. Programmes should work to decrease gender-based violence and increase equal access to health services. Unequal vulnerabilities, both biological and social, drive the growing gap in HIV infection between young men and women – in some African countries, several times as many females as male between the ages of 15-24 are infected with HIV. When young men are expected to experiment sexually and marry later, but girls are expected to remain uninformed and marry young, even marriage becomes a risk factor for HIV infection in young women.

- Understand and promote **young people's rights**, including both reproductive and human rights and their rights as health service clients. This helps create youth-friendly services and programmes as well as building on and strengthening the resources, skills, and energy of young people. Raising young people's awareness of their own rights also creates an enabling environment for other essential elements, such as effective youth participation, utilisation of key services, and adoption of responsible behaviours.
- Work with and through local people to design and implement programmes and messages that are **culturally appropriate**. Such programmes will build on the existing positive values concerning sexuality, health, youth, and human relationships within the cultural, religious, and/or social context. No one solution is appropriate for all cultures and lasting change cannot be imposed or mandated. So, HIV prevention programmes should seek positive values that youth can identify with within their culture, while also recognising that cultures are not monolithic, but vary within themselves and evolve over time.

Programme Strategies

In addition to the above “lenses” through which programmes are developed, several key *programme activities and strategies* have been identified as critical in major assessments of HIV prevention for young people, including those conducted by multilateral organisations and international NGOs. These include:

- Comprehensive and **skills-based health education**, in both school and non-formal settings, including reaching young people before the initiation of sexual activity
- Promotion of **key protective behaviours**, including condom use for dual protection¹, delay of sexual initiation, and mutual faithfulness to one uninfected partner
- **Behaviour change communication** that integrates strategies and activities in counselling, information, education and communication (IEC), and social marketing of health services so that the same essential messages are promoted through multiple channels, including public education and mass media
- Realistic and active **youth participation** in programme design and implementation, including well-supervised and supported peer education programmes
- **Reduction of stigma** against people living with HIV and AIDS in order to decrease discrimination; promote voluntary counselling and testing (VCT) and public dialogue about HIV; and prevent further transmission by those already infected with HIV
- Provision of or linkage to key **youth-friendly services**, including voluntary counselling and testing, access to condoms, and management of sexually transmitted infections
- **Linkages across sectors** of HIV prevention interventions to other programmes, including broader health services and youth development interventions, e.g., promoting economic and job opportunities

¹ Refers to the use of condoms alone or condoms in addition to another contraceptive method in order to protect against both pregnancy and STI infection.

- Promotion of positive social norms through **engaging the wider community** of gatekeepers, influential adults, and decision-makers who affect youth; working with parents, teachers, communicators, religious and other community leaders, and policy makers
- Advocacy and support for **policies and political leadership** that create an enabling environment for the preceding elements

Managerial and Administrative Practices

Finally, in addition to the guiding principles that should be incorporated into all aspects of programmes and the different strategies and activities that interventions employ, the following are administrative practices and abilities that are vital to the sustainability and effectiveness of youth-focused HIV-prevention programmes:

- Build **staff capacity** with the training, supervision, information, equipment, performance feedback, incentives, and supplies necessary to do their job effectively, including conducting outreach to a variety of population sub-groups, socio-economic levels, and geographic regions
- Demonstrate **accountability** and efficient management of resources
- Demonstrate the leadership necessary to create **partnerships** and social capital with community networks and organisations, health providers, NGOs, governmental institutions, donors, etc.
- Develop **fiscal sustainability** through activities including fundraising from diverse sources and implementing cost-recovery mechanisms, such as selling products or providing fee-based technical support
- Demonstrate results through a sound **monitoring and evaluation** structure including indicators in areas such as service quality and utilisation and increase in protective behaviours
- Procure information and best practices to **keep programmes and services up-to-date**

ABOUT THE COMPENDIUM

This compendium is the result of a targeted search process with a defined set of criteria. MSCI collected programme-planning materials and training resources focused specifically on HIV prevention for young people, differentiating it from other cataloguing exercises that have had a broader focus on either HIV/AIDS materials or youth-related documents. The types of materials sought out included checklists, curricula, training manuals, methodologies, guidelines, handbooks, standards, tool kits, and reports of programmes, projects and interventions. Examples of materials that were not catalogued in the PMTR database include posters, informational brochures, pamphlets, or other such IEC materials not geared toward programme managers or planners. Research reports were also not sought out nor included in the database unless they were tied to a particular intervention or included guidelines that could be used in future programme planning.

PMTRs have been categorised in this compendium as nine different types of documents.² The categories were defined in the following way:

- *Checklist*
A comprehensive list of necessary elements for some aspect of programme planning or evaluation; for example, risk perception checklists, or checklists to determine levels of youth participation
- *Guideline*
An indication or outline for undertaking a particular type of programme or programme step; for example, guidelines designed for formulating youth-friendly HIV programmes, counselling young people on HIV/STIs, designing behaviour change interventions, or marketing condoms to young people.
- *Handbook*
A concise reference book or manual covering a particular subject
- *Methodology*
A set of methods or procedures used in programme implementation
- *Report*
A written record, summary, detailed account, or statement; in this mapping exercise, reports provide documentation of initiatives, interventions, programmes, and projects
- *Standards*
Something established by authority, custom, or general consent as a model or example for an aspect of programme planning; for example, quality standards for monitoring and assessing services' youth friendliness or standards for peer education practices
- *Tool kit*
A package of materials compiled for programme planning in a particular subject area, which could include any combination of materials in this list; for example, an advocacy tool kit that includes guidelines for creating a media strategy as well as a checklist for coalition building
- *Training Manual/Curriculum*
An educational course or set of courses covering an area of specialisation; training manuals or modules used by programme planners and educators

The Mapping Process

Our use of the term “mapping” refers to the identification of sources of useful programme planning documents across the globe, the vetting of those documents to ensure a focus on prevention and on youth, and the analysis and classification of the documents according to the essential elements framework. In New York, the identification of materials for the compendium consisted primarily of exhaustive Internet searches and requests sent to colleague organisations.³ In the five Safe Youth Worldwide country offices (Chad, the Dominican Republic, Namibia, Nepal, and South Africa), MSCI consulted with local NGOs and govern-

² The original PMTR database in Access, available on the accompanying CD-Rom, contains 11 categories of documents, but for the final analysis and printed catalog, “Training Module,” “Manual,” and “Curriculum” were merged into the single category “Training Manual/Curriculum” as these categories were being used interchangeably.

³ See a list of some useful websites at the end of this document.

ment offices to locate appropriate materials. Through this process, over 500 PMTRs were identified. At the vetting stage, materials considered unsuitable were eliminated, either for a lack of focus on youth or on prevention, or because they fell into one of the categories of excluded materials described above. The remaining documents were entered into a Microsoft Access database, with each entry providing basic information about the PMTR, such as date of publication, number of pages, geographical focus, a summary of the document, as well as an analysis of the essential elements addressed within it. Throughout this process, measures were taken to ensure control of the quality of the analyses.

To enhance the mapping process, MSCI convened regional meetings in Bangladesh, the Dominican Republic, and South Africa to review initial findings and help build awareness of, and consensus around, high-quality PMTRs and available technical resources for programme development. Some of the local partners that contributed to the mapping include the Dominican Coalition of NGOs working in HIV/AIDS (Coalición ONGSIDA), the Obstetrical and Gynecological Society of Bangladesh, the Uganda Red Cross Society, the South African Positive Women's Network, the Namibian Ministry of Health, and the South African Department of Social Development.

In addition to those regional meetings, MSCI staff presented the mapping findings and received feedback from colleagues at the Global Health Council Annual Meeting in June 2004 and the XV International AIDS Conference in Bangkok in July 2004.

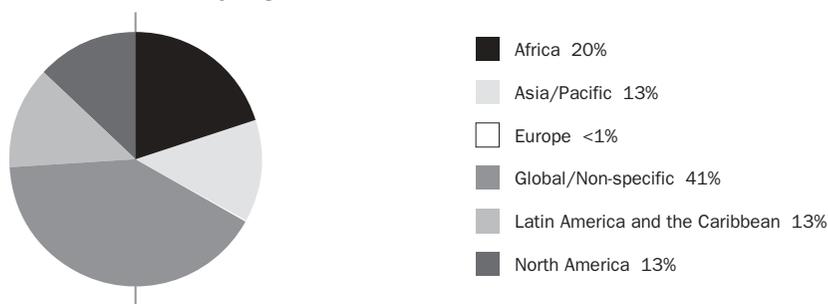
FINDINGS

General Profile of PMTRs

This section presents an overall analysis of the documents contained in this compendium. However, it is important to keep in mind that this is not an exhaustive or necessarily representative sample of all existing materials addressing HIV prevention for youth. The findings below describe only the results of the mapping process detailed above.

The documents presented in this compendium were developed by a variety of organisations and institutions, from United Nations agencies to government entities to small community-based organisations around the world. Most of the materials were classified in the "Global" category, indicating that they were designed for use in different cultural settings, were not specific to any particular region, or cited cases from more than one region. Similarly, most documents in the compendium are in English. There are, however, a significant number of documents in Spanish, as well as some in French and Nepali. Of the regionally specific documents, most were from, or referred to, projects in Africa. This is not surprising due to the disproportionate necessity of African organisations, especially in Sub-Saharan Africa, to respond to the HIV/AIDS pandemic among youth. Additionally, three of the five projects scaled up by Safe Youth Worldwide were located in Africa (Chad, Namibia, and South Africa), contributing to the wealth of resources made available to MSCI's mapping effort. After Africa, a nearly equal number of documents originated or referred to projects in Asia and the Pacific, Latin America and the Caribbean, and North America. The smallest

Figure 1.
PTMRs by Region



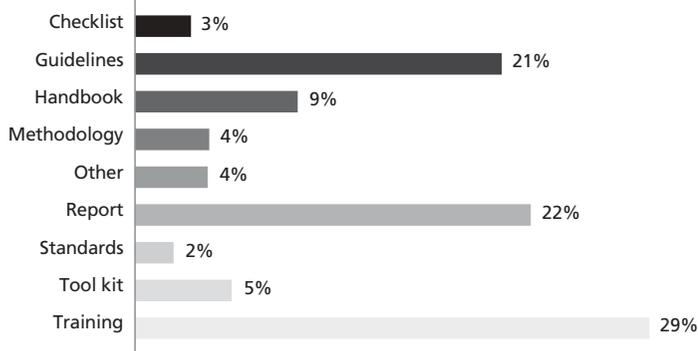
number of PMTRs came from Europe, a region that was not targeted in the Safe Youth Worldwide focus areas. (See Figure 1.)

The majority of the PMTRs in this compendium date from the year 2000 to the present, with the largest percentage from 2002 and 2003, representing the time frame in which this exercise was undertaken. It should be emphasised that, after our mapping was completed in Spring 2004, a number of additional tools and documents have become available for programme planners working on youth-focused HIV. Some of the latest documents can be found on the websites included in the bibliography at the end of this compendium.

Types of Materials

The largest proportion of the materials collected was in the form of training manuals, modules, or curricula, indicating the wide availability of this kind of resource for the implementation of training and workshops in HIV prevention programmes. Most represented after manuals were reports (which, as mentioned above, describe case studies and interventions) and guidelines. (See Figure 2.) The presence of a large number of reports offers programme planners access to lessons learnt from a large variety of programmes. As more than one category could be selected to describe a document, some reports also fell into the category of guidelines, especially if they contained suggestions for future programme endeavours.

Figure 2.
Types of PMTRs



Essential Elements

The documents included in this compendium address all of the essential elements described in the above sections to varying degrees. It is difficult to make definitive statements about needs that still exist in youth-focused HIV programming materials due to the different perspectives involved in the analysis of the PMTRs. However, there are some trends that indicate areas that require greater attention from the field.

Guiding Principles

Over two-thirds of the PMTRs addressed the importance of **cultural appropriateness**. This indicates a positive trend toward recognising the importance of integrating cultural understanding into HIV prevention programmes. Only about half of the documents addressed **gender equity**, and similarly about half addressed **healthy sexuality**. Less understandably, in a collection of documents vetted for their treatment of both HIV prevention *and* youth, only about one-third of the documents addressed **young people's rights**. (See Figure 3.) Unlike the programme activities category of essential elements, which serve as a menu from which programme planners pick and choose, the guiding principles represent rights-based approaches or lenses employed to make those programmatic strategies more effective. Even in this enlightened era of HIV prevention programming that benefits from UN agreements about women's and children's rights and sexual and reproductive health, it is clear that these guiding principles are not being included to the extent necessary in programme-planning materials.

Figure 3.
Representation of Guiding Principles In PMTRs

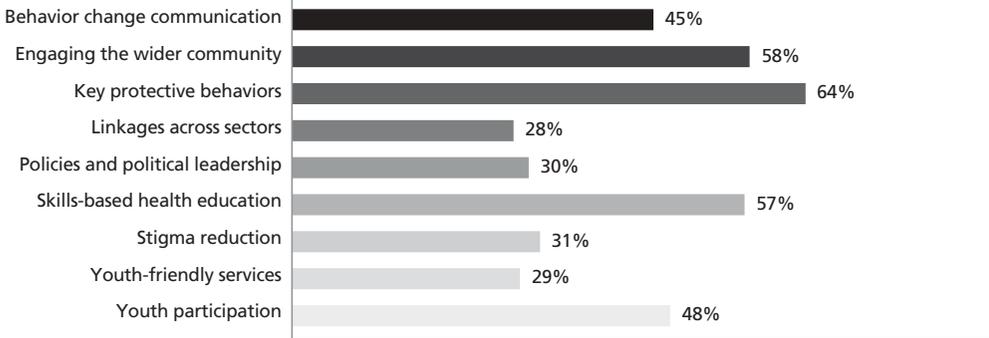


Programme Activities

The PMTRs addressed all of the programme strategies and activities defined by MSC1. Promoting **key protective behaviours**, **engaging the wider community**, and **skills-based health education** were the three categories of activities that were most addressed in the documents (about two-thirds of the documents addressed each of these). The latter can possibly be explained by the large representation of training manuals and curricula included in the compilation. The emphasis on key protective behaviours indicates a positive trend in youth-focused HIV prevention programming that provides not only clinical information on HIV/AIDS, but also encourages healthy sexual behaviours such as delaying sexual intercourse and condom use. It is also encouraging that so many documents addressed the importance of engaging the wider community – that is, reaching out to important people and institutions affecting young people's lives.

The least addressed strategies were **linkages across sectors, policies and political leadership**, and **youth-friendly services**; each was represented in only about one-third of the PMTRs. (See Figure 4.) These are topics that, while they may be addressed in specialised documents about HIV/AIDS programming generally, may need to be included to a greater degree in programme materials specific to youth-focused prevention.

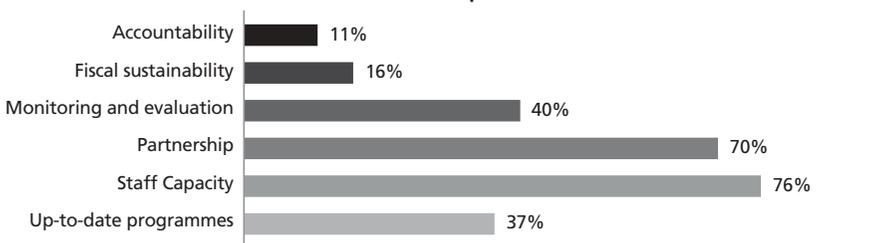
Figure 4.
Representation of Program Activities in PMTRs



Administrative and Managerial Capacities

The documents in the compendium address this category of essential elements less than the other two categories. About three-fourths of the PMTRs addressed the importance of partnerships and staff capacity. Addressing partnerships indicates recognition of the need to reduce duplication of efforts by reaching out to other agencies and projects. Many materials may have addressed staff capacity because of their focus on training. The materials in the compendium addressed fiscal sustainability and accountability the least. (See Figure 5.) These are, however, areas vital to the sustainability of programmes. The most innovative approach cannot be sustained without solid financial and administrative management and transparency. These are clearly topics that have not been addressed sufficiently in the HIV/AIDS field generally, and even less so in the specific area of HIV prevention for young people. MSCI hopes that collections such as this one will encourage the field to produce user-friendly guidelines in this third category to increase the sustainability of otherwise innovative and creative programmes.

Figure 5.
Representation of Managerial and Administrative Capacities in PMTRs



HOW TO USE THIS COMPENDIUM

This compendium is intended to be a tool for programme planners and managers interested in improving their youth-focused HIV prevention programmes. The documents summarised within provide guidance, and many contain concrete methodologies or activities that can be adapted for use in a specific setting.

The entries for each document in the compendium are organised by document type. Most of the PMTRs are available online, free of charge. The general website addresses are provided (for example, <http://www.ppnyc.org>) rather than specific addresses pointing directly to the documents because of the rapidly changing structure of most organisations' sites. Those specific addresses are, however, included in the Microsoft Access database found on the CD-ROM that accompanies this printed compendium. It is also recommended that users employ search engines such as Google (<http://www.google.com>) to find precise locations for specific titles. For other, particularly international documents, the address and phone number is provided for the organisation that published them whenever available. The organisations should be contacted directly to request those publications.

Special note should be made here that the essential elements framework presented in this compendium was created by MSCI as a synthesis of current thinking on HIV prevention for youth. MSCI recognises the need for ongoing discussion of these principles with our colleagues to continue to improve our programmes. Although MSCI is confident that this compendium represents some of the best documents available in the field, the organisation can neither claim responsibility nor be held responsible for the quality of the documents. Finally, while our team endeavoured to keep our analyses as consistent as possible, there will be instances where our interpretations of the essential elements, for example, varied.

Above all, it is hoped that this compendium will serve as a valuable resource for programme planners throughout the world who are dedicated to stopping the spread of HIV among youth.

Adolescent-Friendly Health Services for Namibia: A Training Manual for Health Service Providers

2002, 160 PAGES

Organisation:	Namibian Ministry of Health and Social Services Private Bag 13198 Windhoek, Namibia
Summary:	This document provides a step-by-step guide to addressing sexuality issues during the training of health workers and the ways to address taboo issues when working with adolescents in a service setting.
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Health providers
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Reduction of stigma	Partnerships
Healthy sexuality	Youth-friendly services	Staff capacity
Young people's rights		

Advocacy and Activity Guide for HIV/AIDS

2001, 12 PAGES

Organisation: World Health Organization-Western Pacific Region
<http://www.wpro.who.int>

Summary: This booklet gives programme planners and policymakers a good advocacy strategy for HIV/AIDS. It presents five essential steps to successful advocacy with an emphasis on good planning. In addition, it provides a list of possible activities, such as art competitions, community events, plays, sports events, and using television. There is advice on how to get your message out and the community involved. The guide is generic and can be used for issues around HIV prevention and youth.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	–

Advocacy Guide for HIV/AIDS

2001, 28 PAGES

Organisation:	International Planned Parenthood Federation http://www.ippf.org
Summary:	This guide describes what advocacy can do in the prevention of HIV, often at little cost. While an earlier document called 'Advocacy Guide' dealt with the organisation of campaigns, this guide focuses explicitly on the application of advocacy to HIV prevention. It dedicates a chapter especially to children and young people.
Material Type:	Guideline
Target Group:	Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity Young people's rights	Policies and political leadership	–

Behavior Change Communication (BCC) for HIV/AIDS: A Strategic Framework

2002, 22 PAGES

Organisation: FHI/USAID
<http://www.fhi.org>

Summary: This report highlights Family Health International's pragmatic approach to Behavior Change Communication (BCC) for HIV/AIDS and how BCC is an integral part of a comprehensive HIV/AIDS prevention, care, and support programme. This simple, easy-to-read document thoroughly defines BCC and supports the notion that an integrated BCC strategy focused on building local, regional, and national capacity can lead to positive action and promote society-wide discussion on HIV/AIDS. This document will be very useful to anyone interested in developing their own BCC programme. It gives a few examples of youth-focused initiatives in BCC, but the document also provides good, detailed information on planning, implementing, monitoring, and evaluating a BCC programme. While relevant for youth populations, it could be applied to a more general population base. This document could be a persuasive tool in forming support for initiating a BCC programme. FHI states that BCC can: increase knowledge about HIV/AIDS, stimulate community dialogue, promote attitude change, reduce stigma and discrimination, create a demand for services and information, advocate, promote services for prevention, care and support, and improve skills and self-efficacy.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Behaviour change communication Engaging the wider community Policies and political leadership Reduction of stigma	Monitoring and evaluation

Canadian Resources on AIDS, Volume 1 (CD-ROM)

2001

Organisation: Canadian Strategy on HIV/AIDS (CSHA)
<http://www.cpha.ca>

Summary: The CD-ROM contains Canadian resources selected to assist in work with HIV/AIDS. The CSHA has partnered with governmental, community-based and non-governmental health organisations to produce a basic resource guide with mainly fact and information sheets on the disease as well as on Canada's policies. There are two documents that are useful for HIV prevention work with youth: 1) HIV Transmission: Guidelines for Assessing Risk. A resource for educators, counsellors and health care professionals. Apart from a Model for Risk Assessment, the document deals with 'Psychosocial Aspects of HIV Transmission', and 'Increasing and Reducing Risk' and is clearly a tool in prevention activities; and 2) Safe Spaces: HIV prevention for Gay, Lesbian and Bisexual Youth. This guide is also found on the Canadian Public Health Association's webpage, under Resources-Electronic documents-Gay Youth. [Location: http://www.aidsida.cpha.ca/english/res_e/index.htm]

Material Type: Guidelines

Target Group: Educators, Health providers, NGOs/CBOs

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Promoting key protective behaviours	–
Gender equity		
Healthy sexuality		
Young people's rights		

Dynamic Contextual Analysis of Young People's Sexual Health: A Context-Specific Approach to Understanding Barriers to, and Opportunities for, Change

2001, 52 PAGES

Organisation:	Safe Passages to Adulthood http://www.socstats.soton.ac.uk
Summary:	A guide for researchers and practitioners for conducting a dynamic conceptual analysis (DCA) of young people's sexual health. The primary goal of a DCA is to consolidate what is known within a country regarding young people's SRH in order to obtain a more comprehensive understanding of the complex array of factors that affects young people's sexual lives. This understanding is then hoped to generate new knowledge to inform policy and programme development to promote the SRH of young people. The results of the DCA will be of interest for all those involved in young people's SRH – although for those working "on the ground", e.g., programme planners, it might be too complex a task to carry out a DCA to improve their work. The document itself is systematically presented: what is a DCA, how to plan and conduct a DCA (with detailed questionnaires), drawing conclusions and using the results. Methodologies and procedures are adaptable to specific settings.
Material Type:	Guidelines, Methodology
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity Healthy sexuality Young people's rights	Policies and political leadership	Monitoring and evaluation

Educational Practices Series-9: Preventing HIV/AIDS in Schools

2002, 31 PAGES

Organisation: UNESCO/IAE/IBE/The Synergy Project
<http://www.ibe.unesco.org>

Summary: This booklet is the ninth in the series of educational practices that improve learning, including the learning of prevention principles that protect health and well being. It focuses on aspects of learning and behaviour that may be found in most cultures in varying degrees, and also on different methods of teaching HIV/AIDS curricula within the classroom based on research carried out primarily in economically advanced countries. The document aims at providing teachers and other HIV/AIDS educators with guidance on how to develop and implement an effective school-based programme for education on HIV prevention. The list of suggested resources assists HIV/AIDS educators in gaining access to up-to-date data, existing policies and curricula, teaching aids, and sample evaluation questionnaires. This booklet is a valuable tool for educators.

Material Type: Guidelines, Handbook

Target Group: Educators, Health providers

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Linkages across sectors	Up-to-date programmes
Young people's rights	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	

Educational Innovation and Information, No. 10, A New Challenge: Scaling Up the Educational Response to HIV/AIDS

2002, 8 PAGES

Organisation:	UNESCO http://www.ibe.unesco.org
Summary:	This newsletter offers a detailed account of UNESCO's vision for HIV prevention through "scaling up" education among youth. After describing lessons learnt from five generations of school-based responses to HIV/AIDS, the report addresses useful guiding approaches and programme activities, including incorporating young people's rights and reduction of stigma and discrimination. It also stresses the important influence of community, organisations, parents, and educators on youth, as well as peers themselves, and the power this partnership has on HIV prevention.
Material Type:	Guidelines
Target Group:	Educators, Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Partnerships
Young people's rights	Linkages across sectors	Staff capacity
	Policies and political leadership	Up-to-date programmes
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

L'Eglise et les Communautés Chrétiennes Face au SIDA

2002, 55 PAGES

Organisation:	Comite Episcopal de Lutte contre le SIDA UNAD N'djamena, Tchad Email. unad@intnet.td
Summary:	From a faith perspective, this handbook presents scientifically-based information on transmission and prevention of HIV and reduction of stigma. This handbook aims to provide specific guidelines for faith leaders and other Christian members of the community in working on HIV/AIDS related issues, including prevention work with young people.
Material Type:	Guidelines, Handbook
Target Group:	Educators, NGOs/CBOs
Region:	Africa
Language:	French

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Reduction of stigma	–

Force for Change: World AIDS Campaign with Young People—Goals and Objectives

1998, 4 PAGES

Organisation: UNAIDS/Panos Institute
<http://www.unaids.org>

Summary: The document outlines the goals and objectives of the 1998 World AIDS Campaign, and serves as a guide for action. The information is brief, but it provides an overview of good guidelines regarding the importance of promoting youth participation, promoting policies and action for young people's rights, increasing awareness among young people, and mobilising social and private sectors.

Material Type: Guidelines

Target Group: NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Engaging the wider community Policies and political leadership Youth participation	Partnerships

Gender and HIV/AIDS

1998, 10 PAGES

Organisation: UNAIDS
<http://www.unaids.org>

Summary: This document brings to light some of the gender issues that surround HIV transmission. The author begins by defining gender and then discusses several challenges that gender norms pose on HIV transmission, such as dimensions of risk and vulnerability. The document also discusses how youth are affected by the gender dimension of HIV transmission. The document then concludes by suggesting several responses to the gender-based dimension of HIV transmission. These suggestions include the development of skills to identify and change these gender related norms that act as barriers to HIV prevention into HIV prevention curricula as well as suggestions for technical advancements in testing and condom marketing.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Promoting key protective behaviours Youth-friendly services	Staff capacity

Gender, Adolescents and the HIV/AIDS Epidemic: The Need for Comprehensive Sexual and Reproductive Health Responses

2003, 10 PAGES

Organisation: IPAS
<http://www.ipas.org>

Summary: This paper addresses the risks and needs of male and female adolescents in relation to the HIV/AIDS epidemic and the broader area of sexual and reproductive (SRH) health. It begins with a brief review of the risks to which adolescents are exposed and then proposes an SRH rights framework within which the risks and needs of both HIV-negative and HIV-positive teenagers can be examined. It then concludes with a few recommendations.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity Young people's rights	Engaging the wider community Policies and political leadership Promoting key protective behaviours Reduction of stigma Youth-friendly services	Fiscal sustainability Partnerships Staff capacity

A Guide for the Introduction of Adolescent-Friendly Health Services in Public Health Facilities in Six Pilot Districts in Namibia

2002, 9 PAGES

Organisation: Namibian Ministry of Health and Social Services
Private Bag 13198
Windhoek, Namibia

Summary: This document provides guidance to health facility managers on the criteria for establishing an adolescent-friendly health environment as well as the services to be provided. The manual contains standards for youth-friendliness to be implemented in six districts in Namibia.

Material Type: Standards, Manual/Curriculum

Target Group: Government, Health providers

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Youth-friendly services	Monitoring and evaluation
Gender equity	Youth participation	Partnerships
Young people's rights		

Guidelines for Children's Participation in HIV/AIDS Programs

2002, 16 PAGES

Organisation: UNAIDS and The Children and AIDS International Non-Government Organization Network (CAINN)
<http://www.unaids.org>

Summary: The guidelines show how children and young people can be involved in education, prevention, and care programmes related to HIV/AIDS. It explains 'why' and 'how' children and youth must participate in HIV/AIDS programmes in order to make them effective. It addresses long-term advantages, challenges, and methods for ethical and appropriate participation. The guidelines introduce the psychosocial benefits for youth, as well as the potential contributions youth participation can make to improve programmes and develop policies. The dangers of youth participation are mentioned in cases when participation infringes on children's privacy or organisations fail to protect confidentiality and support youth in meaningful participation. Short summaries of country examples help to enhance the analysis.

Material Type: Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Healthy sexuality Young people's rights	Youth participation	Accountability Up-to-date programmes

Guide to Implementing Teens for AIDS Prevention: A Peer Education Program to Prevention HIV and STI

2002, 197 PAGES

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	This step-by-step guide assists planners in developing HIV/STI prevention peer education programmes that can be tailored to many different cultural settings and situations. It reviews research findings on youths' need for prevention education and peer education, highlights the advantages of linking activities with schools and communities, and provides comprehensive planning tools for assessing needs and assets to establish goals and objectives. It also offers logistical guidelines for recruiting staff and youth participants, and conducting training activities for knowledge and skill building. This guide supports peer educators' full and meaningful involvement as well as their participation by providing ideas for activities and tools for evaluation.
Material Type:	Guidelines
Target Group:	Educators, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Healthy sexuality	Engaging the wider community	Staff capacity
	Linkages across sectors	Up-to-date programmes
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

A Guide to Monitoring and Evaluating Adolescent Reproductive Health Programs

2000, 452 PAGES

Organisation: Pathfinder International
<http://www.pathfind.org>

Summary: This comprehensive guide is designed for programme managers who monitor and evaluate adolescent reproductive health programmes. This guide draws on lessons from the fields of family planning, youth development, and HIV prevention. The ten chapters go into detailed explanation of all aspects of monitoring and evaluation—from developing frameworks and plans to indicator development and data analysis and dissemination. Chapter 10, in particular, is very useful, and easy to read in its table format, for those interested in developing indicators for monitoring and evaluation (including indicators for school health education programmes, youth-friendly services, HIV/AIDS knowledge, social marketing campaigns, community outreach, peer education, and youth involvement). The second part of the document is nearly 100 pages of sample instruments with good advice on how to adapt them to individual programmes.

Material Type: Checklist, Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth-friendly services Youth participation	Monitoring and evaluation

Hacia una Estrategia Nacional de Participación Juvenil en la Prevención del SIDA

1997, 35 PAGES

Organisation:	Coordinadora de Animación Socio-Cultural (CASCO) Profesor Esteban Suazo No.15 Urbanización Antillas Santo Domingo, Dominican Republic Tel. 809 5349514 Email. casco@codetel.net.do
Summary:	This handbook outlines CASCO's idea for a peer education youth group to combat the HIV/AIDS epidemic affecting this sub-population in the Dominican Republic. The authors of the document present the reader with the problem (i.e. HIV rates among adolescents). The objectives of the programme are: 1) to create an environment that fosters dialogue among Dominican youth in order to identify strategies for HIV prevention; 2) to identify a plan of action to include youth in a movement for the improvement of their health; and 3) to follow up on a plan for a peer education programme. The outcomes of this endeavour are also given in the document.
Material Type:	Guidelines
Target Group:	Government, NGOs/CBOs, Peer educators, Youth
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Youth participation	–

Handbook for Educating on Adolescent Reproductive and Sexual Health: Book 2

1998, 60 PAGES

Organisation:	UNESCO and UNFPA http://www.unescobkk.org
Summary:	This handbook is the second volume in a two-part series put together by UNESCO as a compilation of information from the Regional Clearing House on Population Education. The first book is a profile of adolescent sexual and reproductive health indicators and a more general background on the topic. Book two provides actual strategies and guidelines for integrating contents on ARSH into curriculum. It provides a comprehensive analysis of the gaps and problems in introducing reproductive and sexuality issues into educational curriculum. Part 1 of the book focuses on problems, responses and gaps, while Part 2 goes on to discuss the requirements and strategies for introducing an 'Effective Adolescent SRH Education'. Part 2 talks about the elements for incorporating SRH into the curriculum, including HIV prevention
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality Young people's rights	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education Youth-friendly services Youth participation	Staff capacity

HIV/AIDS and Education— A Strategic Approach

2002, 65 PAGES

Organisation:	World Bank/UNICEF/UNFPA/WHO/UNAIDS/UNESCO http://www.unesdoc.unesco.org
Summary:	This document presents an overview of a framework strategy to focus attention on what is known and what needs to be known about scaling up the response to the HIV/AIDS epidemic through education, focusing mainly on school children and young people. Created by the UNAIDS Inter-agency Task Team on Education, the strategy identifies “a key set of priorities” for HIV/AIDS, schools, and education. It presents guidelines for educators and others involved in educational systems and would be useful to an educational programme planner or policymaker in the initial stages of planning. Also available in French and Spanish.
Material Type:	Guidelines
Target Group:	Educators, Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Reduction of stigma Skills-based health education Youth-friendly services Youth participation	Partnerships Staff capacity

HIV Prevention for Young People In Developing Countries: Report of a Technical Meeting

2003, 32 PAGES

Organisation: Family Health International/YouthNet
<http://www.fhi.org>

Summary: This document summarises the presentations made at a July 2003 YouthNet technical meeting. Topics include: examining the importance of a youth focus in HIV prevention programming, recent research in behaviour change for high-risk and other youth, and case studies in reducing HIV prevalence. The report is aimed mainly at policymakers and others involved in developing country strategies for the reduction of HIV infection rates.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Promoting key protective behaviours Reduction of stigma Skills-based health education Youth-friendly services	Partnerships Staff capacity

HIV Voluntary Counseling and Testing: A Gateway to Prevention and Care

2002, 95 PAGES

Organisation:	UNAIDS http://www.unaids.org
Summary:	As part of the UNAIDS Best Practices Collection, this compilation of five case studies gives detailed analysis of how voluntary counselling and testing (VCT) can serve as an entry point for HIV and AIDS prevention and care in diverse settings in Southern Africa targeting different populations. The section on VCT and young people describes an initiative in Zambia, focusing on outreach activities to educate and mobilise young people for VCT, linking it, for example, with youth-friendly health services and operational research about VCT and young people. The document is an important resource for programme development and initiation. It describes the general approaches to and issues regarding VCT, giving a well-balanced description of VCT principles and practices. The manual includes managerial and implementation strategies and protocols, methods for community outreach, and an overview of lessons learnt and ongoing challenges.
Material Type:	Guidelines
Target Group:	Educators, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality	Linkages across sectors Promoting key protective behaviours Skills-based health education Youth-friendly services	Accountability Fiscal sustainability Monitoring and evaluation Staff capacity Up-to-date programmes

The Impending Catastrophe: A Resource Book on the Emerging HIV/AIDS Epidemic in South Africa (LoveLife)

2000, 30 PAGES

Organisation: The Kaiser Family Foundation
<http://www.kff.org>

Summary: The purpose of this document is to help South Africans understand the ramifications of the HIV/AIDS epidemic. It discusses the epidemiology, the economic and macro-economic impact of HIV/AIDS, the health care cost projections, and most importantly, prevention programmes, including prioritising for youth and implications for education and training. The ongoing importance of prevention is emphasised, as infection rates in South Africa remain high among teenagers and 20-25 year old women. Preventive interventions such as the LoveLife campaign remain critically important.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community Promoting key protective behaviours	–

Implementing the Declaration of Commitment on HIV/AIDS

2001, 30 PAGES

Organisation: UNAIDS
<http://www.unaids.org>

Summary: This document is a guide that outlines the ways to implement the Declaration of Commitment on HIV/AIDS as part of the Millennium Development Goals. The guide specifically acknowledges the need to encourage and increase prevention efforts among youth. One of the recommendations of the guide to each country is that they take steps to ensure that the national response includes a focus on young people. The guide proposes the following actions to the Country Teams in order to bring this goal to fruition: 1) youth-focused advocacy during the review of National Strategic Plans on HIV/AIDS; 2) supporting the development, maintenance and updating of an inventory of existing programmes with a focus on HIV/AIDS and youth, and identification of gaps; 3) create opportunities for the voices of young people to be heard in consultations and discussions on HIV/AIDS and youth-related issues; and 4) help the government develop an action plan to scale up programmes on young people and HIV/AIDS, including life-skills training, and the expansion of youth-friendly and voluntary counselling and testing services.

Material Type: Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Behaviour change communication	Monitoring and evaluation
Young people's rights	Promoting key protective behaviours	Partnerships
	Reduction of stigma	Staff capacity
	Skills-based health education	Up-to-date programmes
	Youth-friendly services	
	Youth participation	

Involving Youth in Reproductive Health Projects

1998, 36 PAGES

Organisation:	FOCUS on Young Adults/Research, Program and Policy Series http://www.pathfind.org
Summary:	This early report from 1998 presents research findings and case studies of youth participation, showing that the outcome results from peer education projects supported the value added of directly engaging youth. It provides a thorough analysis by describing the advantages, obstacles, and issues of involving youth. Assessment of case studies from around the world provides sound structural planning and guidelines for utilisation of resources, and selection, recruitment, and support issues for youth participation and programme efforts. This is a comprehensive document that balances issues of theory and practice that is well supported by extensive research.
Material Type:	Guidelines
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Healthy sexuality	Engaging the wider community	Staff capacity
Young people's rights	Linkages across sectors	Up-to-date programmes
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Learning From What Young People Say... About Sex, Relationships and Health

2001, 44 PAGES

Organisation: Safe Passages to Adulthood
<http://www.socstats.soton.ac.uk>

Summary: As the title suggests, the guide aims to find out more about young people's ideas, beliefs, and feelings about sex, relationships, and health. This in itself is an invaluable prerequisite in any programme on HIV prevention and is the primary reason why it was developed. This guide complements the "Dynamic Contextual Analysis" method (also listed in the database). In addition, it is recognised that the way in which people think is linked to their background and past socialisation. The guide has been developed for programme planners, policymakers, and practitioners. Sound data collection and good analysis leads to findings grounded in the experiences of the young people themselves. However, the authors point out that the content of the results is only useful if the findings are acted upon, preferably starting during the course of the study.

Material Type: Guidelines, Methodology

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Staff capacity
Healthy sexuality	Youth participation	
Young people's rights		

Learning Through Practice—Integrating HIV/AIDS into NGO Programs: A Guide

92 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This comprehensive, easy-to-read booklet from South Africa was based upon the recognition that integrating HIV/AIDS work into existing NGOs is more cost-effective and efficient than starting new NGOs in that field. This guide shows how to incorporate HIV/AIDS programme work into an NGO's existing activities. It provides information, acts as a resource tool, explains how to apply for funding, and offers tools for maintaining the necessary infrastructure for sustainability. This booklet also includes Policy Project's experience of Small Grant Programmes. The first part includes capacity building programmes and workshops, processes of small grant funding, site visits, case histories from different organisations, mentoring, and useful resources. Part two focuses on the practical aspect of running such programmes, application forms, and checklists.

Material Type: Checklist, Handbook

Target Group: NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Linkages across sectors Policies and political leadership	Fiscal sustainability

Mainstreaming Gender into the Kenya National HIV/AIDS Strategic Plan, 2000-2005

2002, 35 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This report focuses on the gender inequalities that maintain the HIV/AIDS pandemic and hinder successful prevention. This comprehensive document from the Kenyan government addresses why women are at a greater risk of HIV, identifies gaps in priority areas, and then discusses the field studies undertaken. The field studies were able to assess many aspects, such as gender roles and responsibilities, cultural practices, stigma, and access to information. Gender analysis brought to light key concepts in gender and sexuality, and vulnerability factors that included social, cultural, economic, and religious aspects. A 'gender mainstreaming' strategy is proposed for HIV prevention that deals with the impact of HIV/AIDS on women, men, boys and girls. Guidelines and strategies are presented. The report does a good job at identifying and addressing the very complicated gender dimensions of HIV/AIDS.

Material Type: Guidelines

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Policies and political leadership Reduction of stigma	Monitoring and evaluation

Making Reproductive Health Services Youth Friendly

1997, 51 PAGES

Organisation: Pathfinder International/FOCUS on Young Adults/Research, Program and Policy Series
<http://www.fhi.org>

Summary: This report summarises-for professionals working in developing countries-some of the programme experience and research available on young people's reproductive health concerns. The document focuses on the service and provider side, including a thorough review of youth-friendly principles, as well as provider and programme design characteristics. One of those characteristics is the inclusion of STI/HIV prevention services. There is an assessment of outreach and community-based approaches, strategies and actions to make services youth-friendly, and policies and laws that can support these initiatives and programmes.

Material Type: Checklist, Guidelines

Target Group: Health provider, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Policies and political leadership Youth-friendly services Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Managing Fear, Giving Hope: HIV/AIDS and Family Planning Behavior Change Communication Guidelines for Urban Youth

2001, 62 PAGES

Organisation: JHU/CCP and Ethiopia National Office of Population
<http://www.synergyaids.com>

Summary: This document aims to demonstrate how to translate theory and empirical research into practice. In this case, it provides a systematic, easy method for developing effective health risk messages in HIV/AIDS and family planning behaviour change communication (BCC) for urban youth, using data gathered according to well-tested BCC theory. Readers are guided through a step-by-step procedure and by the end of the report will understand the theory and the process of using data to generate messages that work effectively and efficiently. The guidelines offered are specific for urban youth ages 15-30 in Addis Ababa/Environs, Amhara, Oromiya, SNNP, and Tigray regions of Ethiopia, but the material discussed can be used to create programmes globally. The theory is based on the Extended Parallel Process Model (EPPM), which says that people faced with a health threat either control the danger or control their fear. The report is easy to follow while at the same time sustaining a scientific component.

Material Type: Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Policies and political leadership Reduction of stigma Youth participation	–

Monitoring and Evaluation of Sexual and Reproductive Health Interventions: A Manual for the EC/UNFPA Initiative for Reproductive Health in Asia

2002, 112 PAGES

Organisation:	Centre for Population Studies, London School of Tropical Medicine http://www.asia-initiative.org
Summary:	The handbook provides guidelines for programme planners and policymakers to use as a tool in helping to monitor and evaluate their sexual and reproductive health interventions. Whether at the organisational/individual project level, or part of a larger programme such as a government initiative or this specific EC/UNFPA reproductive health initiative in Asia, this manual is a helpful resource. The eight-chapter handbook can be used in workshops and training sessions on project design and the preparation of logical frameworks. Chapter 2 clarifies concepts and terms useful for RHI, such as reproductive and sexual health and rights, gender equity and equality, community participation, quality of reproductive health care, adolescent reproductive health (with a discussion of STIs and HIV/AIDS), and NGO management capacity and sustainability.
Material Type:	Guidelines, Handbook
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Fiscal sustainability
Gender equity		Monitoring and evaluation
Young people's rights		Partnerships
		Staff capacity

Monitoring the Declaration of Commitment on HIV/AIDS: Guidelines on Construction of Core Indicators

2002, 70 PAGES

Organisation:	UNAIDS http://www.synergyaids.com
Summary:	<p>In June 2001 at the UN General Assembly Special Session on HIV/AIDS, governments adopted the Declaration of Commitment on HIV/AIDS and thereby committed themselves to a comprehensive programme of international and national action to fight HIV/AIDS. This UNAIDS document, a set of guidelines, will be particularly useful to those organisations and governments who are monitoring the measurable aspects of the Declaration. The guidelines provide technical guidance on the detailed specification of the indicators, on the information required and the basis of their construction, and on their interpretation. These guidelines aim to maximise the validity, internal consistency and comparability across countries, and over time, of the indicator estimates obtained, and to ensure consistency in the types of data and methods of calculation employed. Five of the indicators relate specifically to young people and HIV/AIDS (including indicators related to school HIV/AIDS education, youth condom use, and youth knowledge of HIV/AIDS), but others indirectly relate to specifics of programme operations and national policy monitoring. The guidelines are very user-friendly. Measurement tools and methodology for calculating the measurements are provided as well as specifics on how to report data and findings to UNAIDS.</p>
Material Type:	Guidelines
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	<p>Policies and political leadership</p> <p>Promoting key protective behaviours</p> <p>Skills-based health education</p>	<p>Monitoring and evaluation</p>

National HIV/AIDS Counseling Guidelines

2002, 161 PAGES

Organisation:	United Mission to Nepal http://www.umn.org.np
Summary:	These guidelines were produced for HIV/AIDS counsellors. The contents include discussion of: high-risk behaviour for HIV transmission, counselling people living with HIV and AIDS, facts about HIV/AIDS and STIs, cultural and social values around HIV and STIs, counselling skills, risk reduction, VCT, and marginalised people and HIV.
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Educators, NGOs/CBOs
Region:	Asia/Pacific
Language:	Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community Promoting key protective behaviours Reduction of stigma	Accountability Staff capacity Up-to-date programmes

National HIV/AIDS Strategy (2002-2006) Nepal

2003, 56 PAGES

Organisation:	Ministry of Health/National Center for AIDS and STD Control http://www.umn.org.np
Summary:	This document describes Nepal's national strategy for HIV prevention. The vision of the National Strategy is to expand the numbers of partners involved in the national response and to increase effectiveness of the response. The strategy also involves focusing on priority areas and populations to optimise prevention and reduce the social impact of HIV/AIDS in the most cost-effective manner. The target populations identified include commercial sex workers, youth, migrant populations, injecting drug users, and men who have sex with men.
Material Type:	Standards
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Parents, Peer educators, Religious leaders, Youth
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	
Healthy sexuality	Linkages across sectors	
Young people's rights	Policies and political leadership	
	Promoting key protective behaviours	
	Reduction of stigma	
	Youth-friendly services	

Opening Our Eyes: Addressing Gender-Based Violence in South African Schools (Chapter 6)

2000, 14 PAGES

Organisation: GAAP (Gendering Adolescent AIDS Prevention)
<http://www.utoronto.ca>

Summary: This document is Chapter 6 in the book “Opening Our Eyes: Addressing Gender-Based Violence in South African Schools”. The chapter contains guidelines for facilitators whose workshop objectives are to dispel some of the myths about HIV/AIDS, explore the connection between gender and HIV/AIDS, identify some of the risk factors for HIV infection in youth, critique dominant messages about HIV prevention, and develop a gender-based message about HIV prevention. The entire book from which this chapter comes is geared towards addressing gender-based violence and is targeted to school children in South Africa.

Material Type: Guidelines

Target Group: Educators, Government

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Behaviour change communication	Staff capacity

Peer Counselor's Resource Manual

2003

Organisation:	Namibian Ministry of Health and Social Services Private Bag 13198 Windhoek, Namibia
Summary:	This document provides guidance to peers on how to communicate on sexuality issues. It includes information on where and how to contact peers, and provides a quick reference on issues of adolescent sexuality.
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Reduction of stigma	Partnerships
Healthy sexuality	Skills-based health education	
Young people's rights	Youth participation	

Peer Education: Successfully Promoting Youth Sexual and Reproductive Health

2001, 12 PAGES

Organisation: International Planned Parenthood Federation
<http://www.ippf.org>

Summary: This set of guidelines targets programme managers, social workers, health educators, NGOs, and youth organisations who choose to implement peer education projects in the area of sexual and reproductive health for young people. It is based on the experience of peer education projects in three different African countries, and Indonesia. Information on monitoring and evaluation, recruiting, supporting and training peer educators, as well as an account of educational materials and tools used, all provide a model for initiating a youth-targeting/youth-participatory programme for HIV prevention. For a more in-depth review of these projects, see the report: "Lessons Learnt: The Peer Education Approach in Promoting Youth Sexual and Reproductive Health."

Material Type: Guidelines

Target Group: Educators, NGOs/CBOs, Peer educators

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community Skills-based health education Youth-friendly services Youth participation	Monitoring and evaluation Staff capacity Up-to-date programmes

Peer Educator Guidelines for Discussion With Youth Action Groups (10-12 years)

2003, 55 PAGES

Organisation:	Save the Children US – Himalayas Field Office http://www.savethechildren.org
Summary:	These guidelines are designed for discussions with youth action groups. The material is appropriate for in-school youth, but can also be used with out-of-school youth and those with low literacy levels (all between 10-12 years). The topics covered include: the human reproductive system, adolescent sexual and reproductive health, menstruation and personal hygiene, pregnancy and family planning, early marriage, life skills, relationships, violence and sexual harassment, substance abuse, STIs, and HIV/AIDs.
Material Type:	Checklist, Guidelines
Target Group:	Educators, Peer educators, Youth
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Reduction of stigma	Accountability Partnerships Staff capacity Up-to-date programmes

Peer Educator Guidelines for Discussion With Youth Action Groups (13-24 Years)

2003, 55 PAGES

Organisation:	Save the Children US – Himalayas Field Office http://www.savethechildren.org
Summary:	These guidelines are designed for discussions with youth action groups. The material is appropriate for in-school youth, but can also be used with out-of-school youth and those with low literacy levels (all between 13-24 years). The topics covered include: the human reproductive system, adolescent sexual and reproductive health, menstruation and personal hygiene, pregnancy and family planning, early marriage, life skills, relationships, violence and sexual harassment, substance abuse, STIs, and HIV/AIDs.
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Government, Health providers, NGOs/CBOs, Peer educators, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Cultural appropriateness
Gender equity
Healthy sexuality

Programme Strategies:

Behaviour change communication
Engaging the wider community
Promoting key protective behaviours
Reduction of stigma
Skills-based health education
Youth participation

Administrative and

Managerial Capacities:

Up-to-date programmes

Policy Guidelines for Youth and Adolescent Health

2001, 69 PAGES

Organisation:	South African Department of Health http://www.doh.gov.za
Summary:	This document presents the first national policy guidelines for South African youth and adolescent health. They were developed during a two-year process involving young people, government departments and non-governmental organisations in various sectors. The document recognises the international impetus for dedicating resources to adolescent and youth health as a cost-effective long-term investment for South Africa.
Material Type:	Guidelines, Standards
Target Group:	Educators, Government, Health providers, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Healthy sexuality Young people's rights	Policies and political leadership	–

Prevention du VIH—Methodes Novatrices: Selection d'Etudes de cas Collection Meilleures Pratiques de l'ONUSIDA, Outils Fondamentaux

2001, 50 PAGES

Organisation:	ONUSIDA/UNAIDS http://www.unaids.org
Summary:	In this document a methodology is presented to approach different target groups in different geographic areas. Some cases are included to illustrate problems and situations in HIV prevention and different ways to solve them. Generally, this document summarises best practices in HIV prevention.
Material Type:	Guidelines, Methodology
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Africa
Language:	French

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education	–

The Prevention Marketing Initiative

2002, 31 PAGES

Organisation:	Centers for Disease Control and Prevention (CDC) http://www.cdc.gov
Summary:	The Prevention Marketing Initiative is an approach to motivate reductions in HIV risk behaviour (abstinence and safer sex) among youth through the application of social marketing techniques and behavioural science knowledge. This document describes the project, which was carried out by the CDC from 1993-1998 in five US states. It presents the idea, all the steps involved in the marketing process, the goal and the objectives, as well as the relevant behavioural determinants for the evaluation. The evaluation itself demonstrates a good effort to assess change behaviour in the short term, i.e. at the end of the project. For interested programme planners, there is a 'Guide to Developing or Adapting a curriculum' under the hyperlink called 'tailored to address local needs'.
Material Type:	Checklist, Guidelines, Manual/Curriculum, Report, Tool kit
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Promoting key protective behaviours Skills-based health education Youth participation	–

Programa de Educacion Afectivo Sexual (Nivel Medio)

2003, 47 PAGES

Organisation:	Secretaria de Estado de Educacion (Ministry of Education) Maximo Gomez #2 Santo Domingo, Dominican Republic
Summary:	This document was produced by the Dominican Ministry of Health. The document begins with an overview of the history of sexuality education in the Dominican Republic including a description of the present school curriculum on sexuality education. Fundamental aspects of good sexual health curriculums are outlined as well as useful components of curriculum on sexual education. The document further describes teaching strategies and curriculum outlines for sexual health (including HIV/AIDS, and gender roles). While the HIV prevention component is not a large focus of the document, it does address pertinent issues of sexuality in adolescence that are essential for HIV prevention.
Material Type:	Guidelines, Handbook
Target Group:	Educators, Government, NGOs/CBOs
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community Policies and political leadership	Staff capacity

Reaching Youth Worldwide (Working Paper 6)

2002, 32 PAGES

Organisation:	Johns Hopkins University Center for Communication Programs http://www.jhuccp.org
Summary:	This working paper describes the importance of communication programmes in education, as well as understanding, informing, and motivating young people. Lessons learnt are: work with youth to design the programme, appeal to youth with friendly centres and services, use hotlines, entertain to educate, involve and teach youth through technology. It also presents examples of successful programmes in different countries worldwide: Kenya, Uganda, Zambia, Zimbabwe, Nicaragua, and Peru. The document helps programme planners and government officials recognise youth-specific issues and involve adolescents in programming. Includes specific guidelines for educators to reach youth in a culturally sensitive manner.
Material Type:	Guideline, Standards
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural sensitivity Healthy sexuality Young people's rights	Youth-friendly services	Monitoring and evaluation

Reflexion Juvenil: Evaluacion de Programas Para Los Jovenes

1997

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	This document provides an outline for the monitoring and evaluation of sexual and reproductive health programmes for adolescents (including HIV prevention programmes). It covers the definitions of the different types or stages of evaluation (i.e. process evaluation, impact evaluation, and evaluation of the results) as well as ways to implement an evaluation. The authors also make suggestions as to how to use the results of the evaluation and stress the importance of sharing the information gained from the intervention. Examples of different ways in which sexual and reproductive health programmes for adolescents in Western Africa have been evaluated are also given.
Material Type:	Guidelines, Methodology
Target Group:	NGOs/CBOs, Peer educators
Region:	Global
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation Staff capacity

Safe Spaces: HIV Prevention for Gay, Lesbian and Bisexual Youth

1998, 23 PAGES

Organisation: Canadian Public Health Association (CPHA)
<http://www.cpha.ca>

Summary: Based on a Canadian Public Health Association project that explored issues of multisectoral outreach for gay, lesbian, and bisexual (GLB) youth, this guide informs readers about creating a regionally sensitive best-practice model. Its objective is to help and encourage individuals and groups to support gay, lesbian, and bisexual youth who are at increased risk of HIV infection. It is presented in three, inter-related components – knowledge, youth-centred multisectoral partnership, and community action – which if taken together and applied in outreach efforts are hoped to create ‘safe spaces.’ The document is presented in a clear, concise, and easy to read format, with diagrams, figures, and ‘case in point’ boxes. In addition to discussing religious and psycho-social issues, the document details ways to effectively form HIV prevention programmes by creating healthy alliances between public health, social services, and HIV prevention education services. It includes recommendations for community action in different organisations such as clinics, schools, ethnocultural groups, and aboriginal communities. It also includes a questionnaire for the evaluation of existing services targeting GLB youth in their community.

Material Type: Guidelines

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Linkages across sectors	Partnership
Young people’s rights	Policies and political leadership	
	Youth-friendly services	

Sexual Health and Development of Adolescents and Youth in the Americas Program and Policy Implications

2003, 70 PAGES

Organisation: Pan American Health Organization (PAHO)
<http://www.paho.org>

Summary: This document suggests a paradigm shift for policymakers and programme planners to take on a new positive outlook on youth, with a comprehensive approach to their development that includes sexuality. It argues that although the health promotion and prevention approach is crucial to healthy adolescence, an attempt should be made to promote a holistic healthy development, rather than focus narrowly, for example, on teenage pregnancy or HIV prevention only. Indicators of success and positive youth development, such as connectedness with family, and school/community have been identified as developmental assets that prevent risk behaviours, and should be promoted. This document calls for youth to be recognised as strategic partners for sustainable development and positive social change. It focuses on the regions of the Americas but the conceptual framework is applicable globally. Policy and programme implications are reviewed including many different types of services. Future challenges are clearly presented along with potential solutions.

Material Type: Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Healthy sexuality Young people's rights	Behaviour change communication Policies and political leadership Promoting key protective behaviours Skills-based health education Youth-friendly services Youth participation	Partnerships

Strengthening Male Involvement in Reproductive and Sexual Health Issues

1999, 455 PAGES

Organisation:	Namibian Ministry of Health and Social Services Private Bag 13198 Windhoek, Namibia
Summary:	This training guide provides in-depth information on sexuality issues, focusing on how to communicate effectively, especially within relationships. The document is also designed to create awareness of gender stereotyping and discrimination against women. The guide provides basic information on anatomy and physiology that guides participants in understanding their own bodies and those of their partners.
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity Healthy sexuality	Behaviour change communication Skills-based health education Youth participation	Partnerships

The Surgeon General's Call to Action to Promote Sexual Health and Responsible Sexual Behavior

2001, 29 PAGES

Organisation:	U.S. Department of Health and Human Services http://www.surgeongeneral.gov
Summary:	This document is intended to provide guidelines from the Surgeon General for future endeavours to improve the sexual health of Americans. The document outlines the sexual and reproductive health issues facing the U.S., particularly highlighting STIs, HIV/AIDS, and unintended pregnancies. The document recommends public health interventions to address these issues, especially community-based, school-based, clinic-based, and religion-based programmes, providing some research describing the effectiveness of such interventions.
Material Type:	Guidelines
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Parents, Religious leaders
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership Promoting key protective behaviours Skills-based health education	–

Tips for Developing Life Skills Curricula for HIV Prevention Among African Youth: A Synthesis of Emerging Lessons

2002, 37 PAGES

Organisation: USAID Bureau for Africa, Office of Sustainable Development
Basic Education Team
<http://www.dec.org>

Summary: This document, compiled by the USAID Bureau for Africa, centres on skills-based health education for youth and providing those educators/trainers/planners with important information on implementing this type of education in their schools and communities. The first part of the report provides an essential background of key issues surrounding a skills-based health education programme, while the second part of the report relays simple tips in an easy-to-understand format for planners, curriculum developers, and teacher trainers. The tips make special reference to involving local communities and linking other organisations and government agencies in order to rally support for such an education programme for adolescents and, in particular, “pre-adolescents.”

Material Type: Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation
Gender equity	Linkages across sectors	Partnerships
Healthy sexuality	Skills-based health education	Staff capacity
	Youth-friendly services	Up-to-date programmes
	Youth participation	

Transitions—Rights, Respect, Responsibility: Advocates for Youth Launches the Campaign (Vol. 14, No. 1)

2001, 20 PAGES

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	This is a compilation of articles written by various advocates for youth regarding rights, respect, and responsibility, as well as working with youth online and international youth leadership. The volume's main topic is building youth-adult partnerships. It discusses barriers to this partnership, tips for working with youth and tips on working with adults. There is a brief lesson plan for an activity to remind adults of the pressures that teens face.
Material Type:	Guidelines
Target Group:	Educators, Health providers, Parents, Peer educators, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Engaging the wider community Youth participation	—

Treasuring the Gift—How to Handle God’s Gift of Sex: Sexual Health Learning Activities for Religious Youth Groups

140 PAGES

Organisation:	Lusaka Interfaith HIV/AIDS Network Group Zambia
Summary:	This manual was designed to address HIV prevention from a faith perspective. The document is meant to assist members of religious youth groups to gain the knowledge, attitudes and skills they need to view sexuality as a gift from God.
Material Type:	Guidelines, Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Parents, Peer educators, Religious leaders, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Youth participation	–

UNAIDS Best Practice Collection— Sex and Youth: Contextual Factors Affecting Risk for HIV/AIDS

1999, 56 PAGES

Organisation: UNAIDS
<http://www.unaids.org>

Summary: ‘Sex and Youth’ is the first of a set of studies investigating the determinants of HIV-related vulnerability. The comparative multi-site studies in developing countries analyze young people and risk-taking in sexual relations. Data was collected in interviews and discussions with nearly 3000 young people in 7 countries in Africa, Asia, and the Americas. The aim of the report is to better understand youth and to “develop new thinking and better HIV promotion for young people in developing countries.” It documents differences and similarities among youth globally and themes emerge which could be used to guide programme planning. Recommendations are made on programme development.

Material Type: Guidelines

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Youth participation	–
Gender equity		
Healthy sexuality		
Young people’s rights		

USAID/CAR Strategy on HIV/AIDS Prevention in Central Asia

2002, 67 PAGES

Organisation: United States Agency for International Development (USAID),
Regional Mission for Central Asia (USAID/CAR)
Office of Health and Population
Park Palace Building, 41 Kazibek Bi Street
480100 Almaty, Kazakhstan
Tel. 7-3272-50-76-12
Fax: 7-3272-50-76-35

Summary: This document provides background information on the current status of the HIV/AIDS epidemic in the Central Asia region, discusses USAID/CAR's previous expertise and policy environment in the region and within the USAID system, and outlines and justifies main intervention strategies applicable for vulnerable youth and for high-risk groups in Central Asia. The document discusses expected results of such interventions, linkages to other USAID/CAR health programmes, and the resource requirements and scientific basis of HIV prevention strategies (medical, social, and behavioural aspects).

Material Type: Guidelines

Target Group: Educators, Government, NGOs/CBOs, Peer educators

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness.	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth-friendly services Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity Up-to-date programmes

Using Peer Educators to Improve Adolescent Reproductive Health

2003, 27 PAGES

Organisation:	CEDPA http://www.cedpa.org
Summary:	The present study compares the modalities and results from structured and unstructured strategies to provide SRH information using peer educators. It refers to a project called ENABLE carried out in Ghana with both in-school and out-of-school adolescents using two models – one structured and formalised and the other unstructured and informal. The project's goal was to provide accurate and reliable SRH information and achieve a first level of behaviour change in youth through community peer educators. The most common topics were STIs, HIV/AIDS, and teenage pregnancy. Results of the study are discussed and recommendations for future projects given.
Material Type:	Guidelines
Target Group:	Educators, Health providers, NGOs/CBOs, Religious leaders
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication	–

What Works in HIV Prevention for Youth

2001, 22 PAGES

Organisation:	AIDS Action (USA) http://www.aidsaction.org
Summary:	This guide offers insights from prevention science and community-based programmes about strategies and approaches that can help prevent new HIV infections among America's youth. It provides tools for community-based organisations to expand and improve HIV prevention services. There is an integrated medical, psychological, and socioeconomic analysis of vulnerabilities and risks pertinent to young people in the United States, which includes high-risk populations such as young gay and bisexual men, young women of colour, homeless youth, and runaway youth. It outlines principles for effective HIV prevention: targeted prevention, information combined with skill building involving families and sexuality education, and the importance of providing a balanced individual and community level response, giving examples of successful (US-based) strategies and models for peer education and social marketing. A compendium on HIV prevention for programme planners is included.
Material Type:	Guidelines
Target Group:	NGOs/CBOs
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Engaging the wider community Linkages across sectors Reduction of stigma Skills-based health education Youth-friendly services Youth participation	Accountability Monitoring and evaluation Staff capacity Up-to-date programmes

Working With Young Men to Promote Sexual and Reproductive Health

2002, 32 PAGES

Organisation:	Safe Passages to Adulthood http://www.socstats.soton.ac.uk
Summary:	The document describes projects that offer examples of innovative and potentially effective work with young men. It is the result of an 'expert meeting' to discuss projects and programmes that work to promote sexual and reproductive health among young men in developing countries. The text is divided into the following sections: 1) the context of the meeting; 2) underlying key issues; 3) case study descriptions; 4) key issues identified; and 5) conclusions and guidelines for those working with young men. The projects are from various Latin American countries as well as from Nigeria, South Africa, Botswana, Kenya, India, Bangladesh and the Philippines, and all have an HIV prevention component. One major principle identified is the increasing acknowledgement about the impact of gender relations on health behaviours and outcomes.
Material Type:	Guidelines
Target Group:	Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity Healthy sexuality	–	Up-to-date programmes

Work With Young Refugees to Ensure Their Reproductive Health and Well Being

2002, 6 PAGES

Organisation:	Women's Commission for Refugee Women and Children http://www.rhrc.org
Summary:	A Field Resource for programming with and for refugee adolescents and youth, this document includes background information on refugee youth, guiding principles in working with the target population and a checklist of programme strategies (e.g. guidelines for HIV interventions in emergency settings).
Material Type:	Checklist, Guidelines
Target Group:	Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Linkages across sectors	Partnerships
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	
Young people's rights	Youth-friendly services	
	Youth participation	

Youth Involvement in Prevention Programming

2001, 4 PAGES

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	This fact sheet explains why youth involvement is crucial to success in prevention programmes in sexual health. It looks at the issues and lists the benefits of youth involvement, describes youth-adult partnerships, explains 'youth as objects, youth as recipients, and youth as partners,' and how to make youth involvement reality.
Material Type:	Guidelines
Target Group:	Educators, Health providers, Parents, Peer educators, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Youth participation	–

Young People and HIV/AIDS: Opportunity in Crisis

2002, 48 PAGES

Organisation:	UNICEF http://www.unicef.org
Summary:	A comprehensive guide providing an introduction to the SRH needs of young people and getting them involved in HIV prevention. It includes results from more than 60 new national surveys and focuses on different types of AIDS epidemics, key reasons to focus on young people, misconceptions, and gender, cultural, and age-related issues. A 10-step module focuses on decreasing stigma, providing information, life skills, youth-friendly health services, promoting confidential HIV counselling and testing, peer education, creating supportive environments, reaching out to high-risk youth, and strengthening partnerships. The document balances issues of theory and practice, supported by extensive research.
Material Type:	Guidelines, Standards
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Promoting key protective behaviours	Monitoring and evaluation
Gender	Reduction of stigma	Partnerships
Healthy sexuality	Skills-based health education	Up-to-date programmes
Young people's rights	Youth-friendly services	

Youth, HIV/AIDS and the Importance of Sexual Culture and Context

2002, 18 PAGES

Organisation: Centre for Social Science Research, The Synergy Project
<http://www.synergyaids.com>

Summary: An understanding of the context is crucial in any HIV prevention work and this working paper focuses on the sociocultural context in which high-risk youth sexual activity takes place in South Africa. It examines the research on HIV/AIDS and youth, and discusses recent ethnographic research on aspects of sexual culture that enhance the spread of HIV in a peri-urban, Zulu-speaking community. This paper demonstrates well that it is essential to understand youth sexual culture and the context of high-risk behaviour.

Material Type: Guidelines

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Cultural appropriateness Healthy sexuality	Promoting key protective behaviours	–

Youth Sexual and Reproductive Health: Operational Research for Baseline and Evaluation

2000, 28 PAGES

Organisation: GTZ Reproductive Health Project, Dar Es Salaam
<http://www.gtz.de>

Summary: This document is meant to serve as a useful and easy-to-handle tool for colleagues who think of or are in the process of planning youth-specific projects or activities. It starts with a brief introduction to methodological issues that can assist the reader to choose an appropriate method or a combination of different methods for designing and monitoring ASRH projects. The second part of the report focuses on cost-effective and easy-to-use methods for evaluation of ASRH projects, including key recommendations for administering a knowledge-attitudes-practice interview survey. The annexes provide specific lists of variables to consider for a questionnaire for evaluation and a specific example of a survey used in Tanzania. This document is particularly useful for those programme planners and designers interested in learning more about quantitative, qualitative, and triangulation methods of evaluating projects.

Material Type: Checklist, Methodology

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	–	Monitoring and evaluation

Act Now: A Resource Guide for Young Women on HIV/AIDS

2002, 47 PAGES

Organisation: UNIFEM and AWID
<http://www.awid.org>

Summary: This resource guide targets young women who work in their communities to bring an end to gender inequality and HIV/AIDS. It is based on an on-line discussion that brought together a global voice of female advocates, and as a soft cover booklet it invites a wider audience to take part in the dialogue. By including best practice examples of programme activities, factual information on HIV/AIDS and the myths that affect people's behaviour around the world, as well as facilitator guidelines and planning strategies, this booklet provides the 'how-to' in programme implementation for HIV prevention among youth. The appendix of International Agreements and "How it Can Protect You" is an additional service for peer educators and programme facilitators.

Material Type: Handbook

Target Group: NGOs/CBOs, Peer educators, Youth

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Policies and political leadership	
Young people's rights	Promoting key protective behaviours	
	Reduction of stigma	
	Youth-friendly services	
	Youth participation	

Adolescentes y Jovenes Tambien Tienen Derechos: Como Ayudar a Mejorar su Salud

2001, 12 PAGES

Organisation: Asociacion Dominicana Pro Bienestar de la Familia (PROFAMILIA) and Coordinadora de Animacion Socio-Cultural (CASCO)
Profesor Esteban Suazo No.15
Urbanización Antillas
Santo Domingo, Dominican Republic
Tel. 809 5349514
Email. casco@codetel.net.do

Summary: This handbook aims to show the intrinsic connection between youth sexual and reproductive rights and their sexual and reproductive health. This document sites the UN International Conference on Population and Development in which participating countries declared sexual and reproductive rights of youth as a priority. The handbook describes the risk of STIs and unintended pregnancies that adolescents face, and solutions for reducing these risks. It is suggested in the document that this be done not just by looking at the biological mechanisms by which diseases are passed and pregnancies occur, but also by looking at the social threats to the sexual and reproductive health of youth.

Material Type: Handbook

Target Group: Government, NGOs/CBOs, Parents

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Cultural appropriateness Healthy sexuality Young people's rights	Policies and political leadership	Partnerships

Can We Talk? Family Activity Book

1998, 87 PAGES

Organisation: National Education Association Health Information Network (NEA)
1201 16th Street, NW
Washington, DC 20036 USA

Summary: The “Can We Talk?” Family Activity Book is made especially for parents, and aims to help them communicate more easily with their children about sexual topics. It encourages them to be the most important, continuous influence in their child’s life. “Can We Talk?” aims to give parents and educators the opportunity to discuss HIV prevention, STIs, and teen pregnancy in a healthy and constructive manner – before children are sexually active. Five guiding principles provide the framework of the programme, and are predicated on the belief that prevention education must start early. They include: 1) Parents are educators; 2) Learning is life-long; 3) Communication is learnt; 4) Partnerships are key; and 5) Character comes first (which supports peer and adult relationships and positive self-esteem).

Material Type: Handbook

Target Group: Parents

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	Partnerships
	Linkages across sectors	Staff capacity
	Promoting key protective behaviours	
	Skills-based health education	

A Cultural Approach to HIV/AIDS Prevention and Care

186 PAGES

Organisation:	UNESCO/UNAIDS http://www.unesco.org
Summary:	This comprehensive handbook describes the joint project: "A Cultural Approach to HIV prevention and Care." It presents a summary report of 16 country assessments carried out in Southern Africa, the Caribbean, and Southeast Asia. The handbook also elaborates on methodological and pedagogical tools, which offer a range of instruments for integrating a cultural approach to strategy building and project design, development of IEC material, capacity building and networking. This detailed text does an excellent job of integrating crosscutting issues such as gender, socioeconomic status, and politics into the analysis of value systems, religious institutions and culturally fragile populations.
Material Type:	Handbook
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Linkages across sectors	Staff capacity
Young people's rights	Policies and political leadership	Up-to-date programmes
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Evaluating Programs for HIV/AIDS Prevention and Care in Developing Countries

2001, 265 PAGES

Organisation:	Family Health International (FHI) http://www.fhi.org
Summary:	This comprehensive handbook for developing strategies for programme evaluation in developing countries addresses the following topics: the role of evaluation in HIV/AIDS programmes, approaches for evaluating intervention strategies, methods for measuring behavioural trends, and ways to assess programme impact. The handbook is meant to target programme managers and decision-makers of service delivery programmes, and it covers a range of basic and advanced frameworks for integrated evaluation and monitoring concepts, operational approaches, methodologies, guiding principles, instruments, strategies for dissemination, and guidelines for cost-effective analysis. It includes approaches for evaluating interventions such as behaviour change communication, STI control, condom programming, VCT, and care for people living with HIV and AIDS. It is designed in a step-by-step and easy-to-read format to assist professionals in navigating through its 17 chapters.
Material Type:	Handbook
Target Group:	Educators, Government, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Reduction of stigma Skills-based health education Youth-friendly services	Monitoring and evaluation

HIV/AIDS: Integrating Prevention and Care into Your Sector

2000, 68 PAGES

Organisation: Peace Corps (USA)
<http://www.peacecorps.gov>

Summary: This handbook was developed for American Peace Corps volunteers. The Peace Corps is an American volunteer organisation that promotes peace and friendship between Americans and interested countries. The handbook is based on a collection of shared ideas and best practices within the specific sectors of the Peace Corps. It offers practical strategies for assessing and responding to the effects of HIV on each of the Peace Corps' project areas, including: Agriculture and Environment, Small Enterprise Development, Health, Youth and Education. This document offers examples of creative and effective strategies used by their volunteers to integrate HIV prevention into their activities. This is a useful reference for any health care worker who wants to combine the relevant sectors with HIV prevention. It also contains a checklist for the elements of the planning process, potential obstacles and how to address them, and an HIV/AIDS reference guide. Each described sector discusses the ways HIV/AIDS impact that sector, questions to explore before any activities, a sample project in that focus area, and further suggestions. This is a good resource that is area-specific though general enough to be applied to other sectors and target populations.

Material Type: Handbook

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Linkages across sectors	Partnerships

Learning to Live: Monitoring and Evaluating HIV/AIDS Programs for Young People

2002, 78 PAGES

Organisation: Save the Children UK
<http://www.savethechildren.org.uk>

Summary: This handbook, created by Save the Children UK, addresses key issues that face youth-focused HIV prevention projects that lack a monitoring and evaluation component. Its aim is to be a resource for programme and project staff within development agencies by helping to disseminate information on the concepts of monitoring and evaluation. Also included is an overview of good practice in managerial matters. In addition the document encourages the use and adaptation of advocacy, youth participation, key youth-friendly health services, and peer and school-based education. The document is replete with detail and uses tables, boxes, and questionnaires for emphasis.

Material Type: Handbook

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Reduction of stigma Youth-friendly services	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Listening to Young Voices: Facilitating Participatory Appraisals on Reproductive Health with Adolescents

1999, 88 PAGES

Organisation: CARE
<http://www.fhi.org>

Summary: This resource was created by CARE International and FOCUS on Young Adults from their experience implementing the “Partnership for Adolescent Sexual and Reproductive Health” (PALS) project in Zambia. It serves as a guide for fieldworkers, providing information on the necessary techniques to carry out a participatory appraisal with adolescents on sexual and reproductive health. Allowing for adolescents to play an active role in identifying and analysing their own concerns puts them in the “driver’s seat” in designing and implementing interventions. This use of youth participation is important for HIV prevention projects, where the social setting and local culture has a large impact on personal health care dynamics. In chapter 4, a case study from Bangladesh is included as an example of using a similar process in a different environment.

Material Type: Handbook, Methodology

Target Group: NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Fiscal sustainability
Gender equity	Youth participation	Monitoring and evaluation
Healthy sexuality		Partnerships
		Staff capacity

Livret de Formation au Theatre — Forum

1998, 15 PAGES

Organisation:	Association Artistique et Culturelle Tchadienne Theatre Vivant Baba Moustapha s/c SONGES, BP: 4051 N'Djamena, Tchad Tel. (235) 518897
Summary:	This handbook provides a methodology for disseminating HIV prevention messages through the theatre, and particularly the Forum Theatre. "Forum Theatre", or "street theatre", is described as a powerful tool for communication and prevention since the audience itself participates in the performances.
Material Type:	Handbook, Methodology
Target Group:	Educators, Peer educators
Region:	Africa
Language:	French

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Promoting key protective behaviours Reduction of stigma Skills-based health education	–

Proyecto Comunicacion para el Cambio de Comportamiento

2001, 24 PAGES

Organisation: Coordinadora de Animacion Socio-Cultural (CASCO)
<http://db.jhuccp.org>

Coordinadora de Animacion Socio-Cultural (CASCO)
Profesor Esteban Suazo No.15
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Summary: This document describes the various youth-focused HIV prevention programmes that CASCO and PROFAMILIA have implemented. There are descriptions and history of CASCO and PROFAMILIA, a description of "Proyecto Comunicacion para el Cambio de Comportamiento" (a coordinated effort between CASCO and PROFAMILIA), an overview of what was taught or conveyed to the adolescents through the programme, and statistics on what the two organisations considered the most important achievements of the programme. There is also a list of education materials that were produced by adolescents in the project and were distributed to other adolescents.

Material Type: Handbook

Target Group: NGOs/CBOs, Parents, Peer educators, Youth

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

School Health Education to Prevent AIDS and STD: A Resource Package for Curriculum Planners—Handbook for Curriculum Planners (Volume 1)

1994, 88 PAGES

Organisation: WHO/UNESCO
<http://www.unesco.org>

Summary: This is the first volume of a comprehensive resource package for HIV prevention programmes in schools. This volume is targeted at curriculum planners. The programme itself is aimed at in-school youth ages 12-16 and is based on participatory methods, as these are particularly effective for the teaching of behavioural skills. It provides key information and planning tools for programme design and implementation, and instruments for evaluation that can be adapted to a wide range of country situations. The participatory approach involves teachers, students, parents, and the community in preparing young people to cope successfully with risks by providing them with the knowledge, attitude, skills and motivational support to behave responsibly and protect their own health and well-being. There is a diverse set of classroom activities including test sheets, role-plays, peer leader training, and student evaluation tools which cover basic knowledge of HIV/AIDS, responsible behaviour (delaying sex and having protected sex) and care and support for people living with HIV and AIDS. The package is available in eight languages.

Material Type: Handbook

Target Group: Educators

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Engaging the wider community Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	–

Safer Choices: Preventing HIV, Other STD and Pregnancy—Level 1 Peer Leader Workbook

1998, 35 PAGES

Organisation: ETR Associates and The Center for Health Promotion Research and Development, University of Texas-Houston, Health Science Center
ETR Associates
PO Box 1830
Santa Cruz, CA 95061-1830 USA

Summary: The Safer Choices Level 1 Peer Leader Workbook is HIV prevention focused and made specifically for the ownership and implementation of a peer leader working in the classroom. It was developed because of the understanding that same-age peers working as classroom facilitators, coupled with a classroom teacher, are an effective impact on health education for youth, and it is written to inspire enthusiasm among its teen volunteers. Contents include classroom activities, worksheets, role-play examples, and a certification of completion. In conjunction with this workbook, utilise the Peer Training Guide, and familiarise yourself with the Safer Choices programme.

Material Type: Handbook

Target Group: Peer educators

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

Safer Choices: Preventing HIV, Other STD and Pregnancy—Level 2 Peer Leader Workbook

1998, 43 PAGES

Organisation: ETR Associates and The Center for Health Promotion Research and Development, University of Texas-Houston, Health Science Center
ETR Associates
PO Box 1830
Santa Cruz, CA 95061-1830 USA

Summary: The Safer Choices Level 2 Peer Leader Workbook is HIV prevention focused and made specifically for the ownership and implementation of a peer leader working in the classroom. It was developed because of the understanding that same-age peers working as classroom facilitators, coupled with a classroom teacher, are an effective impact on health education for youth, and it is written to inspire enthusiasm among its teen volunteers. Contents include classroom activities, worksheets, role-play examples, and a certification of completion. In conjunction with this workbook, utilise the Peer Training Guide, and familiarise yourself with the Safer Choices programme.

Material Type: Handbook

Target Group: Peer educators

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

Safer Choices: Preventing HIV, Other STD and Pregnancy—Level 1 Student Workbook

1998, 43 PAGES

Organisation:	ETR Associates and The Center for Health Promotion Research and Development, University of Texas-Houston, Health Science Center ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	Level 1's Student Workbook for the Safer Choices programme contains worksheets, role-plays, student backgrounds, and homework that coincide with ten lesson units aiming to teach HIV prevention skills to youth. The Safer Choices programme is designed to reduce the number of high school students participating in unprotected sex. Delaying sexual onset is encouraged, as well as condom promotion to those students who are sexually active. Objectives of the programme include increasing student knowledge of HIV and other STIs, promoting positive attitudes about choosing not to have sex, changing risk behaviours, and increasing communication with parents. To get the most of the programme, access the complete Safer Choices programme contents, including Level 1 and Level 2 Teacher's Manual and Peer Leader Workbooks.
Material Type:	Handbook
Target Group:	Educators, Youth
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	–

Safer Choices: Preventing HIV, Other STD and Pregnancy—Level 2 Student Workbook

1998, 43 PAGES

Organisation:	ETR Associates and The Center for Health Promotion Research and Development, University of Texas-Houston, Health Science Center ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	Level 2's Student Workbook for the Safer Choices programme contains worksheets, role-plays, student backgrounds, and homework that coincide with ten lesson units aiming to teach HIV prevention skills to youth. It is to be used in the second year of the programme, after Level 1. The Safer Choices programme is designed to reduce the number of high school students participating in unprotected sex. Delaying sexual onset is encouraged, as well as condom promotion to those students who are sexually active. Objectives of the programme include increasing student knowledge of HIV and other STIs, promoting positive attitudes about choosing not to have sex, changing risk behaviours, and increasing communication with parents. To get the most of the programme, access the complete Safer Choices programme contents, including Level 1 and Level 2 Teacher's Manual and Peer Leader Workbooks.
Material Type:	Handbook
Target Group:	Educators, Youth
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	–

School Health Education to Prevent AIDS and STD: A Resource Package for Curriculum Planners—3 Students' Activities (Volume 3)

84 PAGES

Organisation:	WHO/UNESCO http://www.unesco.org
Summary:	This is the third volume of a comprehensive resource package for HIV prevention programmes in schools. This volume is targeted at planners and teachers. The programme itself is aimed at in-school youth aged 12-16 and can be adapted to a wide range of country situations. This guide builds on the first and second volumes for curriculum planners and teachers. It offers activities meeting a wide range of objectives. For example, student-friendly worksheets with cartoon-aids focus on basic knowledge of HIV/AIDS, responsible behaviour (delaying sex and protected sex), and care and support for people living with HIV and AIDS. The participatory activities are designed to increase students' knowledge, attitude, and safe behaviours by promoting self-awareness and encouraging students to evaluate their own risks behaviours and skills for protecting their health and well-being. The package is available in eight languages.
Material Type:	Checklist, Guidelines, Manual/Curriculum, Report, Tool kit
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Engaging the wider community Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	–

School Health Education to Prevent AIDS and STD: A Resource Package for Curriculum Planners—Teacher’s Guide (Volume 2)

177 PAGES

Organisation:	WHO/UNESCO http://www.unesco.org
Summary:	This is the second volume of a comprehensive resource package for HIV prevention programmes in schools. This volume is targeted at teachers. The programme itself is aimed at in-school youth ages 12-16. This guide builds on the first volume for curriculum planners by providing methodological and pedagogical tools for teachers that elaborate on participatory methodologies and strategies for creating a safe, open and interactive learning environment, which can be adapted to a wide range of country situations. A detailed set of questions and answers about HIV/AIDS supplement activities that are clearly described with learning objectives and facilitators’ notes. The activities are divided into four units with integrated knowledge, attitude, and skill building exercises focused on basic knowledge of HIV/AIDS, responsible behaviour (delaying sex and protected sex), and care and support for people living with HIV and AIDS. The package is available in eight languages.
Material Type:	Handbook
Target Group:	Educators
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Engaging the wider community Promoting key protective behaviours Reduction of stigma Youth-friendly services Youth participation	–

SIDA Parlons-en!

1998, 22 PAGES

Organisation:	MASOCOT (AMASOT) BP 1467, N'Djamena, Chad Tel: (235) 525017 amasot@intnet.td
Summary:	This handbook informs the general population about transmission and prevention of HIV through simple and short messages.
Material Type:	Handbook
Target Group:	Youth
Region:	Africa
Language:	French

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Healthy sexuality	Promoting key protective behaviours	–

Talking About AIDS—So America Listens

31 PAGES

Organisation: AIDS Action-The HIV/AIDS Search Engine
<http://www.thebody.com>

Summary: This handbook for communicating about today's epidemic is structured to emphasize key elements pertaining to HIV/AIDS, including facts and AIDS "dos and don'ts" when discussing the disease. This document relies on the fact that information dissemination is often key to getting messages across that people can understand and relate to. The idea is that there is a need to keep the new generation from AIDS, AIDS is a shared responsibility, and that the message about HIV/AIDS must be strong in order to make that difference. This handbook also contains a list of organisations contributing to AIDS Action.

Material Type: Handbook

Target Group: Educators, Health providers, NGOs/CBOs, Peer educators, Religious leaders, Youth

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Reduction of stigma	—

Vehicles of Quality

2002, 172 PAGES

Organisation:	South African Department of Health http://www.doh.gov.za
Summary:	Vehicles of Quality is intended as a framework for a collaborative process among multiple partners interested in coordinating an effective network of peer education programmes. The document can be adapted to facilitate sexual and reproductive health workshops in different settings.
Material Type:	Handbook
Target Group:	Educators, Government, NGOs/CBOs, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Behaviour change communication Skills-based health education	Partnerships

La Vida es Tuya

2000, 71 PAGES

Organisation:	Coordinadora de Animacion Socio-Cultural (CASCO) Profesor Esteban Suazo No.15 Urbanización Antillas Santo Domingo, Dominican Republic Tel. 809 5349514 Email. casco@codetel.net.do
Summary:	This document is a guidebook for a set of laminated posters (or “rotofolio”) that can be used by health educators to give HIV/AIDS education talks. The information in the presentation is geared towards both males and females and focuses on self-esteem, gender equity, and knowledge about HIV/AIDS and other STIs as a means of prevention.
Material Type:	Handbook, Methodology
Target Group:	Educators, NGOs/CBOs, Peer educators
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Partnerships
Gender equity	Linkages across sectors	Staff capacity
Young people’s rights	Promoting key protective behaviours	

YRG CARE Base Model Report: Integrated Prevention, Care, and Support Services

2003, 20 PAGES

Organisation:	YRG CARE-Horizons, International HIV/AIDS Alliance http://www.popcouncil.org
Summary:	In 1999 YRG CARE started a research project entitled: "scaling up affordable and appropriate care and support services for people living with HIV/AIDS in South India." The paper documents the conceptual and operation model of integrated prevention, care and support used by YRG CARE in this project, and evaluates the first of seven research objectives. It discusses the two goals of the study: 1) the affordability and appropriateness of integrated care and 2) the process and costs of scaling up. It includes discussion of prevention, an integrated continuum of care and support that includes psychosocial support and counselling and medical care, services and activities such as support, policy, advocacy, training, and resource mobilisation and sustainability. This reference document presents its various findings in a clear and easy-to-read fashion.
Material Type:	Handbook
Target Group:	Health providers, NGOs/CBOs
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Policies and political leadership Promoting key protective behaviours Skills-based health education	Fiscal sustainability Monitoring and evaluation Partnerships

Adolescent and Youth Sexual and Reproductive Health: Charting Directions for a Second Generation of Programming

2002, 37 PAGES

Organisation: Population Council and UNFPA
<http://www.unfpa.org>

Summary: This report provides a summary of a three-day workshop in which the Population Council and UNFPA met to review the lessons learnt from the “first generation” of adolescent reproductive health programming. This discussion highlighted the principles of programme planning, design, and evaluation, in addition to emphasising neglected subgroups of youth that should be considered in planning efficient programmes. The report targets policymakers, health providers, NGOs, and CBOs to read and make use of this valuable assessment to foster a sense of “community ownership.” Livelihood programmes are encouraged, as well as peer education and participation specific to meeting the distinctive needs of girls and boys. Examples from programming in Ethiopia and South Africa provide information on adolescent HIV prevention.

Material Type: Report

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
Young people’s rights	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	Up-to-date programmes
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Adolescent Friendly Health Services: An Agenda for Change

2002, 43 PAGES

Organisation: World Health Organization
(Department of Child and Adolescent Health and Development)
<http://www.who.int>

Summary: This document is a report that was produced by WHO to show the importance of good quality health care for adolescents around the world. There is a focus on sexual and reproductive health and HIV prevention, but it is based more in a comprehensive “Adolescent Friendly Health Services” view of health care for this sub-population around the world. This document also gives very vivid examples of programmes that have failed and those that have succeeded in providing health services to adolescents.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation
Gender equity	Promoting key protective behaviours	Partnerships
Healthy sexuality	Skills-based health education	Up-to-date programmes
Young people's rights	Youth participation	

Adolescent Girls Literacy Initiative for Reproductive Health (A GIFT for RH)

2002, 36 PAGES

Organisation: CEDPA and USAID/Office of Population
Family Planning Services Division
<http://www.cedpa.org>

Summary: This report summarises a nine-month informal education programme aimed at increasing literacy and reproductive health knowledge in adolescent girls of Nepal. The programme was provided through an existing national NGO, Aamaa Milan Kendra (AMK or Mother's Club), which designed the "GIFT for RH". The programme intended to provide girls aged 10-19 with informal literacy education, using a curriculum focused on family life and sexual and reproductive health education enabling the girls to make educated choices. The literacy training was in small groups, practical, need-based and age-specific. Knowledge increased significantly on all levels and the girls' attitudes changed on relevant topics. The report is easy to read, maps out the activities in detail, and presents the achievements for each programme component. It is useful for programme planners as a resource to design their own programmes.

Material Type: Report

Target Group: Educators, Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Promoting key protective behaviours	Fiscal sustainability Monitoring and evaluation

Adolescent Reproductive Health: Making a Difference in Outlook, Vol. 16, No. 3

1998, 8 PAGES

Organisation: PATH and UNFPA
<http://www.path.org>

Summary: This December 1998 edition of PATH's Outlook news feature highlights ASRH programming. Various ASRH issues are first generally addressed, and then the remaining portion of the report focuses on the challenges of developing effective programmes and strategies to overcome them. Specific text boxes highlight topics such as contraceptives for sexually active adolescents and the importance of sexuality education. This report/article is a concise summary of various means of addressing ASRH, and authors cite that the June 1998 issue of the Studies in Family Planning journal provided important background information. (The entire June 1998 issue focused on affected adolescents).

Material Type: Report

Target Group: NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Cultural appropriateness

Programme Strategies:

Behaviour change communication
Engaging the wider community
Promoting key protective behaviours
Skills-based health education
Youth-friendly services
Youth participation

Administrative and Managerial Capacities:

Monitoring and evaluation

Adolescent Sexual and Reproductive Health: Review of Current Facts, Programs and Progress Since ICPD

1999, 23 PAGES

Organisation:	Norwegian Ministry of Foreign Affairs, Norwegian Board of Health http://www.nutrition.uio.no
Summary:	This desk review of published and unpublished documents, activity reports, and various articles gathers lessons learnt from the implementation of various ASRH programmes and projects and attempts to document the progress made on SRH and rights for young people five years after ICPD. Readers are provided with evaluated examples of, and references to, youth SRH programmes from the early '90s through the present. Of particular interest is the mention of ICPD 20-year Programme of Action that highlights the rights and needs of adolescents for sexual and reproductive health information and services-specifically focusing on HIV/AIDS and the reduction of adolescent pregnancies. Key recommendations are made in the areas of schools and education, health services, and advocacy. Policy changes are listed at the end to assist programme planners in meeting the ICPD goals.
Material Type:	Guidelines, Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Policies and political leadership	Monitoring and evaluation
Gender equity	Skills-based health education	
Healthy sexuality	Youth-friendly services	
Young people's rights	Youth participation	

Advancing Young Adult Reproductive Health: Actions for the Next Decade

2001, 181 PAGES

Organisation:	Pathfinder International http://www.pathfind.org
Summary:	During the six years prior to the writing of this report, the FOCUS on Young Adults programme had worked on young adult reproductive health (YARH) issues (including HIV), policies, and programmes in all regions of the developing world. This report summarises what they learnt. Chapter 1 describes the most critical YARH issues and identifies important factors that influence YARH knowledge, attitudes, perceptions, skills, and behaviours. Chapters 2 through 5 summarise what they know about the effectiveness of YARH policies and programmes. Chapter 6 describes key operational factors that influence programme effectiveness. Chapter 7 presents recommendations to improve YARH programme effectiveness, fill gaps in our knowledge of effective programmes, and ultimately extend access to YARH services.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Behaviour change communication Engaging the wider community Policies and political leadership Promoting key protective behaviours Skills-based health education Youth-friendly services Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Applying Best Practices to Youth Reproductive Health: Lessons Learned from the SEATS Experience

2000, 62 PAGES

Organisation:	USAID and JSI http://www.seats.jsi.com
Summary:	Youth was one of the five special initiatives of the Family Planning Service Expansion and Technical Support (SEATS) Project (1995-2000). The SEATS project aimed to expand the development of, access to, and use of quality family planning and reproductive health services in currently underserved populations and ensure that unmet demand for these services was addressed through the provision of appropriate financial, technical, and human resources. This report highlights the accomplishments and lessons learnt from youth projects in eight countries: Albania, Burkina Faso, Cambodia, Eritrea, Russia, Senegal, Zambia, and Zimbabwe. Clear frameworks and recommendations are provided. Each country project is highlighted thoroughly, and the conclusion section of the 22 lessons learnt provides a useful summary for those interested in the overall project products.
Material Type:	Guidelines, Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Engaging the wider community Linkages across sectors Policies and political leadership Youth-friendly services Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity Up-to-date programmes

Behavior Change: The Cornerstone of HIV Prevention

59 PAGES

Organisation:	LoveLife http://www.lovelife.org
Summary:	This report describes the implementation of LoveLife, South Africa's national HIV prevention programme for young people. LoveLife combines traditional commercial marketing techniques with service delivery, institutional support, and outreach, to create a lifestyle brand with which young people associate healthy, positive living. The report gives in-depth descriptions of the programme design and strategies, focusing on de-stigmatising youth sexuality and HIV, and promoting a safe and positive environment to educate young people. The experience of LoveLife is instructive in its scale and scope, and it meets many of the criteria generally regarded as critical to the success of national prevention campaigns, particularly in the areas of behaviour change among adolescents.
Material Type:	Report
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Key protective behaviours Reduction of stigma Skills-based health education Youth-friendly services	Accountability Fiscal sustainability Monitoring and evaluation Staff capacity Up-to-date programmes

Better Life for Youth Program

Final Report

2002, 80 PAGES

Organisation: BP Memorial Health Foundation
P.O. Box 9694
Suruchi Marga, New Baneshwar
Kathmandu, Nepal
Tel. 977114780076 or 4780861
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Summary: This report documents the Better Life for Youth Program, conducted by BP Memorial Health Foundation with technical and financial support from STC/US from 1999-2002. The target area of the project was urban Kathmandu, and the population targeted was in-school adolescents between 10-19. The secondary target populations were service providers, teachers, parents, local leaders, and personnel from CBOs, NGOs and INGOs. The project's purpose was to improve knowledge, attitudes, and behaviours of young people in terms of their reproductive health through training to target populations, support to youth-friendly service centres, the creation of a referral network, IEC materials, counselling, peer education, a telephone hotline, and cultural activities, among others.

Material Type: Report

Target Group: Educators, Health providers, NGOs/CBOs, Parents, Peer educators, Religious leaders, Youth

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Healthy sexuality	Engaging the wider community	Monitoring and evaluation
Young people's rights	Linkages across sectors	Partnerships
	Promoting key protective behaviours	Staff capacity
	Reduction of stigma	Up-to-date programmes
	Youth-friendly services	

The Better Life Options Program for Adolescent Boys in India

2002, 23 PAGES

Organisation:	CEDPA http://www.cedpa.org
Summary:	The 'Choose a Future–Options for Adolescent Boys in India' training package was developed from CEDPA's generic 'Choose a Future' training manual, originally aimed at girls and young women. By means of this training package, a programme called 'Better Life Options' was developed and implemented in 11 locations in India. This is a document that presents the key features of the programme, including the needs assessment, the adaptation of the original manual to the Indian context, pilot-testing, strategies, selected sites and target populations, the implementation process, and the impact the programme had. The pilot-testing results showed that the project impacted the participants positively by providing information on HIV/AIDS and encouraging the boys to reduce risky behaviour. The assessment of the impact of the actual programme demonstrated that the boys were aware of HIV/AIDS, how it spreads, and how it is prevented.
Material Type:	Report
Target Group:	Educators, NGOs/CBOs
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Key protective behaviours	–
Gender equity	Linkages across sectors	
	Skills-based health education	

Church of the Providence of Southern Africa HIV/AIDS Ministries Strategic Planning Process Report

2002, 59 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This strategic planning report was developed as a framework for a 'Provincial Programme for Responding to HIV/AIDS 2002-2005'. It includes six concerns identified by the Province for it to be able to respond to the HIV/AIDS pandemic: leadership, care, prevention, counselling, pastoral care, and death and dying. It was noted that beneath these issues remains the issue of stigma, which had to be addressed. A section following each concern is focused on how to achieve relevant results, and young people are a focus with each concern. The appendix includes an analysis of objectives by concern and clustering, provincial standing committee resolutions on AIDS, Primate's Statement, and Provincial Synod Resolution.

Material Type: Report

Target Group: NGOs/CBOs, Religious leaders

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community Policies and political leadership Reduction of stigma	Monitoring and evaluation Partnerships

Coming Together, Caring Together

2002, 40 PAGES

Organisation:	Policy Project/USAID http://www.usaid.gov
Summary:	This document is a report on the CORE Initiative which works to include religious groups as leaders in reducing misconceptions and stigma surrounding HIV/AIDS since they are often the largest, most stable, diverse, and extensively dispersed organisations in many countries. This document includes several examples of programmes that have been implemented as part of the CORE Initiative in different countries around the world.
Material Type:	Report
Target Group:	Government, NGOs/CBOs, Religious leaders
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Staff capacity
Healthy sexuality	Linkages across sectors	
Young people's rights	Policies and political leadership	
	Reduction of stigma	

Conectando para el Mejoramiento de la Salud en las Provincias de Hato Mayor y el Seibo

2003, 15 PAGES

Organisation: Mujeres en Desarrollo (MUDE) and Asociacion Dominicana de Planificacion Familiar, Inc. (ADOPLAFAM)

MUDE
Juan Mejilla Cotes #2
Esquina Paseo de las Palmas
Santo Domingo, Dominican Republic

Summary: This document describes a project that was implemented in 39 communities in the provinces of Hato Mayor and El Seibo. The project was targeted at youth (between the ages of 10-19) and children (under the age of 4) with the overall goal of improving health in these populations. Specific objectives of the project were: 1) to increase the perception of risk of contracting HIV/AIDS from 15% to 25% in the population between the ages of 10-19 by the end of the project; 2) to decrease the practice of certain risk behaviours in people between the ages of 15-19 by 5%; 3) that 75% of adolescent pregnancies in the area of the intervention manage and apply correct information about vertical transmission, self-care pre-and post-partum, and childbirth spacing; and 4) to increase the immunisation coverage to 80% in children less than 2 years old in the area of the project by the end of the intervention.

Material Type: Report

Target Group: NGOs/CBOs

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Behaviour change communication	Monitoring and evaluation Partnerships Staff capacity

Creating Youth-Friendly Sexual Health Services in Sub-Saharan Africa

2000, 4 PAGES

Organisation: Advocates for Youth/IMFUNDO
<http://www.advocatesforyouth.org>

Summary: This document outlines several efforts in Sub-Saharan Africa to increase youth-friendly services in order to increase access to sexual health care (including condoms and HIV testing). Some examples of ways in which HIV/AIDS services were made more youth-friendly were by: 1) including hours of operation of health facilities on the weekends and evenings; 2) changing the décor in the waiting rooms to be more attractive to youth and to men; and 3) by training health staff to treat youth who seek care at health centres with respect and assure their confidentiality. Examples from Ghana, Kenya and Uganda are included in this document.

Material Type: Report

Target Group: Government, Health providers, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Youth-friendly services Youth participation	Partnerships Staff capacity

EC/UNFPA Initiative for Reproductive Health in Asia: Lessons Learned

2002, 16 PAGES

Organisation:	German Foundation for World Population (DSW) http://www.asia-initiative.org
Summary:	The German Foundation for World Population (DSW), coordinated by ComNet and UNFPA, presents the EC/UNFPA Initiative for Reproductive Health in Asia (RHI). This publication is a result of three years working in seven countries in South and Southeast Asia: Bangladesh, Cambodia, the Lao People's Democratic Republic, Sri Lanka, Vietnam, Nepal, and Pakistan. Broken down into three sections with recommendations and lessons learnt from the best practices for each, the areas that are covered are: 1) the quality of reproductive health care; 2) young people and adolescents; and 3) community-based reproductive health. Youth-focused HIV prevention is tackled by acknowledging the importance of youth-friendly services that are integrated and complementary, and where peer education and youth participation are utilized for effective programming.
Material Type:	Report
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
	Linkages across sectors	Partnerships
	Promoting key protective behaviours	Staff capacity
	Youth-friendly services	Up-to-date programmes
	Youth participation	

Education and HIV/AIDS: A Sourcebook of HIV/AIDS Prevention Programs

2003, 385 PAGES

Organisation:	The World Bank http://www.worldbank.org
Summary:	This sourcebook is intended to be relevant to those seeking to launch or improve an HIV prevention programme targeted at school-age children. This document has compiled a variety of promising programmes in a user-friendly format in order to facilitate easier sharing of information. Programmes across Africa are summarised using a standard format (description, implementation, assessment, and lessons learnt) that highlights the main components of each programme. Unique to this report is the fact that all programmes are compared to a set of benchmarks established by UNAIDS. Programmes included primary, secondary and college-school level peer education, health clinics, school clubs, counselling, media campaigns, and income generation activities for youth. By sharing practical experiences of HIV prevention options, the sourcebook can serve as the foundation for decisions to be made across sectors by education policymakers, planners, managers, and practitioners in government and civil society.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	Partnerships
	Linkages across sectors	Staff capacity
	Promoting key protective behaviours	
	Skills-based health education	
	Youth-friendly services	

Education and AIDS: A Window of Hope

2002, 104 PAGES

Organisation:	World Bank http://www.worldbank.org
Summary:	Stressed most in this 104-page report is the undeniably important relationship between education and HIV prevention. The perspective that the World Bank takes is that educating children and youth is of top priority in fighting the deadly pandemic, as well as the most cost-effective means of HIV prevention. This is why the Bank and its partners are working towards Education for All (EFA) in low-income countries. The document targets governments and decision-makers who hold the power to strengthen local educational facilities. Highlighted guiding principles include skills-based health education, mobilising fiscal resources, sharing knowledge, building capacity, creating partnerships, and promoting innovations.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Skills-based health education	Up-to-date programmes
	Youth-friendly services	
	Youth participation	

Empowering Women, Preventing HIV/AIDS

2002, 2 PAGES

Organisation:	CEDPA http://www.cedpa.org
Summary:	This is a brief overview of CEDPA's HIV/AIDS initiative, which includes advocating policy change, strengthening organisations, building networks and partnerships, promoting reproductive health, and assisting youth. It reviews prevention activities such as community education, condom distribution, and educating youth about high-risk behaviour. The emphasis is on the need to protect youth.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Policies and political leadership Promoting key protective behaviours Skills-based health education Youth participation	Partnerships

European Approaches to Adolescent Sexual Behavior and Responsibility

1999, 75 PAGES

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	This report looks specifically at the differences between the U.S. youth population and its sexual activity/behaviour in contrast to the experience of three European nations (France, Germany, and the Netherlands). The report is the product of the research and discussions held during a two-week study tour at the Summer Institute (sponsored by Advocates for Youth and the University of North Carolina-Charlotte). The report first gives an overview of statistics of the differences between these youth populations and then explores the possible causes behind these differences – highlighting specific programme activities undertaken by these European countries to reduce teen pregnancy and prevent HIV and STI transmission among young people. The highlighted activities include mass media campaigns, youth sexual health services, and sexual health education in school—all of which have an underlying focus on rights, cultural diversity, and healthy sexuality. This report will be particularly useful for those looking for examples of innovative programming or those interested in European versus U.S. activities. The report provides good descriptions of the programmes and complete references, but it does not offer step-by-step methods for implementing one's own programme.
Material Type:	Report
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Europe
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Healthy sexuality	Engaging the wider community	
Young people's rights	Policies and political leadership	
	Promoting key protective behaviours	
	Skills-based health education	
	Youth-friendly services	

An Evaluation of Participatory, Multisectoral Planning for HIV/AIDS in Key States in Mexico

2002, 21 PAGES

Organisation: Policy Project (The Futures Group, The Research Triangle Institute and CEDPA)
<http://www.policyproject.com>

Summary: This report reviews Policy's HIV/AIDS programme in Mexico, carried out in collaboration with CENSIDA, the national agency responsible for HIV/AIDS services and prevention programmes, funded by USAID. The focus of the evaluation is whether the programme is meeting its target, including quantitative and qualitative components, and discusses lessons learnt. The importance of the decentralised public and private health care services is demonstrated and the need for partnerships, joint planning and improved communication is stressed. The document is a useful read when working out the logistics of partnerships between international and national organisations, in this case Policy Project and CENSIDA. The policy and programme examples from Mexico City/State of Mexico are particularly relevant to youth HIV prevention.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Policies and political leadership	Partnerships

Final Report for the AIDSCAP Program in Brazil

2002, 434 PAGES

Organisation:	Family Health International (FHI) http://www.fhi.org
Summary:	This report describes the Family Health International (FHI)/AIDS Control and Prevention (AIDSCAP) programme in Brazil. The key element of the Brazil programme was a comprehensive approach to HIV prevention. All programme components worked to reduce risky behaviours and reduce the spread of STI/HIV among specific targeted populations. According to the report, the AIDSCAP achieved successes in all strategies – training health care providers, designing mass media and interpersonal communication campaigns, and influencing policy to exponentially increase access to affordable condoms. The report discusses programme accomplishments and constraints, as well as providing behavioural outcome data.
Material Type:	Report
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Latin America and the Caribbean
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Fiscal sustainability
Healthy sexuality	Policies and political leadership	Monitoring and evaluation
	Promoting key protective behaviours	Partnerships
	Skills-based health education	Up-to-date programmes

Final Report of STD and HIV/AIDS Youth Program

2001, 97 PAGES

Organisation: BP Memorial Health Foundation/University of Heidelberg
P.O. Box 9694
Suruchi Marga, New Baneshwar
Kathmandu, Nepal
Tel. 977114780076 or 4780861
Email. bpmhf@ecomail.com.np

Summary: This report documents the STI and HIV/AIDS Youth Program conducted by BP Memorial Health Foundation and financed by the University of Heidelberg/NCASC from 1998-2001. The target populations for the programme were school and college youth, CBOs, NGOs, media personnel, policymakers, service providers, teachers and parents in the Kathmandu and Pokhara (Kaski) districts. The major activities described include a peer education programme with in-school youth, capacity building in HIV prevention for a local youth club, training in adolescent SRH for media representatives, advocacy activities, and networking with other agencies.

Material Type: Report

Target Group: Educators, NGOs/CBOs, Peer educators

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	Up-to-date programmes
	Reduction of stigma	
	Skills-based health education	
	Youth participation	

Future Directions for PVO and NGO Reproductive Health Programs, Conference Report 2003

2003, 25 PAGES

Organisation: USAID/CEDPA/Care/Enable/NGO Networks for Health
<http://www.cedpa.org>

Summary: The report summarises the recommendations of the participants of the Conference on PVO/NGO Contribution to Reproductive Health (RH) and Family Planning Programs, Washington, D.C., 2003. The recommendations are a result of key lessons learnt in the three interesting topic areas of the conference: 1) networking among different communities to improve RH programmes; 2) ensuring an 'enabling environment' in which the contextual factors (e.g. social, cultural) promote women's decision-making about RH; and 3) establishing links by cultivating partnerships with civil society and public organisations. The topics are discussed in detail, including methods for monitoring and evaluation, scaling up, supporting local NGOs, and information sharing. Though not youth-specific, the results recommend to target youth more specifically in future programmes.

Material Type: Report

Target Group: Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Linkages across sectors	Partnerships

Gender and Development in Brief— An Update from BRIDGE:

Raising Gender Awareness Among Policymakers and Practitioners –
Issue 11: Gender and HIV/AIDS

2002, 10 PAGES

Organisation: IDS BRIDGE
Institute of Development Studies
University of Sussex
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Tel: +44 (0) 1273621202
Email: bridge@ids.ac.uk

Summary: This document includes a short report on an intervention initiated in Brazil by PROMUNDO along with three other NGOs. The intervention consisted of the creation of a training manual for community interventions on sexual and reproductive health, mental health, violence prevention, fatherhood and care giving, and HIV/AIDS. These manuals were then used on group activities facilitated by young men that demonstrate more gender equitable attitudes and behaviour. The activities include discussions of male 'honor', condom negotiation, and role-plays in which young men act out coercive and non-coercive relationships. The results of the programme showed that many of the young men who participated in the group activities began to question what some called their "machista attitudes". Others were able to see how violence they had experienced themselves led them to use violence against partners.

Material Type: Report

Target Group: Educators, Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth participation	Monitoring and evaluation Partnerships

A GIFT for RH Project: Nepal Endline Evaluation, September 2002

2002, 32 PAGES

Organisation: CEDPA
<http://www.cedpa.org>

Summary: This report describes the results of an evaluation of CEDPA's own adolescent girls' project in Nepal called A GIFT for RH, which was implemented from early 2000 to mid-2002. The project's aim was to mobilise illiterate and out-of-school girls to make and act on informed decisions regarding their reproductive health and rights and to improve parent-child communications. The report first outlines initial expectations of the programme, characteristics of the girls, an evaluation of knowledge and attitudes to reproductive health, availability and utilisation of health facilities, as well as a range of other cultural-specific issues. The evaluation data itself shows clearly visible results in terms of increased parent-girl communication, increased knowledge, literacy, confidence and social skills in the girls, as well as a change in their health care behaviour. However, it was acknowledged that there are questions regarding the sustainability of the new behaviour and the fact that negotiation skills were not addressed sufficiently. With regard to HIV prevention, the only viable result was an increased awareness of STIs and HIV/AIDS.

Material Type: Report

Target Group: Educators, Health providers, NGOs/CBOs

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Gender equity	Engaging the wider community	
Healthy sexuality	Promoting key protective behaviours	
Young people's rights	Skills-based health education	

Growing in Confidence: Programming for Adolescent Health and Development

2002, 38 PAGES

Organisation: World Health Organization
<http://www.who.int>

Summary: “Growing in Confidence: Programming for Adolescent Health and Development” provides a look into lessons learnt from projects in Costa Rica, Malaysia, Mexico, the Philippines, South Africa, the United Republic of Tanzania, Thailand, and Tunisia. For implementing a youth-targeted HIV prevention programme, this WHO document gives best practice examples of how to include the full range of programme activities with a holistic perspective. Boxes of “key facts” and “successful programming” allow each country to detail the approaches that work best for them.

Material Type: Report

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people’s rights	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Reduction of stigma Skills-based health education Youth-friendly services Youth participation	Partnerships Staff capacity Up-to-date programmes

Health Reform, Decentralization, and Participation in Latin America: Protecting Sexual and Reproductive Health

2000, 56 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: Decentralisation of the health sector in Latin America and the Caribbean is strongly improved by creating partnerships between governments and civil society and strengthening participatory processes. Bolivia, Peru, Mexico, and Guatemala have participated in a USAID-supported Policy Project in which governments and civil society clarify their roles and strengthen decision making at the central, state, and municipal levels. In an attempt to create a policy environment favourable to sexual and reproductive health, the main goal has been to strengthen participatory processes. The report is divided into six chapters. Chapter 1 covers the background and key concepts underlying decentralisation. Chapters 2-5 each review the countries participating and their specific context, including a review of the intervention, results, and challenges. The final chapter is devoted to successful practices. In all countries, we find a HIV/AIDS component and especially in Bolivia and Peru, youth groups are an integrated part of the health sector.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Policies and political leadership	Monitoring and evaluation Partnerships

HIV/AIDS in Southern Africa: Background, Projections, Impacts, and Interventions

2001, 55 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This Policy Project report provides key background information about the effect and prevalence of HIV, as well as the demographic, social, and economic impacts of AIDS in Southern Africa. The role of adolescents and maternal orphans in relation to the AIDS epidemic are elaborated upon. A discussion of gender, human rights, impacts on the education and employment sectors, costs of health care, and the possibilities for vaccines and other interventions are also included. For a more succinct version of this report, see "HIV/AIDS in Southern Africa: Background, Projections, Impacts, and Interventions – Talking Points," at <http://www.policyproject.com/pubs/countryreports/Talkpts.pdf>.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Linkages across sectors	–
Gender equity	Policies and political leadership	
Young people's rights	Reduction of stigma	
	Youth-friendly services	

HIV and Sexual Health Education in Primary and Secondary Schools: Findings from Selected Asia-Pacific Countries

2000, 39 PAGES

Organisation: National Center in HIV Social Research, Faculty of Arts and Sciences, University of New South Wales
<http://www.arts.unsw.edu.au>

Summary: The report describes and discusses primary and secondary school-based HIV/AIDS, sexual and reproductive health education in Brunei, Cambodia, China, Indonesia, Malaysia, Mongolia, Myanmar, Papua New Guinea, Philippines, Thailand and Vietnam. The objective of the work was to explore the feasibility of monitoring the education efforts in these countries. The report is divided into three sections: 1) to introduce aims and methods used in the study; 2) discusses the challenges of such a monitoring task; and 3) describes and summarises the countries' policies and practices with regards to school-based HIV prevention. (This part is to be updated as more information about the countries becomes available in due course.)

Material Type: Report

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality Young people's rights	–	Monitoring and evaluation

HIV Prevention Strategic Plan Through 2005

2001, 81 PAGES

Organisation:	Centers for Disease Control and Prevention (CDC) http://www.cdc.gov
Summary:	CDC's "HIV Prevention Strategic Plan Through 2005" is a blueprint for addressing effective HIV prevention initiatives. It sets forth both national and international goals wished to be achieved by 2005, which include: 1) age, culture, and gender appropriate interventions; 2) increased VCT services; 3) a strengthened capacity for monitoring and evaluation; and 4) greater partnerships with resource-constrained countries. CDC set guiding principles to follow, which take into account the importance of transparency, community leadership, and respect for human rights. In addition to the diverse groups changing the face of the epidemic, the document includes young people under the age of 25 as another vulnerable population (estimated to be half of all new HIV infections). Cultural competence, destigmatisation, discrimination, altering risk behaviour, and capacity building are all elaborated upon within this report, providing a positive tool for enhancing prevention oriented goals.
Material Type:	Report
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Accountability
Gender equity	Linkages across sectors	Fiscal sustainability
Young people's rights	Promoting key protective behaviours	Monitoring and evaluation
	Reduction of stigma	Partnerships
	Youth-friendly services	Staff capacity

HIV Voluntary Counseling and Testing Among Youth Ages 14 to 21

2001, 31 PAGES

Organisation: Population Council's Horizon Program
<http://www.popcouncil.org>

Summary: This report provides the results from an exploratory study on HIV voluntary counselling and testing (VCT) among youth ages 14 to 21, in Nairobi, Kenya, and Kampala and Masaka, Uganda. VCT is often used as a potential preventive tool. Previous studies have shown that VCT increases adoption of safer sexual behaviours and use of care and support services among adults. The findings of this study identified both opportunities and barriers for providing this service for youth. Firstly, there was clear evidence for the importance of the counselling component: youth appreciated counselling before and after the test and it was concluded that a strengthening of counselling will increase young people's satisfaction and demand for VCT. On the other hand, testing seemed to lead only to an intention to practice safe sex, without any evidence of a changed behaviour. Additionally, testing was often perceived as being for ill people only. This linkage of illness with HIV testing would diminish the role of VCT as a preventive tool (for healthy people).

Material Type: Report

Target Group: Health providers, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Reduction of stigma Youth-friendly services Youth participation	Partnerships

Hope for Tanzania: Lessons Learned from a Decade of Comprehensive AIDS Control in Mbeya Region

2000, 92 PAGES

Organisation: German Development Corporation (GTZ)
<http://www.gtz.de>

Summary: Under the category: Good Practices – experiences with successful projects and methods, GTZ offers insight into prevention projects whose achievements are documented from a social science as well as from an epidemiological perspective. The AIDS Control Project in Tanzania led to a decrease in the HIV incidence rate, especially among young people aged 15-24, because of long-term, comprehensive work. Most results are evidence-based. The report illustrates prevention methods for different groups in the population and has a special section on pupils and selection criteria for peer educators in schools. A report about an HIV/AIDS Control Project in Kabarole district in Uganda is also available in English: <http://www.gtz.de/aids/deusch/praktiken>

Material Type: Report

Target Group: Government, Health providers, Peer educators, Youth

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Cultural appropriateness
Healthy sexuality

Programme Strategies:

Engaging the wider community
Promoting key protective behaviours
Skills-based health education
Youth-friendly services
Youth participation

Administrative and Managerial Capacities:

Accountability
Fiscal sustainability
Monitoring and evaluation
Partnerships
Staff capacity
Up-to-date programmes

Improving Youth's Access to Contraception in Latin America

2001, 6 PAGES

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	In Latin America, research identified significant barriers related to young people's access to SRH services and thus to accessing contraception and/or barrier protection against STIs, including HIV. The document summarises the barriers and ways to create youth-friendly services. It includes descriptions of case studies where organisations work towards designing and implementing effective strategies to improve youths' access. For example: 'Futuro' in Peru, CEMOPLAF in Ecuador, and PROSIM in Nicaragua.
Material Type:	Guidelines, Report
Target Group:	Educators, Health providers
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Promoting key protective behaviours	–
Healthy sexuality	Youth-friendly services	

In This Generation: Sexual and Reproductive Health Policies for a Youthful World

2002, 72 PAGES

Organisation:	Population Action International http://www.db.jhuccp.org
Summary:	This report by Population Action International focuses on the sexual and reproductive health needs of youth and the contrasting ways in which policies provide support, specifically in Ghana, India, Iran, Mali, Mexico, the Netherlands, and the United States. It is an important read in terms of understanding current policies targeting young people and addressing HIV prevention. Targeted to national governments and international NGOs, the document's tone expresses urgency, pressing for community advocacy and youth participation. The rights-based approach emphasizes young people to be autonomous, intelligent, and entitled to learning the skills needed for a healthy future. Each country case description provides a detailed account of the policy environment for youth sexual and reproductive health, what factors, policies, and obstacles are involved, as well as the key lessons learnt with recommendations. The end of the report is rounded out by a list of policy strategies and an advocacy checklist.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
Young people's rights	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Skills-based health education	Up-to-date programmes
	Youth participation	

Innovative Approaches to HIV Prevention: Selected Case Studies

2000, 53 PAGES

Organisation:	UNAIDS http://www.unaids.org
Summary:	This work provides a set of intervention examples for HIV prevention and highlights some of the key issues to consider when designing, implementing, and evaluating HIV programmes. The aim was to identify key studies and investigations on HIV prevention interventions beyond information dissemination. It offers methodological assessment tools and guiding principles in HIV prevention for different target groups, for example young people. Activities and initiatives at the national, community, programme/project, and group level are evaluated. This is a useful resource for project planners to gain exposure to a variety of approaches and practices from around the world. Also available in French and Spanish.
Material Type:	Report, Guidelines
Target Group:	Educators, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	Up-to-date programmes
Healthy sexuality	Linkages across sectors	
Young people's rights	Policies and political leadership	
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Insights from Adolescents— Project Experience, 1992-1997

1998, 49 PAGES

Organisation:	Pathfinder International http://www.pathfind.org
Summary:	This report is an assessment of Pathfinder International's myriad of sexual and reproductive health programmes that target youth. It describes how they evolved and the lessons learnt in their respective setting during the five-year period of 1992 to 1997. Pathfinder's written experience with interventions such as peer counselling and community outreach provides critical information for programme planners, health providers, and policymakers. The section on clinic-based projects is a useful guide for using a youth-friendly approach. It discusses specific regional programmes that aim to strengthen the ties between STI and HIV prevention with treatment and other reproductive health services. At the end of the report there is an annex describing the 83 Pathfinder grantees and the work that they do.
Material Type:	Report
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership Skills-based health education Youth-friendly services Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Integrated Plan of the UNAIDS Theme Group to Support the National Response on STD/HIV/AIDS in Brazil

2001, 71 PAGES

Organisation:	UNAIDS http://www.br.undp.org
Summary:	This is an interesting report on Brazil's efforts to fight the HIV/AIDS epidemic. It describes the 'Integrated Plan of the UNAIDS Theme Group' to support Brazil in the areas of STIs/HIV/AIDS and the measures adopted by the country in terms of policies and strategies to bring these diseases under control. This is a good example of a country's high profile response, involving civil society organisations. It documents the building process in Brazil to have a more effective control of HIV/AIDS, one of the key features being the stimulation of community participation and mobilisation of the society. Youth was a priority group in the programme.
Material Type:	Report, Guidelines
Target Group:	Government, NGOs/CBOs
Region:	Latin America and the Caribbean
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Promoting key protective behaviours	Fiscal sustainability Monitoring and evaluation

Intervention Strategies That Work For Youth

2001, 25 PAGES

Organisation:	YouthNet http://www.fhi.org/youthnet
Summary:	Youth Issues Paper No. 1 is a summary of the 'FOCUS on Young Adults' end of programme report. The research process resulted in several main points. Programmes appear to be more effective in influencing knowledge and attitudes than in changing behaviours. Recognition of social norms and cultural practices are emphasised in creating an environment for implementing policies and programmes that are effective. School programmes, community and peer programmes, and mass media are modes of delivery of information which can work well to improve youth knowledge, attitudes, skills and behaviours. The need for youth-friendly services, youth centres, and linked school and health facilities are emphasised as primary types of programmes that ensure the increased use of health services and products. The easy-to-read tables in each chapter summarise the most important studies.
Material Type:	Report
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change	–
Gender equity	communication	
Healthy sexuality	Promoting key protective behaviours	
Young people's rights	Youth-friendly services	

Learning and Teaching about AIDS at School

1997, 7 PAGES

Organisation:	UNAIDS http://www.unaids.org
Summary:	This report discusses the reason why HIV prevention should be integrated into school curriculum by stating statistics that show that people between the ages of 15 and 25 are at higher risk for contracting the disease and are over-represented among HIV/AIDS cases. The document discusses some of the barriers that people have encountered when attempting to implement HIV/AIDS education in the school classroom. Ways to overcome these barriers are also suggested.
Material Type:	Report
Target Group:	Educators, Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Cultural appropriateness	Behaviour change communication Promoting key protective behaviours Reduction of stigma Youth-friendly services	Monitoring and evaluation Partnerships Staff capacity

Learning from the Field: Experiences in HIV Prevention from Family Planning Associations Worldwide

2002, 32 PAGES

Organisation: International Planned Parenthood Federation
<http://www.ippf.org>

Summary: The report describes projects and programmes in HIV prevention undertaken by family planning organisations associated with IPPF. The first part is entirely dedicated to working with young people, with case examples from Guyana, Peru, Nepal, Malawi and China. In other parts, youth are included in the target populations. Each project is presented with a short introduction, the project objectives, approaches to achieve the objectives, outcomes and lessons learnt.

Material Type: Report

Target Group: Educators, Health providers,

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality Young people's rights	Promoting key protective behaviours	–

Lessons Learnt: The Peer Education Approach in Promoting Youth Sexual and Reproductive Health

2001, 61 PAGES

Organisation: International Planned Parenthood Federation
<http://www.ippf.org>

Summary: This report expounds on the IPPF Vision 2000 Fund youth projects that were implemented in Burkina Faso, Ghana, Senegal, as well as Indonesia. These projects aim for youth participation in sexual reproductive health initiatives, including HIV prevention. As a supplement of the short guide "Peer Education: Successfully Promoting Youth Sexual and Reproductive Health," the document provides greater detail in programme implementation and lessons learnt. It targets an audience of social workers, health educators, NGOs, and youth associations, and stresses the assets of the participatory approach of peer education.

Material Type: Report, Guidelines

Target Group: Educators, NGOs/CBOs, Peer educators

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community Skills-based health education Youth-friendly services Youth participation	Monitoring and evaluation Staff capacity Up-to-date programmes

Making 1 Billion Count: State of World Population 2003

2003, 84 PAGES

Organisation:	UNFPA http://www.unfpa.org
Summary:	This document provides a comprehensive review of the relationship between economic development and rights to health, focusing specifically on HIV prevention among adolescents. With many examples from programme achievements around the world, the report details lessons learnt. By including selected indicators from the Millennium Development Goals and the International Conference on Population and Development, the overwhelming influence of poverty on reproductive health and vice versa is elaborated. From this view, "investing" in adolescents' health means more than the importance of fiscal sustainability. It means ensuring that youth are provided with increased knowledge, opportunities, skills, choices, rights, and participation. Enlisted to create these gender equitable, culturally sensitive, rights-based, youth prevention programmes are policymakers as well as community members, including parents, teachers, employers, and religious leaders.
Material Type:	Report, Guidelines
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
Young people's rights	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Making It Work: Linking Youth Reproductive Health and Livelihoods

2001, 28 PAGES

Organisation:	International Center for Research on Women (ICRW) http://www.icrw.org
Summary:	This analysis is based on the recognition that reproductive and sexual behaviour for adolescents is closely linked with their educational and economic options. Therefore, in order to address how to form linkages, ICRW undertook a review of linked programmes. The goal was to assess the challenges and potential effectiveness of programmes integrating adolescent reproductive health-including HIV prevention and livelihoods, highlight innovative approaches, and define the gaps. Country case studies of India, Columbia and Kenya are discussed, with a description of the programme and an evaluation of linkage. The three main conclusions were: 1) the need for linked programmes is demand-driven, from the bottom up; 2) there is no one 'model' programme at the time of the review; and 3) organisations undertaking linked programmes are among the most dedicated serving youth needs. It was concluded that the right investment to build capacity within a cultural context will increase the potential of this particular SRH approach.
Material Type:	Report
Target Group:	Educators, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Linkages across sectors	–
Gender equity	Youth-friendly services	
Healthy sexuality	Youth participation	
Young people's rights		

Mobilizing Gender Issues: Report from the Living for Tomorrow Project on Youth, Gender and HIV/AIDS Prevention

2002, 80 PAGES

Organisation: Nordic Institute for Women's Studies and Gender Research
<http://www.nikk.uio.no>

Summary: This report provides 80 pages of concrete examples from the successes and triumphs of NIKK's "Living for Tomorrow" project in Estonia – including a narrative elaborating on its development and methods that were utilized. The primary focus of this project was to integrate a keen understanding among youth on gender issues and how they affect the HIV/AIDS pandemic. The project initiated interactive, capacity building workshops led by teen volunteers where young men and women met to explore and question gender norms and expectations of their culture that led to risky heterosexual behaviour. With a holistic and culture-specific perspective, the project aimed at reducing political, gender-biased, and HIV related stigma. This report provides in-depth analysis of the outcomes of the NIKK project.

Material Type: Report

Target Group: Educators, Government, NGOs/CBOs, Peer educators

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Fiscal sustainability
Gender equity	Reduction of stigma	Staff capacity
Healthy sexuality	Skills-based health education	
Young people's rights	Youth participation	

Modeling Adolescent Reproductive Health in Ghana: An Application of the ARH Model

2000, 27 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This report describes the development of an Adolescent Sexual and Reproductive Health (ASRH) Model for Ghana. A model is an important tool in advocacy and in the policy process. Discussions of controversial topics, like ASRH, can be neutralized by focusing on a model developed with population-based projections. This can help to recognise that a problem exists and alternative scenarios can be illustrated. The Ghana model was designed to produce useful information for policy formulation and dialogue relevant to the RH health, including issues of HIV/AIDS and the country's youth. The report reviews the application of the ASRH model. Though country-specific, the lesson learnt in Ghana can be applied in other settings where a model might be applicable.

Material Type: Report

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	–
Gender equity	Promoting key protective behaviours	
Healthy sexuality	Skills-based health education	

NGO Networking in Ghana's Eastern Region: A Case for Advocacy in Reproductive Health and HIV/AIDS in Decentralized Government

2001, 12 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This report focuses on the importance of networking for reproductive health advocacy among non-governmental organisations in five districts of Eastern Ghana. It emphasizes the unrealised potential for community participation. The report discusses the population and rationale for participation, network formation and development, and training and technical assistance to develop network capacity. Youth as a target audience is mentioned at every step. Examples of network advocacy activities are presented, and a brief review of lessons learnt is included.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	Partnerships

Panos AIDS Briefing No. 4: AIDS and Young People

11 PAGES

Organisation: Panos Institute
<http://www.panos.org.uk>

Summary: This briefing describes how AIDS affects young people, and how society can tackle the problem through school education, peer education, and mass media. The second section of the brief is particularly useful to programme planners and designers because it highlights specific examples of societies' responses to AIDS. Examples are drawn mainly from African countries and projects revolved around social marketing and sex education, but their lessons have a global reach. The concluding section outlines key issues that should be addressed and agreed upon by a larger group of organisations working to prevent AIDS. The briefing also nicely emphasizes the importance of youth participation.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Behaviour change communication Engaging the wider community Policies and political leadership Skills-based health education Youth-friendly services Youth participation	–

Participatory Adolescent Reproductive Health in Nepal

2004, 62 PAGES

Organisation: BP Memorial Health Foundation
P.O. Box 9694
Suruchi Marga, New Baneshwar
Kathmandu, Nepal
Tel. 977114780076 or 4780861
Email. bpmhf@ecomail.com.np

Summary: This report documents the effectiveness of a participatory approach in youth-focused reproductive health programmes between 1998 and 2003. The guidelines and other contents include information on: adolescent-friendly services, peer education and counselling, IEC, youth club mobilisation, adult peer education, street theatre, social norms, teacher training, and income generation. Overall the material stresses the importance of a participatory approach versus non-participatory, providing evidence for its effectiveness.

Material Type: Report, Guidelines, Methodology

Target Group: Educators, Health providers, NGOs/CBOs, Parents, Peer educators, Youth

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Linkages across sectors	Fiscal sustainability
Healthy sexuality	Promoting key protective behaviours	Monitoring and evaluation
Young people's rights	Reduction of stigma	Partnerships
	Skills-based health education	Staff capacity
	Youth-friendly services	Up-to-date programmes
	Youth participation	

Planificando La Prevencion del VIH/SIDA en Mujeres Jovenes: Fundamentos para Una Estrategia Nacional

1997, 91 PAGES

Organisation: Coordinadora de Animacion Socio-Cultural (CASCO)
Profesor Esteban Suazo No.15
Urbanización Antillas
Santo Domingo, Dominican Republic
Tel. 809 5349514
Email. casco@codetel.net.do

Summary: This document is a report on the national strategy for HIV prevention in young women (15-24 years of age) in the Dominican Republic. There are two main goals of the strategy. The first is to foster a positive attitude in these young women about HIV prevention and give them the ability and support to act accordingly. The second goal is to reduce the external restrictions that make HIV/AIDS education difficult for young Dominican women. This strategy employs organisations at all levels (community organisations to international organisations), and stresses women learning and applying gender equity to their sexual relations and gaining more access to information on HIV and STI prevention.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Behaviour change	Monitoring and evaluation
Healthy sexuality	communication	Partnerships
Young people's rights	Linkages across sectors	Staff capacity
	Policies and political leadership	
	Promoting key protective behaviours	
	Skills-based health education	

Policy and Program Initiatives on Adolescent Reproductive Health in Sub-Saharan Africa: What Has Been Done Since Cairo?

2000, 66 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: This well-written research report analyzes the current status of policies and programmes affecting adolescent sexual and reproductive health in Burkina Faso, Togo, and Cameroon. Its aim is to assess the progress made in implementing the 1994 ICPD Program of Action regarding adolescent sexual and reproductive health. The programmes assessed all include a HIV/AIDS component. The report includes the study design, conceptual framework, data and methods, results and conclusions. The results are divided into governmental initiatives, including specific programmes and policies in ASRH, and non-governmental programmes in ASRH, including formulation, initiation and monitoring. In the conclusion achievements and best practices are described and weaknesses and obstacles are addressed. The tables supplementing the text are user-friendly and could stand alone.

Material Type: Report, Standards

Target Group: Government, NGOs/CBOs,

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Linkages across sectors Policies and political leadership Youth participation	Monitoring and evaluation Partnerships

Politica, Ley, y Reglamento Para el Desarrollo Integral de la Juventud

2002, 52 PAGES

Organisation:	UNFPA/Secretaria de la Juventud de Nicaragua http://www.unfpa.org
Summary:	This report was put out by UNFPA in conjunction with the Secretaria de la Juventud de Nicaragua (Secretary of Youth of Nicaragua). It covers a broad scope of issues related to youth in Nicaragua, including HIV prevention and healthy sexuality. Furthermore, this document covers the different articles of Law No. 392, which pertains to the rights of youth, one of which is cited as including sexual health education.
Material Type:	Report
Target Group:	Educators, Government, NGOs/CBOs
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality Young people's rights	Policies and political leadership Skills-based health education	–

Preventing HIV/AIDS and Promoting Sexual Health Among Especially Vulnerable Young People

2002, 52 PAGES

Organisation: Safe Passage to Adulthood
<http://www.socstats.soton.ac.uk>

Summary: This report on HIV prevention is the result of an expert meeting on 'Working with Especially Vulnerable Young People' and describes what has been achieved in this area, as well as lessons learnt. The emphasis is on the fact that young people's experiences differ according to gender, ethnicity, culture and social status – among other variables – and the knowledge that the risks and vulnerabilities associated with SRH systematically render some young people more likely to experience health problems. The projects from Africa, Asia, Central and Southern America and Central Europe describe the setting, the aims and objectives, and the adapted strategies and outcomes to date.

Material Type: Report

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	–	–
Gender equity		
Healthy sexuality		

Reaching Urban Youth: A Creative Approach to AIDS Awareness

2001, 10 PAGES

Organisation: UNICEF/Marie Stopes China
<http://www.unescobkk.org>

Summary: This project report offers programmers in Asia and around the world a model for conducting multisector social marketing campaigns and condom distribution activities. The project was launched in Beijing, and it was among the first to collaborate with local artists to design and distribute youth-friendly materials and to install condom vending machines in entertainment establishments. The report describes the impacts of involving youth through schools to design IEC materials and including young artists and entertainers in events and communication strategies. Another outcome of this project was to link entertainment establishments with a condom company to ensure young people's long-term access to condoms through maintenance and support for vending machines.

Material Type: Report

Target Group: NGOs/CBOs

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Accountability
Healthy sexuality	Key protective behaviours	Up-to-date programmes
Young people's rights	Linkages across sectors	
	Reduction of stigma	
	Youth participation	

Reducing Girls' Vulnerability to HIV/AIDS: The Thai Approach

1999, 99 PAGES

Organisation: UNAIDS
<http://www.unaids.org>

Summary: This case study offers a gender analysis of young girls' vulnerability to HIV through sex work in Thailand. It reviews the socio-economic and cultural factors that contribute to girls' vulnerability and possible strategies to prevent child prostitution. Specific programme responses are outlined with monitoring and evaluation, and sustainability components, including attitude change through education, awareness building among parents and girls, and income generating and employment training schemes. The approach describes an example of activities that takes account of regional and demographic differences in the nature and scope of the problem in the search for solutions. Available in French and Spanish as well.

Material Type: Report

Target Group: Educators, Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership	Fiscal sustainability Monitoring and evaluation Partnerships Up-to-date programmes

Reducing HIV Infection Among Youth: What Can Schools Do?

2001, 26 PAGES

Organisation: Horizons/ICRW/IMIFAP/MRC/PATH/Population Council
<http://www.synergyaids.com>

Summary: The report evaluates school programmes in Mexico, South Africa, and Thailand asking the question: Can school HIV programmes change behaviour? Researchers surveyed students' knowledge, attitude, norms, and reported behaviour before the intervention, immediately after the intervention, and again several months later to measure retention of programme effects. In all three sites comparable control groups were assessed at the same time. This study will assist programmers to identify both student needs and the strengths and limits of school-based HIV prevention programmes. The report also highlights a number of findings that could have implications for school-based programmes in general.

Material Type: Report, Checklist

Target Group: Educators, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Cultural appropriateness
Healthy sexuality

Programme Strategies:

Promoting key protective behaviours
Skills-based health education
Youth participation

Administrative and Managerial Capacities:

Monitoring and evaluation

A Report on the Adolescent Reproductive Sexual Health Program

2002, 39 PAGES

Organisation:	Save the Children US – Himalayas Field Office http://www.savethechildren.org
Summary:	This report documents the implementation of Save the Children's Adolescent Reproductive and Sexual Health programme in two districts in partnership with local NGOs. In the Kathmandu district, Save the Children partnered with BP Memorial Health Foundation in the Better Life for Youth project. In the Kailali district, the Nepal Red Cross Society implemented the project in both urban and rural areas. The objectives of the programme are: to improve young people's knowledge, attitudes and practices, improve the availability and access to youth-friendly services, and to facilitate a supportive social context and positive policy environment for adolescent reproductive and sexual health.
Material Type:	Report
Target Group:	Educators, Health providers, NGOs/CBOs, Parents, Peer educators
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Partnership
Healthy sexuality	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	Up-to-date programmes
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Reproductive Health Program for Adolescents: The Cases of Buenos Aires, Mexico, D.F., and Sao Paulo

2000, 240 PAGES

Organisation: Policy Project (USAID, Futures Group, RTI, and CEDPA)
<http://www.policyproject.com>

Summary: This report contains results from a research project on the main public programmes in the field of ASRH in three Latin American cities. The goal of the project was to describe and analyze these programmes in order to recommend strategies to better meet the reproductive health needs and expectations of adolescents. The report is presented in a case-study method and includes: 1) a sociodemographic profile of adolescents in the specific countries; 2) an analysis of programme documents to assess their adequacy to the Cairo and Beijing guidelines; 3) an assessment of the perspectives of public health officials, technical staff, and service providers regarding programme implementation and barriers; and 4) an assessment of adolescents' expectations regarding the characteristics of the programmes and services. Special attention should be paid to the examples of HIV prevention work done by governments and NGOs in the Mexico and Brazil cases.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Policies and political leadership	Staff capacity
Gender equity	Youth-friendly services	Up-to-date programmes
Healthy sexuality		
Young people's rights		

Research Update No. 1: Improving Adolescents' Reproductive Health, Bangladesh

2001, 8 PAGES

Organisation: Population Council
<http://www.popcouncil.org>

Summary: The research update reports the results of the Bangladesh Adolescent Reproductive Health project. In collaboration with the Population Council, the study was implemented by the Urban Family Health Partnership (UFHP) and its three NGO partners. The results provide a useful analysis of the local health needs of Northwestern Bangladeshi adolescents, and the necessary intervention tools needed for positive change in STI/HIV prevention. Outcomes of the study conclude the need for community involvement, with parents, teachers, religious leaders, and policymakers becoming sensitised about the reproductive health needs of adolescents. The promotion of youth-friendly services, such as convenient clinic hours and confidential hotline and post-box facilities, provide a good model for programme managers and policy-makers working on a youth-focused HIV prevention programme.

Material Type: Report

Target Group: Government, Health providers, NGOs/CBOs

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	Up-to-date programmes
	Skills-based health education	
	Youth-friendly services	

A Review of Program Approaches to Adolescent Reproductive Health

2000, 46 PAGES

Organisation: USAID Bureau for Global Programs
Population Technical Assistance Project
<http://www.poptechproject.com>

Summary: This Poptech report identifies effective approaches to addressing adolescent reproductive health needs based on a review of programme efforts undertaken in developing countries, with some reference to developed country (mainly U.S.) programming. A nice framework for addressing ASRH that includes conceptual design, programme design, and evaluation is provided and supplemented by a visual framework in one of the Annexes. This review offers an array of real-life examples of different types of ASRH programming from community projects to advocacy. The conclusion section may be particularly useful for programme planners and managers as it offers concise, bulleted points on ASRH programming.

Material Type: Report, Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation
Gender equity	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Skills-based health education	Up-to-date programmes
	Youth-friendly services	
	Youth participation	

The Role of Education in Promoting Young People's Sexual and Reproductive Health

2002, 32 PAGES

Organisation: Safe Passages to Adulthood
<http://www.socstats.soton.ac.uk>

Summary: The projects described offer examples of innovative and effective ways of using education, either directly or indirectly, to promote sexual and reproductive health in young people. The sections are divided into an introduction, background, projects (in-school, out-of-school and higher education), and lessons learnt. The lessons learnt are most important and include: partnership with young people, the importance of their involvement, that adults have to start from a clear value base and be supportive, planning for sustainability, and the importance of the cultural context. It is clearly written and includes HIV prevention examples.

Material Type: Report

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Youth participation	Fiscal sustainability
Healthy sexuality		Partnerships
Young people's rights		

Sang Fan Wan Mai Youth Group: Tiny Steps by Youth to Battle the AIDS Crisis

2001, 12 PAGES

Organisation:	UNDP Southeast Asia HIV and Development Project http://www.hiv-development.org
Summary:	This document, prepared by youth involved in the project, highlights how the Mae Chan community in Thailand joined together to reduce its HIV vulnerabilities. Buddhist monks, people living with HIV/AIDS, community hospitals and youth all participated in this movement to inform their fellow community members. The youth-led project began as an informative puppet show and expanded to seminars, workshops, radio shows, and focus groups all addressing different HIV/AIDS-related issues. Though the report lacks some specific detail, it is a nice summary and example of what young people themselves are doing to address and prevent HIV in their own communities.
Material Type:	Report
Target Group:	Health providers, NGOs/CBOs, Peer educators, Religious leaders, Youth
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Engaging the wider community Reduction of stigma Youth participation	Partnerships

SARA: A Role Model for Girls As They Face HIV and AIDS in Africa

2002, 93 PAGES

Organisation:	UNICEF/JHU/CCP http://www.genderandaids.org
Summary:	The Sara Communication Initiative (Ghana) is a rights-based entertainment education strategy that was launched in Eastern and Southern Africa in response to the HIV/AIDS pandemic, focusing on the adolescent female population. There are three categories of uses for this multimedia initiative: to enhance individual behaviours or social change in communities, to provide a national role model for girls' development and other child rights issues, and to encourage integrated community planning. This initiative sought to contextualise human rights and life skills in the form of narratives and themes for youth-friendly multimedia, including comic books and animated films. This material lays out various steps of the initiative covering the background research to create Sara, the programme design and implementation, evaluation, and main findings.
Material Type:	Report
Target Group:	Educators, Government, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity Young people's rights	Behaviour change communication Engaging the wider community Linkages across sectors Promoting key protective behaviours Reduction of stigma Skills-based health education	Monitoring and evaluation

Science and Success: Sex Education and Other Programs That Work to Prevent Teen Pregnancy, HIV, and Sexually Transmitted Infections

2003, 48 PAGES

Organisation:	Advocates for Youth http://www.advocatesforyouth.org
Summary:	This report is a compilation of descriptions of rigorously evaluated programmes that have demonstrated effectiveness in reducing adolescents' risk for primary pregnancy and STIs, including HIV. Programmes had to meet strict criteria in order to be included in this report. Programmes are divided by types: 1) school-based sex education programmes; 2) community-based sex education programmes; and 3) other school-based programmes found to reduce young people's risk for teen pregnancy and STIs (including HIV). Nineteen programmes are highlighted, and readers should take advantage of the individual descriptions and contact information of each programme. Two tables break down the programmes by behavioural outcomes, health impacts, locale, age range, and populations for easier programmatic use.
Material Type:	Report
Target Group:	Educators, Government, NGOs/CBOs
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Skills-based health education Youth-friendly services	Monitoring and evaluation

The Sound of Silence: Difficulties in Communicating on HIV/AIDS in Schools

53 PAGES

Organisation:	Action Aid http://www.actionaid.org
Summary:	This research report reviews projects to integrate HIV/AIDS education, and thus prevention, into the wider context of education work in India and Kenya. The process included two approaches: 1) mainstreaming HIV/AIDS into education work by engaging people working on education to prioritise HIV/AIDS; and 2) ensuring that HIV/AIDS responses draw on wider learning about what is effective in the field of education. The report aims to discuss the parental and community demand for school-based HIV/AIDS education, role of school in teaching young people about HIV, how HIV education is being taught, and what difficulties exist in successfully delivering school-based HIV/AIDS education. The report is easy to read, with helpful charts and tables. It captures well the differences and similarities in both countries.
Material Type:	Report
Target Group:	Educators, Health providers, NGOs/CBOs, Parents, Peer educators, Religious leaders, Youth
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Engaging the wider community Promoting key protective behaviours Reduction of stigma Youth participation	—

Strengthening the Provision of Adolescent-Friendly Health Services to Meet the Health and Development Needs of Adolescents in Africa

2000, 5 PAGES

Organisation:	World Health Organization http://www.who.int
Summary:	This document reports the consensus of the Harare meeting in Zimbabwe from October 17 to 21, 2000. The analysis of the meeting is worthy of review since it assesses basic adolescent health needs, health-seeking behaviour, adolescent-friendly services, sustainability, and resources, from a regional perspective. It addresses HIV prevention for youth from a multisectoral and multidimensional approach, keeping in mind that adolescents are a heterogeneous group, and responds to the need for services within an appropriate sociocultural context.
Material Type:	Report
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Fiscal sustainability
Gender equity	Linkages across sectors	Monitoring and evaluation
	Policies and political leadership	Partnerships
	Skills-based health education	Staff capacity
	Youth-friendly services	
	Youth participation	

Successful Development Models for the 21st Century

2002, 16 PAGES

Organisation:	USAID http://www.usaid.gov
Summary:	The report gives an overview of developing countries that have improved their situation in a specific 'problem' area. In the field of HIV prevention, Senegal was presented as a model because of its achievements in reducing the infection rates, resulting in Africa's lowest rate. Reasons for this success are found in the multisectoral commitment of organisations ranging from the government to communities to religious leaders. Their common goal has been to heighten awareness and reinforce strategies such as an increased use of condoms, abstinence education, medical examination of sex workers, and improved access to antiretroviral drugs. The report provides 'Good Practice' Guidelines for government officials.
Material Type:	Report
Target Group:	NGOs/CBOs, Government
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
–	Engaging the wider community Policies and political leadership Promoting key protective behaviours	Partnerships

Suffering in Silence: The Links Between Human Rights Abuses and HIV Transmission to Girls in Zambia

2002, 120 PAGES

Organisation: Human Rights Watch
<http://www.hrw.org>

Summary: This report details the relationship between human rights abuses of adolescent girls and their susceptibility to HIV infection in Zambia. Recommendations are offered to the Government of Zambia, the international donor community, as well as the United Nations, in addressing the root causes of female oppression and HIV/AIDS. A rights-based approach is used, and an in-depth review of the international laws and legal framework involved is included. Also, monitoring and evaluation is stressed, in addition to strong political leadership, community involvement, and youth-friendly services. Most unique to the report is the inclusion of the “voices of the girls” which offers a close look on personal stories from over 100 interviews in the field. This report is a reminder to all that adolescent girls outnumber adolescent boys in living with HIV and AIDS in Africa, and following in their direction are many parts of the world.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
Young people's rights	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	Up-to-date programmes
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	

Summary Booklet of Best Practices: Issue 2

2004, 112 PAGES

Organisation:	UNAIDS http://www.unaids.org
Summary:	This report, put out by UNAIDS, describes their “Best Practices” approach. This approach includes accumulating and applying knowledge about what is working and not working in different situations. In short, “Best Practices” suggests a simple maxim: Don’t reinvent the wheel; learn in order to improve it, and adapt it to your terrain to make it work better. There are three main ways in which “Best Practices” is carried out: 1) exchange of experience, including sharing between individual experts and Technical Resource Networks (TRN); 2) pilot-testing, operations research, and other projects and programmes; and 3) documentation, including formats such as audiovisual cassettes, CDs, and presentation graphics. Descriptions of existing programmes in distinct populations in different areas of the world, including children and young people, are given as well as the lessons learnt from them.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Linkages across sectors Promoting key protective behaviours Youth participation	Monitoring and evaluation Staff capacity

Taking Steps of Courage: Teaching Adolescents About Sexuality and Gender in Nigeria and Cameroon

2000, 32 PAGES

Organisation: International Women's Health Coalition (IWHC)
<http://www.iwhc.org>

Summary: The International Women's Health Coalition has put together this report on gender-sensitive approaches to sexuality with an extensive background on the components and definition of sexuality education. HIV prevention is considered a critical part of sexuality education; however, the emphasis of this piece is justifying why sexuality education, as a whole, is an important piece of promoting adolescent sexual health. The report briefly addresses training educators, involving international donors, using peer educators, and defending young people's rights. This document also provides a selected bibliography and programme examples based on IWHC work. Specifically it highlights three programmes and guidelines from IWHC's projects in Nigeria and Cameroon. It also includes a background on adolescents in these countries that used sexuality education. These comprehensive highlights of the programmes could be unique resources for similar programmes focusing on adolescent sexuality.

Material Type: Report, Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Linkages across sectors	Monitoring and evaluation
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	
Young people's rights	Youth-friendly services	
	Youth participation	

Teen Risk-Taking: Promising Prevention Programs and Approaches

2000, 102 PAGES

Organisation:	Urban Institute http://www.urban.org
Summary:	This guidebook and programme compendium provides an essential step in bridging the gap from “research to practice.” It explores practical issues associated with finding, choosing, and starting potentially effective prevention programmes for at-risk preteens and teens. The report documents common elements of successful youth risk-reduction programmes. A number of simple, ready-to-use questionnaires also exist in the report for individuals/organisations to assess whether or not their communities, staff, and organisations are equipped to implement such a programme. Twenty-six of the 51 highlighted programmes address youth sexuality and reproductive health (mainly HIV/AIDS and teen pregnancy prevention), and of these 26, eleven programmes were set apart for having been more rigorously evaluated. An index at the end of the report and readily available contact information for each programme ensures that interested parties will have access to these curriculums and programme training materials.
Material Type:	Report, Guidelines
Target Group:	Educators, Government, NGOs/CBOs
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Promoting key protective behaviours Skills-based health education	Fiscal sustainability Monitoring and evaluation Staff capacity Up-to-date programmes

Trabajando con Adolescentes en Prevencion de las Infecciones de Transmision Sexual/VIH/SIDA

2002, 24 PAGES

Organisation: Mujeres en Desarrollo (MUDE)
Juan Mejilla Cotes #2
Esquina Paseo de las Palmas
Santo Domingo, Dominican Republic

Summary: This document describes MUDE's peer education programme to fight HIV/AIDS. The main goal of the project is to contribute to the decrease in HIV-related risk behaviours in adolescents between the ages of 10-19 years of age. More specific objectives that are made to meet this goal are: 1) to have 60% of the population of adolescents between the ages of 10 and 14 years recognise the importance of postponing the initiation of sexual relations as a means of protecting themselves against HIV; 2) to have 70% of the population of adolescents between the ages of 10-14 be able to identify the need to use condoms in their first sexual encounter and always by the end of the project; 3) to have 80% of the population of youth between the ages of 15-19 be able to recognise the importance of using a condom in each relationship as a protective behaviour against HIV and AIDS; and 4) to have 60% of youth between the ages of 15-19 years of age use condoms in every sexual encounter.

Material Type: Report

Target Group: NGOs/CBOs, Peer educators

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Behaviour change communication Policies and political leadership Promoting key protective behaviours Youth participation	Monitoring and evaluation Staff capacity

USAID Project Profiles: Children Affected by HIV/AIDS

2003, 148 PAGES

Organisation:	USAID http://www.usaid.gov
Summary:	This report describes currently funded USAID initiatives implemented in 24 developing countries to support vulnerable children and adolescents affected by HIV/AIDS. There is discussion of USAID educational activities in Sub-Saharan Africa, global and regional projects, as well as previously funded projects. Each project is described with implementing organisation, USAID funding period and amount, purpose, key accomplishments, priority activities, project materials and tools, technical assistance, and contact information. By documenting the projects, USAID intends, in their own words: "to promote an exchange of ideas and information that facilitates learning by providers and organisations about what works and what does not and encourage partnerships."
Material Type:	Report
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Reduction of stigma Skills-based health education Youth-friendly services Youth participation	Monitoring and evaluation Partnerships

Using Peer Educators to Improve Adolescent Reproductive Health in Ghana

12 PAGES

Organisation:	CEDPA http://www.cedpa.org
Summary:	The Enabling Change for Women's Reproductive Health (ENABLE) project attempts to strengthen women's capabilities for informed and autonomous decision-making to prevent unintended pregnancy and improve reproductive health. This particular report focuses on ENABLE's work with NGOs in Ghana to bridge the SRH knowledge-practice gap and achieve behavioural change among youth in Ghana. The project's goal was to provide accurate and reliable SRH information, including information on HIV prevention, to youth through community peer educators using two models: formal/structured and informal/unstructured. The two models are compared with an emphasis on strengths and weaknesses reaching youth, i.e. changing their behaviour.
Material Type:	Report
Target Group:	Health providers, NGOs/CBOs, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Reduction of stigma Skills-based health education	–

Young Adult Reproductive Health State of the Art (SOTA) Training Course: Southeast Asia Region

2000, 63 PAGES

Organisation: Pathfinder International/FOCUS on Young Adults
<http://www.pathfind.org>

Summary: This report is a summary of each training session. It is written for professionals working in youth reproductive health (YRH) and it presents a picture of the current and emerging issues that are shaping the YRH agenda in Southeast Asia. The course covered a range of issues: adolescent development, cultural and societal factors to helping adolescents, Southeast Asia's response to HIV/AIDS, regional research and findings, policy, innovative programmes and services, special youth populations, and action plan development. Research findings were presented on school-based, health facility-based, mass media-based, workplace-based, community-based, and multiple-setting programmes. Government officials and programme planners will find this report most useful. Nine countries participated in this particular course and their programme activities are highlighted in the report: Cambodia, Hong Kong, Indonesia, Lao PDR, Malaysia, the Philippines, Singapore, Thailand, and Vietnam.

Material Type: Report

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership Skills-based health education Youth-friendly services Youth participation	Monitoring and evaluation Partnerships Staff capacity

Youth for Each Other Program: Rapid Impact Assessment

2002, 21 PAGES

Organisation:	Nepal Red Cross Society and CEDPA/Nepal http://www.cedpa.org
Summary:	This report is an analytical response to the six-month Youth for Each Other Program (YEOP) centred in Nepal. The assessment highlights the project implementation process and the results of its major goals of creating a youth-led HIV/STI prevention programme. A participatory approach is used throughout the project to create positive social change among youth, particularly in terms of reducing risky behaviours and utilising new health-based knowledge and skills. Included in this document is a discussion on gender relationships, sustainability, and critical observations, as well as a list of case studies.
Material Type:	Report
Target Group:	NGOs/CBOs, Peer educators
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Linkages across sectors	Monitoring and evaluation
Healthy sexuality	Promoting key protective behaviours	Partnerships
	Skills-based health education	Staff capacity
	Youth participation	Up-to-date programmes

Young Men and HIV: Culture, Poverty and Sexual Risk

2001, 48 PAGES

Organisation: UNAIDS/Panos Institute
<http://www.panos.org.uk>

Summary: This report explains the role that young men (ages 15-24) play in the AIDS pandemic. It looks at the challenges that young men face, and gives a brief overview of effective ways of addressing their needs and bringing about change. It is a resource for policy-makers and service providers and is useful in the early planning stages of a programme or project that aims to incorporate young men in the planning process.

Material Type: Report

Target Group: Educators, Government, NGOs/CBOs

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Healthy sexuality	Policies and political leadership	
Young people's rights	Youth participation	

Adolescents on the Net

1999, 28 PAGES

Organisation:	UNESCO http://www.unesco.org
Summary:	This document consists of a list of websites which have six functions to perform: 1) to teach and provide materials than can be used for education and training; 2) to advocate and promote the cause and acceptance of adolescent reproductive and sexual health goals; 3) to provide substantive research findings and evidences for reference use in various activities; 4) to help shape policy and decision-making among policymakers and administrators; 5) to highlight experiences, best practices and lessons learnt to those who are interested in replicating similar programmes or activities; and 6) to engage adolescents to actively discuss, use information, seek counselling and answers to their questions and problems on adolescent reproductive and sexual health, as well as share experiences with others.
Material Type:	Other
Target Group:	Educators, Government, NGOs/CBOs, Parents, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Behaviour change communication Engaging the wider community Policies and political leadership Promoting key protective behaviours Reduction of stigma	Partnerships Staff capacity Up-to-date programmes

Advocating for Adolescent Reproductive Health in Sub-Saharan Africa

1998, 64 PAGES

Organisation:	Advocates for Youth/UNFPA http://www.advocatesforyouth.org
Summary:	This is a well-written and user-friendly advocacy kit focusing on youth reproductive health, including HIV prevention. It starts at the basics, for example, defining advocacy and how to start a campaign but it is also a good tool for existing groups to revise their strategies and read about other cases. The document presents a checklist for effective adolescent health advocacy campaigns and explains how to perform a needs assessment, including setting goals for a campaign. It deals with building networks within the community, involving youth, mobilising the community using media, and using policymakers and opinion leaders for support. Each of the topics is supported by a case study to provide an example of using these strategies. The kit also describes how to respond to questions and opposition and, very importantly, how to monitor and evaluate the process of the advocacy efforts.
Material Type:	Tool kit
Target Group:	Educators, Health providers, NGOs/CBOs, Parents, Religious leaders, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Policies and political leadership	Partnerships
Young people's rights	Youth participation	

Annotated Bibliography: HIV Prevention and Youth

2001, 20 PAGES

Organisation: Canadian HIV/AIDS Clearinghouse
(Canada Public Health Association)
<http://www.aidssida.cpha.ca>

Summary: The resources of this bibliography include pamphlets, fact sheets, books, reports, posters, educational games and videos. Each listing gives the title, abstract, target audience, author, publisher, date published, physical description, call number and collection method. Most documents are available in English and French, but there is also a comic book in Spanish on AIDS awareness for Hispanics, and a booklet in Vietnamese. Examples of materials are: A resource for HIV and AIDS awareness workshops; a curriculum aimed at grade 5 to 9 students; and a videocassette with the story of 'Sara', addressing high risk behaviour.

Material Type: Other

Target Group: Educators, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	—

Assessing Adolescent Reproductive Health Policies and Programs: Case Studies from Burkina Faso, Cameroon, and Togo

(Working Paper Series No. 8)

2002, 33 PAGES

Organisation:	Policy Project http://www.policyproject.com
Summary:	This working paper assesses reproductive health policies and programmes, including HIV prevention, for adolescents in Burkina Faso, Cameroon, and Togo. It discusses ASRH policy and programme development, starting from political recognition, formulation, and implementation, to monitoring and coordination of policies and programming, both for governmental intervention and NGOs. This paper provides a comprehensive outline of ways to implement programmes by using the policies in these three Francophone African countries. It describes the challenges that continue to face these countries and ways that they may be dealt with. The Policy Project is supported by USAID.
Material Type:	Report
Target Group:	Government, NGOs/CBOs
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Cultural appropriateness	Policies and political leadership	Partnerships

Catologo de Publicaciones, 1997-2002

2002, 46 PAGES

Organisation:	AccionSIDA http://www.healthstrategies.org/accionsida
Summary:	This document is a catalogue of tools that can be used to promote HIV prevention in different groups of people (adults, sex workers, and adolescents). The materials included in this catalogue are T-shirts, pamphlets, IEC materials, manuals and videos. The catalogue also contains the names of the organisations to contact to obtain the materials.
Material Type:	Other
Target Group:	Educators, NGOs/CBOs, Peer educators
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Partnerships
Gender equity	Engaging the wider community	
Young people's rights	Promoting key protective behaviours	
	Reduction of stigma	

Choices in Family Planning: Informed and Voluntary Decision-Making

2003, 62 PAGES

Organisation: Engender Health
<http://www.engenderhealth.org>

Summary: This tool kit was developed as a response to a recognised gap between rhetoric and practice and thus the need for a simple, practical job aid to explain, in concrete terms, the concepts that underpin voluntary and informed decision making in SRH. The goal is to assist professionals to support individuals in making informed and voluntary decisions. The basis of the tool kit is an expanded conceptual framework incorporating the client's rights, social context, and their comprehensive SRH needs. The kit was initially developed for family planning services but subsequently adapted for a wider audience, including community groups, trainers and policymakers, and is useful in many programmes, including HIV prevention and young people. Although the kit is intended to be used in a facilitated process, it is very user-friendly and the four parts – introduction, discussion, preliminary assessment guide, and next-step guide – are well explained.

Material Type: Tool kit

Target Group: Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Behaviour change communication Policies and political leadership	Monitoring and evaluation

Common Ground Sexuality: Principles for Working on Sexuality

2001, 20 PAGES

Organisation: TARSHI and SIECUS
<http://www.tarshi.org>
<http://www.siecus.org>

Summary: SIECUS and TARSHI collaborated on the creation of this booklet, consulting with various organisations that work on sexuality related issues. Their goal was to develop a common ground on sexuality and sexual health by integrating multiple perspectives from different fields, including gender and development, HIV/AIDS, human rights, reproductive health, education, violence prevention, legal issues, women’s rights, and the media. Through this intention, a three-day meeting was held in Naukuchiatal, India, in May 1999, and the results of the discussion between activists, educators, researchers, and professionals, are documented in “Common Ground Sexuality.” It is an important read for understanding how to implement a youth-focused HIV prevention programme that includes healthy sexuality and sexual rights education.

Material Type: Tool kit

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity	Linkages across sectors	
Healthy sexuality	Skills-based health education	
Young people’s rights	Youth-friendly services	

Compendium of HIV Prevention Interventions with Evidence of Effectiveness

2001, 64 PAGES

Organisation:	Centers for Disease Control and Prevention (CDC) http://www.cdc.gov
Summary:	This compendium was designed for prevention service providers, planners, and others who request science-based interventions that work to prevent HIV transmission. All interventions were derived from behavioural and social studies, with control groups, and had positive results for behavioural and health outcomes. This was required so that successful results could be attributed to the interventions. The criteria for selecting the interventions are described in detail and the document describes interventions that met all criteria and thus are 'effective' interventions. One of the target groups highlighted is youth, and each programme is described in terms of content, intervention goals, setting, and behavioural/health findings.
Material Type:	Other
Target Group:	NGOs/CBOs
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Healthy sexuality	Engaging the wider community	
Young people's rights	Promoting key protective behaviours	
	Skills-based health education	

Developmentally Based Interventions and Strategies: Promoting Reproductive Health and Reducing Risk Among Adolescents

2001, 37 PAGES

Organisation: FOCUS on Young Adults, Pathfinder International
<http://www.pathfind.org>

Summary: In this reference guide, FOCUS on Young Adults strives to move away from a “one size fits all” approach to programming for adolescents, towards a more case-based approach – one that understands the stages of the developmental process, in addition to catering to the sociocultural situation at hand. The document is broken up into Pre-Puberty, Early Adolescence, Middle Adolescence, and Young Adulthood, with charts that note developmental characteristics, goals, activities, and interventions. Included are instructions on how to engage youth and the wider community for effective programming that would not only educate youth on reproductive health matters, but also make a big difference in STI/HIV prevention.

Material Type: Tool kit

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Fiscal sustainability
Gender equity	Engaging the wider community	Monitoring and evaluation
	Linkages across sectors	Partnerships
	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	Up-to-date programmes
	Skills-based health education	
	Youth-friendly services	
	Youth participation	

Force for Change: World AIDS Campaign With Young People—Briefing Paper

1998, 13 PAGES

Organisation: UNAIDS/Panos Institute
<http://www.unaids.org>

Summary: This briefing paper describes the 1998 World AIDS Campaign, a UNAIDS programme which focused on young people. The paper provides an overview of the epidemic and how and why it affects young people. It deals with the specific needs and issues facing youth and how programmes can address them in their design and implementation. It offers a rationale for the involvement of young people and discusses the significance of youth participation in HIV prevention programmes.

Material Type: Other

Target Group: NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Engaging the wider community Promoting key protective behaviours Skills-based health education Youth participation	–

Gender and Relationships: A Practical Action Kit for Young People

2001, 131 PAGES

Organisation: Commonwealth Secretariat, London/IMFUNDO
<http://www.hivaid.digitalbrain.com>

Summary: This tool kit specifically aims to help peer educators and adults working with young people to integrate gender issues into sexual and reproductive health programmes. It is complete with basic fact sheets, information on planning programmes, activities for both facilitators and young people alike, as well as a resource list of useful publications. Written from a global perspective of the needs of young people who participate in programme design and implementation, the “action kit” provides in-depth information on skill building and HIV prevention. Many examples of how gender affects young people’s reproductive and sexual health, as well as the susceptibility toward HIV, are discussed throughout the document. Ways of addressing risky behaviour, understanding traditional practices, and the influence of the media are also included.

Material Type: Tool kit

Target Group: Educators, NGOs/CBOs, Peer educators, Youth

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Policies and political leadership	Staff capacity
Young people’s rights	Promoting key protective behaviours	Up-to-date programmes
	Skills-based health education	
	Youth participation	

Growing Up: A Newsletter for Young People (Coping with Peer Pressure)

2002, 23 PAGES

Organisation:	Action Health Incorporated http://www.actionhealthinc.org
Summary:	This document is an issue of a newsletter put out by Action Health Incorporated. This issue is dedicated to coping mechanisms for peer pressure. The relevant sections of this newsletter are the articles on "World AIDS Day", "Production of the Parent Communication Guide", and "Rights of a Child: Freedom from Discrimination".
Material Type:	Other
Target Group:	Educators, NGOs/CBOs, Parents, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Behaviour change communication Engaging the wider community Skills-based health education Youth participation	Partnerships

Guia Para Abordar por la Salud Integral de los/las Adolescentes

69 PAGES

Organisation: Panamerican Health Organization
525 23rd Street NW
Washington, DC 20037 USA

Summary: This guide is comprised of several instruments to help advocate for normative change in adolescent sexual and reproductive health. The entire document is helpful in advocating for HIV/AIDS education in adolescents; however, two chapters provide HIV/AIDS-specific recommendations. The first chapter deals with evaluating the needs of adolescents in terms of sexual and reproductive health and explicitly discusses HIV/AIDS. The second chapter discusses material preparation when establishing a committee to advocate for the sexual and reproductive health of adolescents, including HIV/AIDS information. The seventh chapter discusses common questions around programmes that provide methods of contraception, and includes HIV prevention in this discussion.

Material Type: Tool kit

Target Group: NGOs/CBOs, Peer educators

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Engaging the wider community Promoting key protective behaviours Youth participation	Monitoring and evaluation Staff capacity

HIV/AIDS and Human Rights: Young People in Action

2001, 68 PAGES

Organisation:	UNESCO/UNAIDS http://www.unesdoc.unesco.org
Summary:	This tool kit presents ideas for youth action on human rights and HIV/AIDS by drawing on experiences and lessons learnt from all over the world. The chapters on public education, peer education, and advocacy include several key prevention components. Best practice examples of these prevention components include how to empower young people to promote their rights, how to inform them about HIV/AIDS and its transmission, and how to challenge and change laws, attitudes, and practices that are contrary to human rights. The theoretical basis for rights-based approaches is clearly laid out with concrete and youth-sensitive examples. The educational activities are creative and practical, emphasising critical thinking, communication, decision-making, goal-setting, and organisational skills for taking action to address the sociocultural dimensions of HIV/AIDS, such as discrimination. In addition, the kit provides a thorough summary of resources and reference materials for trainers, peer educators, community organisers, and advocates. Available in French and Spanish.
Material Type:	Tool kit
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Behaviour change communication Engaging the wider community Policies and political leadership Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	–

HIV/AIDS Teaching/Learning Materials in Asia and the Pacific

2002, 63 PAGES

Organisation:	UNESCO and UNFPA http://www.unescobkk.org
Summary:	This is a user-friendly inventory of HIV/AIDS teaching and learning materials in Asia and the Pacific. The documents are listed according to subject, for example: programme development, life skills, education, information and communication. Each document contains an abstract, the type of material, objectives, educational level, introductory approaches, methodologies and country or regional categories. The section 'Adolescent Reproductive and Sexual Health' contains a good range of relevant materials.
Material Type:	Other
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Peer educators, Religious leaders
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	–	Accountability
Gender equity		Fiscal sustainability
Healthy sexuality		Monitoring and evaluation
Young people's rights		

HIV/AIDS Tool Kit: Building Political Commitment for Effective HIV/AIDS Policies and Programs—AIDS Impact Model (AIM) Approach

2000, 9 PAGES

Organisation:	Policy Project http://www.policyproject.com
Summary:	AIDS Impact Model (AIM) Approach is the third part of a five-module tool kit addressing building political commitment. AIM is a computer programme and information dissemination tool with an objective to build political support for HIV/AIDS programmes. The major steps to implement this approach are explained, as are examples of its use in various countries. Political commitment is a crucial factor for the success of any project at a national level, including HIV prevention for youth.
Material Type:	Tool kit
Target Group:	Government, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	Monitoring and evaluation Partnerships

HIV/AIDS Tool Kit: Building Political Commitment for Effective HIV/AIDS Policies and Programs—Building Political Commitment

2000, 9 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: Building Political Commitment is the first part of five modules in this HIV/AIDS tool kit. It discusses political commitment as willingness on the part of leaders to use their positions to support effective action to limit the spread of HIV and mitigate the impact of the epidemic. The module begins with guiding questions that are posed to the reader to determine whether the tool kit is potentially useful to his/her settings. The details of what political commitment is and why it is important are emphasised. Examples of leadership roles are given in the African community, including community leaders, Parliamentarians, and religious leaders. Brief references, resources, and Internet resources are given in conclusion. It was written for Sub-Saharan Africa, but is clearly applicable globally. Political commitment is a crucial factor for the success of any project at a national level, including HIV prevention for youth.

Material Type: Tool kit

Target Group: Government, NGOs/CBOs, Religious leaders

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	Partnerships

HIV/AIDS Tool Kit: Building Political Commitment for Effective HIV/AIDS Policies and Programs—Building Political Commitment at Subnational Levels

2000, 9 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary : Building Political Commitment at Subnational Levels is the fourth part of this tool kit. It discusses approaches that can be used to develop political commitment at the district level. The AIDS Impact Model (see part 3) is discussed, as is advocacy, strategic planning, network, coalition and capacity building. A case study is presented showing how the strategies are applied in practice. Resources, Internet resources and contact information are provided. Political commitment is a crucial factor for the success of any project at a national level, including HIV prevention for youth.

Material Type: Tool kit

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	Monitoring and evaluation Partnerships

HIV/AIDS Tool Kit: Building Political Commitment for Effective HIV/AIDS Policies and Programs—Building Political Commitment Through Broadening Participation in the Policy Process

2000, 13 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary : Building Political Commitment through Broadening Participation in the Policy Process is the fifth part of this tool kit. It describes different approaches for enhancing and strengthening the participatory, multisectoral response to HIV/AIDS in the following sectors: national government departments, corporate sector, developmental non-governmental organisations, faith-based communities, trade union sector, and the media. Lessons learnt from working within these different sectors are described. Extensive references and resource listings are provided, as well as contact information. Political commitment is a crucial factor for the success of any project at a national level, including HIV prevention for youth.

Material Type: Tool kit

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	Monitoring and evaluation Partnerships

HIV/AIDS Tool Kit: Building Political Commitment for Effective HIV/AIDS Policies and Programs—Measuring Political Commitment

2000, 13 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary : Political commitment is necessary to develop and sustain an effective response to the HIV/AIDS epidemic. This is the second part of a five-module HIV/AIDS tool kit. 'Measuring Political Commitment' describes ways to measure political commitment using both comprehensive and individual indicators. Several approaches are presented and statements by leaders, quantitative and composite indicators, and political support are discussed in their relevance to this part of the tool kit. A conceptual framework is included in an easy-to-follow flow chart, as are boxed commentary and graphs that supplement the module well. A brief section on applications is included to show how to effectively put ideas into activities. There is a good list of references, resources and Internet resources. Political commitment is a crucial factor for the success of any project at a national level, including HIV prevention for youth.

Material Type: Tool kit

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Policies and political leadership	Monitoring and evaluation Partnerships

Literacy, Gender and HIV/AIDS Series: Real Men, Take Responsibility—Zimbabwe

2001, 13 PAGES

Organisation:	UNESCO http://www.unesdoc.unesco.org
Summary :	The narrative with illustrations was adapted from a booklet written at the UNESCO-Danida sub-regional workshop for the preparation of gender-sensitive material. The workshops train a range of stakeholders in the HIV/AIDS field for whom this booklet might be useful as well. It's a good example for working with low literacy populations.
Material Type:	Other
Target Group:	Youth, Other
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Strategies:</u>	<u>Administrative and Managerial Capacities:</u>
Cultural appropriateness Gender equity	Key protective behaviours	–

Maria Maria: “Invertir en el Futuro”

1998, 1 PAGE

Organisation:	United Nations Campaign for Human Rights of Women and Children UNIFEM-Region Andina http://www.ecua.net.ec/unifem
Summary:	This article in the UN publication of “Maria Maria” attempts to convey the importance of HIV prevention programmes for youth around the world by highlighting facts about the HIV/AIDS status of adolescents around the world. The article then goes on to describe several programmes around the world which are working to prevent the spread of HIV.
Material Type:	Other
Target Group:	Government, NGOs/CBOs, Peer educators
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Engaging the wider community	–

Preventing HIV/AIDS Among Adolescents Through Integrated Communication Programming

2003, 133 PAGES

Organisation: UNFPA
<http://www.unfpa.org>

Summary: This manual is designed to assist national UNFPA officers in planning, designing, implementing and evaluating communication interventions for HIV prevention among adolescents that integrate advocacy, behaviour change communication and education with other policy and service components. The manual provides a series of checklists to guide a programme or project officer in addressing key questions related to evidence-based communication programming for HIV prevention among adolescents. The checklists follow a stepwise decision-making process and serve as menus of options to conduct thorough needs assessments, analyze programmatic responses, and handle strategic programming decisions.

Material Type: Tool kit, Checklist, Guidelines

Target Group: NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Monitoring and evaluation
Gender equity	Engaging the wider community	Partnerships
Young people's rights	Policies and political leadership	Staff capacity
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	

Proyecto: Educacion Para la Prevencion de Comportamientos de Alto Riesgo en Adolescentes y Jovenes, Respeto, a las ITS/VIH/SIDA, Embarazos, Violencia y Uso Indebido de Drogas

2003, 5 PAGES

Organisation: PROFAMILIA (Asociacion Dominicana Pro Bienestar de la Familia)
Calle Socorro Sanchez No. 160
Gazcue, Apartado Postal 1053
Santo Domingo, Dominican Republic
Tel. 809 6890141

Summary: This is a brief summary of the HIV prevention peer education programme that PROFAMILIA has implemented. It lists the 20 activities that took place with the adults that were in charge of organising the peer education group as well as the activities that took place with the youth themselves establishing the peer education programme.

Material Type: Tool kit, Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Promoting key protective behaviours Youth participation	Staff capacity

Stigma and Discrimination: Live and Let Live! Global Campaign 2002-2003

World AIDS Day 2002 Advocacy Kit

2002, 15 PAGES

Organisation: World Health Organization (WHO)-Western Pacific Region
<http://www.wpro.who.int>

Summary: This kit deals with crucial elements to combating stigma and discrimination around HIV/AIDS in order to prevent the spread of the disease. Though it focuses mainly on the most ostracized groups, men who have sex with men, sex workers, injection drug users, and people living with HIV and AIDS, there is some mention of young people as a target group. The kit suggests strategies to stop stigma and discrimination, gives facts on target groups, and provides feature stories from people in those groups. It is worthwhile reading that addresses the issues around stigma and would be useful to policymakers and programme planners.

Material Type: Tool kit

Target Group: Government

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness	Reduction of stigma	–

STI-HIV: Sexually Transmitted Infections: Briefing Kit for Teachers

2001, 21 PAGES

Organisation:	World Health Organization (WHO) http://www.wpro.who.int
Summary:	This brief and easy-to-read kit for teachers focuses on STI education for young people. The purpose of this publication is to inform teachers about STI and their consequences for the health of young people. It contains key information on STI, as well as suggestions for teaching STI education. It aims to improve the capacity of teachers to provide accurate and appropriate information on STI. It discusses STIs, STI education, young people's behaviours, and how to teach STI prevention. It provides a 'how-to' guide for teachers to follow while embracing this topic in their classrooms. It acknowledges cultural differences and views teachers as an inside resource for students, while encouraging creative ways of teaching the material. The comprehensive annex offers resources for STI education and lists many curriculum guides and books for continued research.
Material Type:	Manual/Curriculum, Tool kit
Target Group:	Educators
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Promoting key protective behaviours Skills-based health education	–

Teacher Training for School-Based Adolescent Sexual and Reproductive Health and HIV/AIDS Education in Sub-Saharan Africa

2003, 55 PAGES

Organisation: Family Health International/
The Global Health and Enterprise Group, Inc. for YouthNet
<http://www.fhi.org>

Summary: This paper examines issues related to the preparation of teachers in Sub-Saharan Africa to teach adolescent sexual and reproductive health and HIV/AIDS in schools. It is a synthesis of recent literature regarding pre-service and in-service training for teachers, available curricula, research and evaluations of school-based programmes as well as interviews with teachers, students, and other professionals. This report emphasizes the importance of linking education to health and counselling services for youth, of involving parents, of adapting the curricula to the community culture, and of monitoring and evaluating both the teacher training piece and the education that these teachers provide. It includes a Teacher Training Curriculum Assessment Tool, checklists and worksheets, and a comprehensive list of Gaps and Recommendations in the field of Teacher Training for HIV/AIDS education.

Material Type: Tool kit, Guidelines

Target Group: Educators, Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Linkages across sectors Policies and political leadership Skills-based health education	Monitoring and evaluation Staff capacity

VIH/SIDA: Es Momento de Decidir

8 PAGES

Organisation: Coordinadora de Animacion Socio-Cultural (CASCO)
Profesor Esteban Suazo No.15
Urbanización Antillas
Santo Domingo, Dominican Republic
Tel. 809 5349514
Email. casco@codetel.net.do

Summary: This document aims to increase awareness of the extent of the AIDS epidemic in the Dominican Republic and offers some ways to combat the epidemic. It specifically addressed the situation of the epidemic among adolescents and stresses the importance of beginning HIV/AIDS education among adolescents early on, before they become sexually active.

Material Type: Other

Target Group: Government, NGOs/CBOs

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Policies and political leadership Promoting key protective behaviours Reduction of stigma	Partnerships

World AIDS Day 1999 Background Information: Listen, Learn, Live! World AIDS Campaign with Children and Young People

1999, 84 PAGES

Organisation: World Health Organization-Western Pacific Region
<http://www.wpro.who.int>

Summary: In accordance with the topic of World AIDS Day (WAD) 1999, the activity kit contains ideas for various types of activities that can be carried out with children and young people. It is targeted at young people themselves, as well as NGOs, health service providers and government agencies to give ideas on the following: how to raise awareness and to motivate people, how to implement chosen activities, how to link up with partners, how to get funded, and who to target. This easy to read kit tells you where to organise activities, how much each will cost, and how long it will take to prepare. It suggests specific activities and each activity includes a checklist of what needs to be done and how. The end of the document provides a press kit, fact sheets, quotes from the field, and provides a pre-test and post-test on HIV/AIDS and STIs for participants and planners. This would be useful to anyone in HIV prevention programmes who wants to mobilise and educate their community.

Material Type: Tool kit, Checklist

Target Group: Government, Health providers, NGOs/CBOs, Youth

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Cultural appropriateness Young people's rights	Engaging the wider community Linkages across sectors Policies and political leadership Reduction of stigma Youth-friendly services Youth participation	Fiscal sustainability Partnerships

Youth, Enterprise, Livelihoods and Reproductive Health: How Can Small Enterprise and Sustainable Livelihoods Help Address the HIV/AIDS Crisis in Africa

2000, 73 PAGES

Organisation: International Development Research Centre
<http://www.dec.org>

Summary: This document offers recommendations to USAID and other donor agencies as well as implementing agencies on the linkage between sexual and reproductive health initiatives and microenterprise initiatives. Written in technical language for those familiar with small enterprise development, the report contains: a summary of best practices in small enterprise, lessons learnt, a design and assessment tool for future endeavours, guidelines for future research, and a database of current small enterprise activities linking to sexual and reproductive health initiatives (mainly from Southern Africa).

Material Type: Tool kit, Guidelines

Target Group: Government, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Gender equity	Linkages across sectors Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Youth Participation in Reproductive Health and HIV/AIDS Programs (Working Paper)

2003, 37 PAGES

Organisation:	YouthNet http://www.fhi.org/youthnet
Summary:	This comprehensive working paper is based on reviews of both published and unpublished material, providing a conceptual framework regarding youth participation. The concept of youth participation is then applied to reproductive health and HIV prevention programmes. In addition, it presents clinical and non-clinical health programmes that have made strides in working with youth. The paper discusses the challenges encountered when involving youth and provides an agenda for action. It includes extensive background material, with helpful charts.
Material Type:	Tool kit, Guidelines
Target Group:	Government, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Strategies:	Administrative and Managerial Capacities:
Young people's rights	Youth participation	Partnerships

Aafno Bhavishya Aafnai Haatma

2001, 155 PAGES

Organisation: Nepal Red Cross Society
<http://www.nrccs.org>

OrSummary: This manual, in Nepali, was designed for a four-day training of master trainers. Contents of the manual include: the human reproductive system, social and emotional changes during adolescence, adolescent reproductive health, STIs, HIV prevention, care and support of persons living with HIV and AIDS, proper condom usage, communication skills, use of IEC materials, training management skills, peer education, life skills, and conflict management. The manual includes pre- and post-test questionnaires, fact sheets for trainers and handouts for participants. Most activities included are participatory.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs

Region: Asia/Pacific

Language: Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Promoting key protective behaviours	Partnerships
	Reduction of stigma	Staff capacity
	Skills-based health education	
	Youth participation	

Adolescent and Reproductive Health: A Training Manual for Program Managers

2002, 224 PAGES

Organisation: CATALYST Consortium
<http://www.cedpa.org>

Summary: This document is a training module designed with the overall purpose of building the capacity of professionals in managerial positions so they are better equipped to identify and design programmes that respond to the ASRH rights of young people. In addition to making programme managers aware of and responsive to the specific needs and rights of adolescents, this module builds the capacity of the participants to efficiently and effectively manage the programmatic aspects of youth programmes. Learning objectives of this module include to: 1) understand the concept of ASRH programmes and services as a human right; 2) define and identify effective youth/adult partnerships and youth involvement; 3) describe the link between ASRH and gender and develop strategies to improve the sustainability of ASRH programmes and services; 4) understand adolescent behaviour change as a multilayered dynamic; 5) design strategies and programmes providing adolescent-friendly ASRH services; 6) identify the steps of advocacy and its use as a strategy towards individual behaviour change and improving community health; and 7) Develop an action plan that incorporates lessons learnt and bridges across the four crosscutting themes: human rights, gender, youth/adult partnerships and sustainability.

Material Type: Manual/Curriculum

Target Group: Educators, Government, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity Young people's rights	Behaviour change communication Engaging the wider community Promoting key protective behaviours Youth-friendly services Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Adolescent Health and Development: Adolescent Friendly Health Service Training Guide

2001, 93 PAGES

Organisation:	Nepal Society of Obstetricians and Gynecologists http://www.nesog.org.np
Summary:	This manual, designed for a seven-day training, covers adolescent health and development, life skills education, male and female reproductive anatomy and physiology, pregnancy, unsafe abortion, contraception, HIV/AIDS/STIs, introduction to sexuality, sexual dysfunction, sexual abuse, puberty, family life education, marriage, parenthood, nutrition, gender roles and social relationships, stress management, conflict resolution, counselling, and adolescent-friendly service delivery.
Material Type:	Manual/Curriculum, Methodology
Target Group:	Health providers, NGOs/CBOs
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Linkages across sectors	Staff capacity
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth-friendly services	

AIDS Badge Curriculum

2002, 24 PAGES

Organisation:	UNAIDS/World Association of Girl Guides and Girl Scouts/ International Council of AIDS Service Organizations http://www.albertagirlguides.com
Summary:	The activities outlined in this curriculum help Girl Guides (group leaders) and their Girl Scouts groups to explore issues around HIV/AIDS, what is happening in their community, and find ways to increase awareness. There are three 'AIDS Badge curriculum levels' with fact sheets and activities targeted at girls aged 10-12, 13-15, and 15 and older, whereby the 'Badge' is earned if 5 out of 8 tasks are completed. The tasks come from the areas of prevention, care and support, and human rights—changing discriminatory attitudes. The curriculum has a good introduction for the group leaders, the suggested activities are well described and easy to follow and carry out. The curriculum is kept simple and not too long, which makes it a good tool for trainers and programme planners who want to introduce an HIV prevention or awareness component in their youth programme. Though offered for girls, it could be adapted for boys.
Material Type:	Curriculum
Target Group:	Educators
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Behaviour change communication Engaging the wider community Reduction of stigma Youth-friendly services Youth participation	—

Aprender es Vivir: Serie Modulos Educativos Dirigidos a Adolescentes

2001, 163 PAGES

Organisation:	ADOPLAFAM (Asociacion Dominicana de Planificacion Familiar, Inc.) and Instituto de Sexualidad Humana Instituto de Sexualidad Humana Universidad Autonoma de Santo Domingo (UASD) Aristides Fiallo Cabral, Antiguo Hospital Marion, C. Universitaria Santo Domingo, Dominican Republic
Summary:	This document provides step-by-step descriptions on how to discuss sexuality, HIV/AIDS, and methods of investigation with adolescents. The final goal is to help youth in the Dominican Republic to: 1) learn more about their bodies, their organs, and how they function; 2) learn methods of maintaining a healthy sexuality; 3) learn more about what the AIDS epidemic is, its advance, and ways of combating it; 4) better understand the reactions that people are having towards the AIDS epidemic at the community level; 5) have a better understanding of the importance of community organisation and the participation of youth in the fight against AIDS; 6) know what the first steps are to organising other youth to fight against AIDS; 7) understand the basic aspects of helping and accompanying people living with HIV and AIDS; 8) know some of the principles, methods, and basic techniques in Investigation-Participative Action to learn more about the epidemic in their communities and receive funds to help with the fight against this illness; and 9) begin to form groups of Leaders of Learning (adolescents between the ages of 14-17 years and youth ages 18-24).
Material Type:	Manual/Curriculum
Target Group:	NGOs/CBOs, Peer educators, Religious leaders
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Reduction of stigma Youth participation	Staff capacity

Asal Bhavishya Ko Laagi Samuhik Prayaas

2000, 216 PAGES

Organization:	Nepal Red Cross Society http://www.nrcs.org
Summary:	This manual includes an introduction to the Red Cross movement and covers communication, the human reproductive system, gender discrimination, life skills, HIV and STI prevention, counselling services, health problems, presentation skills, and report-writing. The curriculum was designed for a three-day training.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer educators, Youth
Region:	Asia/Pacific
Language:	Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Promoting key protective behaviours	Partnerships
	Reduction of stigma	Staff capacity
	Skills-based health education	Up-to-date programmes
	Youth participation	

Asking Young People About Sexual and Reproductive Behaviors: Sample Core Instruments

2002, 20 PAGES

Organisation: World Health Organization (WHO)
<http://www.who.int>

Summary: The department of Reproductive Health and Research of the WHO makes some scientifically developed and field-proven tools available online. Although the primary purpose of the questionnaires and interview guides is to carry out research into adolescents' behaviour, the tools can equally be employed to undertake a baseline study or a needs assessment among the young people you are going to work with. There are good sections related to HIV prevention within each component. For example, in section 8 of the questionnaire for interview-surveys, indications of knowledge of HIV/AIDS and other STIs are measured and depending on the setting, questions can be modified or more questions added.

Material Type: Methodology

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	–	Monitoring and evaluation
Gender equity		Up-to-date programmes
Healthy sexuality		

Assessing and Planning for Youth-Friendly Reproductive Health Services: Workbooks 1-4

2000, 272 PAGES

Organisation: FOCUS on Young Adults
<http://www.fhi.org>

Summary: Improving health services for young people is understood as one of a variety of strategies required to ensure the reproductive health of youth. The workbook series is an excellent tool to help programme managers to assess the extent to which their facility is already reaching youth and what characteristics of their programme discourages young people from accessing services. Making health services more youth-friendly, i.e. more accessible to youth, is an essential feature of any HIV prevention programme. The guide is a clearly written and detailed resource, e.g. instructions given for interviews come with indicators and key questions for all parties involved, from managers to young people who have not been to the facility.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
–	Key Youth-friendly services Youth participation	Monitoring and evaluation Up-to-date programmes

Bateyes Frente al SIDA

2002, 31 PAGES

Organisation:	Coordinadora de Animacion Socio-Cultural (CASCO) Profesor Esteban Suazo No.15 Urbanización Antillas Santo Domingo, Dominican Republic Tel. 809 5349514 Email. casco@codetel.net.do
Summary:	This manual was put out by CASCO to guide peer youth educators in giving an HIV prevention talk. The manual includes tips on discussing the social construct of gender, sexuality, adolescence, self-esteem, HIV/AIDS, prevention, condom use, peer pressure, and perception of risk. Each of these themes constitutes a section in the guide. For each section there are suggested activities with a list of materials, as well as a list of main points that should be discussed in each section.
Material Type:	Manual/Curriculum
Target Group:	NGOs/CBOs, Peer educators
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity Healthy sexuality	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

Becoming A Responsible Teen—An HIV Risk Reduction Program for Adolescents

1998, 228 PAGES

Organisation:	ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	B.A.R.T. is purposely designed to be implemented in non-school settings in the community. Youth-serving organisations such as runaway shelters, religious groups, and drug rehab centres provide an advantageous setting for an intimate discussion of sexual and reproductive health topics, where the facilitator has a keen understanding of the culture and the needs of the youth participants involved. The eight-session HIV prevention curriculum serves as a guide for leaders, replete with handouts and skill-building activities for youth. The programme aims to be culture specific, skill enhancing, and a proponent of positive behaviour change.
Material Type:	Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs, Peer educators, Religious leaders, Youth
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	—
Gender equity	Linkages across sectors	
Healthy sexuality	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth participation	

Be Proud! Be Responsible!

Strategies to Empower Youth to Reduce Their Risk for HIV Infection

1999, 150 PAGES

Organisation: National Institute of Child Health and Human Development
<http://www.nichd.nih.gov>

Summary: “Be Proud! Be Responsible!” is a six-part curriculum designed with the goal of reducing the risk of HIV infection among inner-city youth. By providing both male and female participants with the knowledge and skills needed to address risky sexual attitudes and behaviours, the hope of this training is to delay sexual initiation among sexually inexperienced youth, reduce unprotected sex among the sexually active, and help young people make responsible decisions. Building condom use skills as well as negotiation and refusal skills are taught, encompassing module V and VI respectively. Underlying themes of the curriculum include “the inner-city and sense-of-community approach,” “the role of sexual responsibility and accountability,” and “the role of pride in making safer sexual choices.” Implementation of this curriculum in schools or youth-serving agencies in the community is recommended, and teachers have access to warm-up activities that facilitate small group learning.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Peer educators

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education	Monitoring and evaluation Partnerships Staff capacity

Bright Ideas 2001: Innovative or Promising Practices in HIV Prevention and HIV Prevention Community Planning, Second Edition

2001, 42 PAGES

Organisation:	Centers for Disease Control and Prevention (CDC) http://www.cdc.gov
Summary:	The document contains summaries of practices identified as noteworthy or promising by the Community Planning Leadership Summit in Los Angeles, USA, in 2000. Presented are strategies for supporting the community planning process as well as innovative approaches to HIV prevention programme service delivery. It includes programmes from 17 states across the United States, some with a specific youth component, for example: Missouri's Youth-at-Risk programme, North Carolina's school health initiative, and New Jersey's Teen Prevention programme. Each project includes a short description as well as contact information.
Material Type:	Methodology
Target Group:	Educators, Health providers, NGOs/CBOs, Religious leaders
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth participation	–

Can We Talk? Planning and Training Manual

1998, 87 PAGES

Organisation:	National Education Association Health Information Network (NEA) 1201 16th Street, NW Washington, DC 20036 USA
Summary:	The NEA continues its mission of providing health information and skills to the community with the inception of the “Can We Talk?” series of parent workshops. “Can We Talk?” aims to give parents and educators the opportunity to discuss HIV prevention, STIs, and teen pregnancy in a healthy and constructive manner-before children are sexually active. Five guiding principles provide the framework of the programme, and are predicated on the belief that prevention education must start early. They include: 1) parents are educators; 2) learning is life-long; 3) communication is learnt; 4) partnerships are key; and 5) character comes first (which supports peer and adult relationships and positive self-esteem). This Planning and Training Manual contains an overview of the programme, a marketing tool kit, training on adult learning workshops, and an activity book for families.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Parents
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education	Monitoring and evaluation Partnerships Staff capacity

Centro Dominicano de Estudio de la Educacion (CEDEE): Informe Proyecto Gestion Y Salud Comunitaria (VIH/SIDA en Jovenes)

2002, 55 PAGES

Organisation:	Centro Dominicano de Estudio de la Educacion (CEDEE) Calle Santiago No. 153 Gazcue, Aptdo. 20307 Santo Domingo, Dominican Republic Tel. 809 6823302 or 809 882966
Summary:	This document is a manual written about the Proyecto Gestion y Salud Comunitaria that was initiated in 2002. This programme executed the project in Santo Domingo. CEDEE worked to strengthen these community groups in the area of HIV prevention with youth. The following strategies were used: 1) technical assistance in the diagnostic and planning phase of each community group; 2) meet with a committee of all the youth groups, formulate a work plan for creating a permanent training on sexuality, sex, STIs, HIV/AIDS and strengthen their organisational skills; 3) train youth to be the multiplicadores (peer educators) of sexual education and HIV prevention; 4) create a training programme on HIV prevention with the youth group that will include drama and other forms of creative expression to later share them and use them in the education of other adolescents; 5) promote the presentations of dramas in other groups with which they work; and 6) do regular visits with each of the groups to evaluate and observe their functioning.
Material Type:	Manual/Curriculum
Target Group:	NGOs/CBOs, Peer educators
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Monitoring and evaluation
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	

Christian Family Life Education: A Resource Guide for Educators and Facilitators

2003, 464 PAGES

Organisation:	Margaret Sanger Center International (MSCI) http://www.margaretsangercenterinternational.org
Summary:	This Resource Guide to Adolescent Sexuality and Reproductive Health was developed by a trainer for trainers. In recent years, an increased awareness, and thus demand, from faith-based organisations to address pressing issues like HIV/AIDS has led to many training sessions of religious educators and leaders. This guide was written especially for Christians and others who value the importance of talking comfortably and effectively with young people and adults about sexual and reproductive health issues. It provides state-of-the-art information on a variety of topics including puberty, adolescence, HIV prevention, parenting, health, family planning, contraception, sexual abuse, domestic violence, self-esteem, etc. For a generic hardcopy, contact MSCl. For an electronic copy, see FHI.org
Material Type:	Manual/Curriculum
Target Group:	NGOs/CBOs, Religious leaders
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	Up-to-date programmes
	Youth participation	

Counseling for STI/HIV Prevention in Sexual and Reproductive Health Settings

2002, 55 PAGES

Organisation: International Planned Parenthood Federation
<http://www.ippf.org>

Summary: This material on programme guidance deals with young people in the chapter 'specific issues for clients in different situations'. It integrates youth-related issues throughout the guide, for example, in family planning work and in the discussion of sexual expression and empowerment. The topic 'counselling on safer sex, STI and HIV', with extensive guidelines for educating counsellors on helping clients to use male/female condoms, addresses young people. Educational comics make this guide especially user-friendly.

Material Type: Manual/Curriculum, Checklist

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

<u>Guiding Principles:</u>	<u>Programme Activities:</u>	<u>Administrative and Managerial Capacities:</u>
Healthy sexuality	Promoting key protective behaviours	–

Curriculo Educativo

56 PAGES

Organisation: Coordinadora de Animacion Socio-Cultural (CASCO)
Profesor Esteban Suazo No.15
Urbanización Antillas
Santo Domingo, Dominican Republic
Tel. 809 5349514
Email. casco@codetel.net.do

Summary: This document is a curriculum for educational sessions 12 hours in length that are divided into 3 sessions (4 hours each). Each of the three sessions is dedicated to a particular theme. The first focuses on sexual health, the second focuses on STIs, and the third session deals with HIV/AIDS. The document illustrates different methodologies for discussing these issues (e.g., asking the participants to define concepts, games, sociodramas).

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Peer educators

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality	Behaviour change communication Promoting key protective behaviours	–

Curriculo Educativo Proyecto PROTEJA

2002, 37 PAGES

Organisation: Vision Mundial (Dominican Republic)
<http://www.visionmundial.org.do>

Summary: This document gives an outline of the “taller” (workshop) on HIV/AIDS. The main objective of this programme was to contribute to the reduction of the prevalence and incidence of HIV/AIDS and teenage pregnancy among adolescents and youth of the Dominican Republic. To do this the organisation engaged in many different activities namely, the formation of a youth peer education group, formation of support groups for people living with HIV and AIDS, and by making an effort to include many of the municipal authorities (i.e. the local ministry of education and the ministry of health). The results of the implementation of the programme are also included in the document.

Material Type: Manual/Curriculum

Target Group: NGOs/CBOs, Peer educators

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Linkages across sectors Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	Partnerships Staff capacity

Educating Parents Today—A Resource Guide for Parents and Educators: Sexuality and Reproductive Health

2003, 572 PAGES

Organisation: Margaret Sanger Center International (MSCI)
<http://www.margaretsangercenterinternational.org>

Summary: As a training manual targeted to parents and parent educators, the goal is to disseminate accurate sexual and reproductive health information to youth. In partnership with the Government of Jamaica and the Project of Futures Group International, this Youth.now publication, written by MSCI, covers various health topics, from Teen Pregnancy to HIV/AIDS, and everything in between. Although specifically written for Jamaica and a Christian audience, this manual can be adapted to any country. It provides numerous, valuable exercises with skills-based, participatory learning techniques. It is a comprehensive guide to facilitate a healthy understanding of sexual matters, and should empower parents and youth alike to make responsible, informed choices. For a hard copy of this document, contact MSCI.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Parents, Religious leaders

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	Up-to-date programmes

Family Life Education: A Manual for Parent Educators

1997, 49 PAGES

Organisation:	Margaret Sanger Center International, South Africa http://www.mscisa.org.za
Summary:	This manual was designed for use with parent educators in Zambia. The document provides facts and strategies for communicating healthy attitudes and behaviours around sexuality and family life to young people.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Parents, Peer educators
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Gender equity	Engaging the wider community	
Healthy sexuality	Promoting key protective behaviours	
	Skills-based health education	

Filling the Gaps: Hard to Teach Topics in Sexuality Education

1998, 183 PAGES

Organisation:	SIECUS http://www.siecus.org
Summary:	This document provides suggested activities and lesson plans to supplement sexuality education programmes in schools. The material focuses on hard-to-teach topics such as condoms, unplanned pregnancy, sexual behaviour, sexual identity and orientation, and gender. The material has a particularly strong healthy sexuality perspective.
Material Type:	Manual/Curriculum, Handbook
Target Group:	Educators, Peer educators
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality	Behaviour change communication Promoting key protective behaviours Skills-based health education	Up-to-date programmes

First Nations Youth HIV/AIDS Education Manual

1998, 157 PAGES

Organisation:	Canadian HIV/AIDS Information Centre http://www.aidssida.cpha.ca
Summary:	The manual gives various choices for teaching First Nations (indigenous) students at the primary and intermediate level about HIV/AIDS and related issues. It goes beyond the pure facts and addresses potential fears and anxieties, social issues, and life skills. The goals of this education manual are: to help prevent the spread of HIV infection in the communities, and to help Aboriginal people respond in reasonable ways to the infection and to people living with AIDS. The contents include a facilitators guide, curriculum goals, approaches and design objectives, nine guiding concepts, subject integration, culturally sensitive research, twelve foundation lessons, and a list of resources. Although this manual is aimed at a very specific audience, it is a good example of how to develop an educational resource for ethnic minorities.
Material Type:	Manual/Curriculum
Target Group:	Educators, Parents
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Reduction of stigma Youth participation	—

Focus on Kids—Adolescent HIV Risk

1998, 198 PAGES

Organisation: ETR Associates
PO Box 1830
Santa Cruz, CA 95061-1830 USA

Summary: The Focus on Kids curriculum is targeted to reach higher-risk youth who frequently are absent from school and who do not have any connection with health care professionals. The programme's philosophy of education is to provide adolescents with the knowledge and skills they need to protect themselves from HIV infection. To best reach urban youth, programmes are implemented exclusively in recreation centres—not in schools or clinics. Another unique aspect is the key emphasis on community involvement and the use of "friendship groups" for peer learning enhancement and positive behaviour change.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Peer educators

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Healthy sexuality

Programme Activities:

Engaging the wider community
Linkages across sectors
Promoting key protective behaviours
Skills-based health education
Youth participation

Administrative and Managerial Capacities:

Monitoring and evaluation
Staff capacity

Formation, Manuel des Pairs Educateurs

2000, 60 PAGES

Organisation:	MASOCOT (AMASOT) BP 1467, N'Djamena, Chad Tel: (235) 525017 Email. amasot@intnet.td
Summary:	This training manual targets peer educators. It discusses behaviours to adopt for STI and HIV prevention. Presented in three parts, this handbook covers condom utilisation, communication techniques, and IEC message development. Scripts are included for short plays that can be used as IEC.
Material Type:	Manual/Curriculum
Target Group:	Peer educators
Region:	Africa
Language:	French

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Promoting key protective behaviours	–

Games for Adolescent Reproductive Health

2002, 69 PAGES

Organisation:	PATH http://www.synergyaids.com
Summary:	This manual provides games and shows how to use them to teach about reproductive health and sexuality. It was developed by a team of people who have experience in working with adolescents and are convinced that games engage learners and allow them to work through subject matters themselves in a relaxed but challenging way. Simple, but effective, games include icebreakers, card, game show, board, whole body and action, mind and word, stimulation, story, drama, and arts and crafts games, which can be used in an international context by adapting them to be culturally sensitive and useful in a wide range of programmes. The manual also includes a section to help create your own games and an extensive list of useful resources.
Material Type:	Manual/Curriculum
Target Group:	Educators, Peer educators
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Skills-based health education	—

Gender, HIV and Human Rights: A Training Manual

2000, 207 PAGES

Organisation: UNFPA/UNIFEM/UNAIDS
<http://www.unifem.undp.org>

Summary: This comprehensive training manual addresses the important issue of gender and human rights in HIV prevention. The well-written manual is not specifically addressed at young people but the sessions can be adapted for working with youth. The four sections are: 1) Challenges of the HIV/AIDS Epidemic: The Gender and Human Rights Context; 2) Gender concerns in HIV Development; 3) Gender and HIV/AIDS: A Human Rights Approach; and 4) Learnings from the Workshop. The first part gives a background describing the global situation of HIV/AIDS, highlights regional challenges within the gender framework, and defines basic epidemiology and biology of the HIV virus and gender. Parts 2-4 provide structured sessions, training aids and notes for the facilitator. This is a useful tool for anyone planning a workshop on this topic. It is culturally sensitive and could be used in different contexts.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Gender equity	Engaging the wider community	
Healthy sexuality	Reduction of stigma	
Young people's rights	Skills-based health education	

Gender or Sex: Who Cares?

Notes for Training of Trainers

2002, 63 PAGES

Organisation: IPAS/AIDS Society of the Philippines/
Health and Development Networks
<http://www.genderandaids.org>

Summary: This document provides notes relating to skills-building on gender and RH for adolescents. The resource pack itself centres on a curriculum that examines how gender can affect adolescents' sexual and reproductive health, including HIV/AIDS issues. The notes are for the training of trainers, intended to address aspects of workshop organisation, information and sample exercises, and extra workshop tools and handouts which include evaluation forms. The resource pack is particularly strong in the areas of evaluation and training methodology. It gives concrete examples and suggestions with an analysis of the learning process.

Material Type: Manual/Curriculum

Target Group: Educators

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Gender equity
Healthy sexuality

Programme Activities:

Behaviour change
communication
Promoting key protective
behaviours

**Administrative and
Managerial Capacities:**

Monitoring and evaluation
Staff capacity

Gender or Sex: Who Cares? Special Emphasis on Violence, HIV/STIs, Unwanted Pregnancy and Unsafe Abortions

2001, 89 PAGES

Organisation: IPAS and the Health and Development Network (HDN)
<http://www.synergyaids.com>

Summary: This training resource pack is targeted at professionals and volunteers who work with young people concerning the influence of gender on SRH issues. It tries to provide a workshop curriculum that incorporates suggestions and feedback from organisations in various regions of the world so that it can be easily adapted to specific cultural situations. In addition, it supports a skill-building approach to work with youth that focuses on enhancing their development into leading responsible and healthy lives with positive sexual and reproductive experiences. The pack aims to complement other materials by providing a participatory tool to differentiate gender concepts. It is a well-organised resource pack containing comprehensive background information on preparation and planning, creative curriculum exercises, background materials for use by facilitators to use as handouts, follow-up activities, and an extensive listing of references and resources. The curriculum was tested by 22 NGOs.

Material Type: Manual/Curriculum, Handbook

Target Group: Educators, NGOs/CBOs, Peer educators, Youth

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	–
Gender equity	Promoting key protective behaviours	
Healthy sexuality	Skills-based health education	
Young people's rights	Youth participation	

Hablemos: Manual de Educacion Sexual para Adolescentes y Multiplicadores

320 PAGES

Organisation: PROFAMILIA (Asociacion Dominicana Pro Bienestar de la Familia)
Calle Socorro Sanchez No. 160
Gazcue, Apartado Postal 1053
Santo Domingo, Dominican Republic
Tel. 809 6890141

Summary: This manual is designed to guide peer educators and other health educators working with youth. It includes suggestions for learning activities on a wide variety of topics affecting youth in the Dominican Republic, from communicating with their families to STI prevention. This document is very youth-focused and includes behavioural change components that affect risk behaviour in youth, such as poor self-esteem and gender inequity.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Peer Educators, Youth

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Staff capacity
Gender equity	Promoting key protective behaviours	
Healthy sexuality	Youth-friendly services	
Young people's rights	Skills-based health education	

Hands On! A Manual for Working with Youth on Sexual and Reproductive Health

2002, 188 PAGES

Organisation:	German Development Corporation (GTZ) http://www.gtz.de
Summary:	This comprehensive manual lays out useful methods and approaches in the development and implementation of sexual and reproductive health measures for young people, including strategies in HIV prevention. There are 16 separate yet complementary papers that are structured in tables, checklists, and diagrams. The first part of the manual is a step-by-step guide to a situation analysis, description of methods, tools, and monitoring. The second part contains checklists for peer education, guidelines, theatre plays, sports activities, how to work with youth groups, and cross-sectoral networking. The manual has a user-friendly layout, especially in its hardcopy format. The information is easy to follow and each section can be read separately. Includes flowcharts, tables, and outline formats for information delivery.
Material Type:	Checklist, Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education Youth-friendly services Youth participation	Monitoring and evaluation Partnerships

HIV/AIDS Training of Trainers (TOT): Peer Educators Facilitators' Manual

122 PAGES

Organisation: SAKRIYA UNIT (United Mission to Nepal)
<http://www.umn.org.np>

Summary: This manual is designed for a training of trainers for peer educators. The manual has five modules designed for peer educators and one for health workers. The contents of the training include: facts about HIV/AIDS and STIs, the reproductive system, communication, testing, culture and sexuality, values clarification, condom demonstration exercise, health education materials, and skill development. All activities have been designed as participatory and include handouts, fact sheets, role-plays, and games.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers, Peer educators

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Engaging the wider community Promoting key protective behaviours Reduction of stigma Skills-based health education	Accountability Staff capacity

Introduction to Men's Reproductive Health Services

2000, 150 PAGES

Organisation:	AVSC International (now Engender Health) http://www.EngenderHealth.org
Summary:	“Introduction to Men's Reproductive Health Services” serves as a manual for health care providers to learn the skills and sensitivity needed to work with male clients. The text contains information on initiating, providing, and expanding on a men's reproductive health services programme. The need to understand both men and women's behaviours and how they affect the risk factors involved in contracting and transmitting HIV and other STIs are emphasised. Unique to this document is a discussion on power imbalances, gender roles, and healthy sexuality. By targeting health care workers, the idea is that a more holistic approach to service will be applied, and greater male involvement will result in fewer cases of HIV infection, less domestic violence, and healthier families overall.
Material Type:	Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Staff capacity
Gender equity	Promoting key protective behaviours	
Healthy sexuality	Skills-based health education	
Young people's rights		

Introduction to Men's Reproductive Health Services: Trainer's Resource Book

2000, 170 PAGES

Organisation:	AVSC International (now Engender Health) http://www.engenderhealth.org
Summary:	The trainers guide to "Introduction to Men's Reproductive Health Services" is a curriculum for trainers to follow when teaching health care providers the skills and sensitivity needed to work with male clients. The need to understand both men and women's behaviours and how they affect the risk factors involved in contracting and transmitting HIV and other STIs are emphasised. Unique to this document is a discussion on power imbalances, gender roles, and healthy sexuality. By targeting all health care workers (whether clinical, counselling, or support personnel), the idea is that a more holistic approach to service delivery will be applied, and greater male involvement will result in fewer cases of HIV infection, less domestic violence, and healthier families overall.
Material Type:	Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Staff capacity
Gender equity	Linkages across sectors	Up-to-date programmes
Healthy sexuality	Promoting key protective behaviours	
Young people's rights	Skills-based health education	

It's Up to Us: An AIDS Education Curriculum for ESL Students and Other English Language Learners

2001, 68 PAGES

Organisation: Hostos Community College,
Department of Language and Cognition
<http://www.hostos.cuny.edu>

Summary: This document is a curriculum that provides lessons for five hours of acquired immunodeficiency syndrome (AIDS) education for young adult ESL students and other English language learners. The goal of the curriculum is to help the students develop skills to cope with social pressures that might lead to behaviours that would put them at risk for HIV infection, and it helps them make decisions that will preserve their health and the health of their families and communities. Copy-ready background materials, exercises, and activities are provided for each lesson. The curriculum can be used in a health education class as well as in small group settings where AIDS awareness and prevention is being taught.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Promoting key protective behaviours Skills-based health education	Staff capacity

Jamaican Christian Family Life Education: A Resource Guide for Educators and Facilitators

2003, 464 PAGES

Organisation: Margaret Sanger Center International (MSCI)
<http://www.margaretsangercenterinternational.org>

Summary: This training manual serves as a resource guide for educators and facilitators, particularly Christian religious leaders and faith groups, in the area of sexual and reproductive health. It has a large HIV prevention component, as well as information on a variety of topics including puberty, adolescence, parenting, health, family planning, contraception, sexual abuse, domestic violence, self-esteem, and more. Written by an experienced health trainer of parents, educators, and health professionals in many diverse countries, the manual is culturally sensitive and easy to follow. Although it was written specifically for a Jamaican audience, its contents can be adapted for use in any country. The guide promotes a participatory approach to learning, involving youth, parents, and religious leaders alike to work together in skills building and STI prevention. For a generic hardcopy, contact MSCI. For an electronic copy, search FHI.org.

Material Type: Manual/Curriculum

Target Group: NGOs/CBOs, Religious leaders

Region: Latin America and the Caribbean

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	Up-to-date programmes
	Youth participation	

Le SIDA Parlons-en: Guide de Developpement des Messages sur les IST/VIH/SIDA

2001, 113 PAGES

Organisation:	ONUSIDA/UNAIDS, Center for Communication Programs http://www.unaids.org
Summary:	This manual contains information on the characteristics of vulnerable groups. Its goal is to help educators to adapt messages in their programmes to particular target groups.
Material Type:	Manual/Curriculum
Target Group:	Educators
Region:	Africa
Language:	French

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Promoting key protective behaviours Reduction of stigma Skills-based health education	–

Life Skills and HIV/AIDS Education

1999, 161 PAGES

Organisation:	Planned Parenthood Association of South Africa http://www.ppasa.org.za
Summary:	This manual was designed for teachers in South Africa in order to address the need for sexuality and life skills material appropriate for younger learners.
Material Type:	Manual/Curriculum
Target Group:	Educators, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Promoting key protective behaviours	–

Life Skills Guide Book for Adolescents

2001, 126 PAGES

Organisation:	UNICEF http://www.unicef.org
Summary:	This document is designed to provide information on life skills for young people in Nepal in order to help them make responsible decisions. The contents covered include: life skills, HIV prevention, setting goals for yourself, interpersonal relationships, managing emotions and stress, responsible decision-making and problem-solving, and taking control of your life. This document is in Nepali.
Material Type:	Manual/Curriculum, Handbook
Target Group:	Educators, NGOs/CBOs, Peer educators, Youth
Region:	Global
Language:	Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	Accountability Fiscal sustainability Partnerships Staff capacity Up-to-date programmes

Life Skills Manual

2000, 320 PAGES

Organisation:	Peace Corps http://www.peacecorps.gov
Summary:	This manual consists of over 50 lesson ideas that can be used with youth clubs, women's clubs, etc. The manual was written especially for youth work and with a particular focus on HIV prevention work. In addition to the lesson plans, the document includes some lessons learnt regarding peer education, sample schedules, and facilitation guidelines.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Engaging the wider community Promoting key protective behaviours Skills-based health education	Staff capacity

Making A Difference!

An Abstinence-Based Approach to HIV/STD and Teen Pregnancy Prevention

(A Be Proud! Be Responsible! Curriculum)

2002, 150 PAGES

Organisation:	National Institute of Mental Health and the Center for Urban Health Behavior and Communication Research Published by Select Media, Inc. 18 Harrison Street – 5th floor, New York, NY 10013 USA
Summary:	“Making a Difference!” is an adaptation of the “Be Proud! Be Responsible!” curriculum designed with the goal of reducing the risk of HIV infection among inner-city youth. “Making a Difference” is described as an abstinence-based curriculum because it focuses on encouraging the knowledge, attitudes, and skills young people should have for achieving abstinence in their relationships. In route toward an initiative of HIV prevention, the goal of this curriculum is to “reduce the incidence of sex (vaginal, anal, oral) among young adolescents.” There is no discussion of contraceptives, such as condoms, in the manual. Implementation of this curriculum in schools or youth-serving agencies in the community is recommended, and teachers have access to warm-up activities that facilitate small group learning.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer Educators, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education Youth participation	Monitoring and evaluation Partnerships Staff capacity

Manual de Facilitacion: Sexualidad Emociones y Cuerpo

2000, 120 PAGES

Organisation:	Coordinadora de Animacion Socio-Cultural (CASCO) and Asociacion Dominicana Pro Bienestar de la Familia (PROFAMILIA) Coordinadora de Animacion Socio-Cultural (CASCO) Profesor Esteban Suazo No.15 Urbanización Antillas Santo Domingo, Dominican Republic Tel. 809 5349514 Email. casco@codetel.net.do PROFAMILIA Calle Socorro Sanchez No. 160 Gazcue, Apartado Postal 1053 Santo Domingo, Dominican Republic Tel. 809 6890141
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Summary:	This document is a manual to facilitate HIV/AIDS and STI educational sessions for youth. It is comprised of several activities that a health educator or peer educator can do with youth in order to facilitate learning about HIV prevention in an interesting and interactive way. The manual includes a wide range of activities from skits to games. The range of topics is as diverse, ranging from self-esteem to condom use.
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Material Type:	Manual/Curriculum, Checklist, Guidelines, Report, Tool kit
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Target Group:	Educators, Government, Health providers, NGOs/CBOs, Youth
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Region:	Global
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Language:	English
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ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Staff capacity
Gender equity	Promoting key protective behaviours	
Healthy sexuality	Skills-based health education	
Young people's rights	Youth participation	

Manual Para Facilitadores: Proyecto de Educacion Sistemica a Jovenes Pre-Joven 2000

2000, 77 PAGES

Organisation: Amigos Siempre Amigos
Alle Galvan No. 11A
Gazcue Santo Domingo
Dominican Republic
Tel. 809 6898529

Summary: This document is a manual for HIV/AIDS youth peer educators in a programme initiated by Amigos Siempre Amigos, which is an NGO working to prevent HIV among men who have sex with men. The objectives of the programme include to: 1) contribute to an increase in knowledge about how HIV/AIDS is spread and how it can be prevented; 2) increase coverage of health services aimed at the HIV positive through referrals, medical and mental health services, counselling, emotional support as well as logistical support; 3) contribute to the sensitisation of the need for people to incorporate preventive measures in their sexual practices; 4) strengthen and expand the social marketing of condoms and increased incorporation of condoms in sexual practices through education that increases the capacity for condom negotiation among partners; and 5) develop beneficiaries through actions that reinforce their self-esteem, reaffirm their sexual identity and give them tools to help them be conscious of social diversity. The outlined themes of the manual are sexuality, HIV infection, psychological aspects of HIV infection, and being a facilitator.

Material Type: Manual/Curriculum

Target Group: NGOs/CBOs, Peer educators, Youth

Region: Latin America and the Caribbean

Language: Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Linkages across sectors Promoting key protective behaviours	Staff capacity

Manual Para Mensajeros de Salud: Para la Prevencion de las ITS y el VIH/SIDA

2002, 94 PAGES

Organisation:	Centro de Promocion Solidaridad Humana (CEPROSH) San Felipe No. 7 Puerto Plata, Dominican Republic Tel. 809 5868987/3208717
Summary:	This document serves as a manual for volunteer health educators working for CEPROSH, which works in HIV prevention among sex workers in the Dominican Republic. This manual gives basic information about CEPROSH and the role of health volunteers. It outlines activities to teach about self-esteem, sex and gender, STIs, the correct use of a condom, as well as information on Law 55-93 in the Dominican Republic, which proclaims HIV/AIDS education as a right of all people. This document is not specifically targeted towards youth. However, this document could easily be adapted to target youth.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs
Region:	Latin America and the Caribbean
Language:	Spanish

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Behaviour change communication Linkages across sectors Promoting key protective behaviours	Staff capacity

MARCH—A Skill Building Curriculum for Fifth and Sixth Grade Boys

2002

Organisation:	Planned Parenthood of San Diego and Riverside Counties http://www.planned.org
Summary:	MARCH (Males Acting Responsibly for Community and Health) aims to reach pre-adolescent boys before they become exposed to the dominating social pressures of junior high school. The MARCH programme curriculum encourages skill building in pregnancy prevention, relationship violence, STI, and HIV prevention. More importantly, the skills learnt in the programme will give participants a foundation for making wise decisions throughout their lifetime, as reflected in their motto, “Learning Today, Leading Tomorrow.” The curriculum includes lesson layouts and activities for the community mentor/educator; topics touch on gender roles, risky behaviours, and saying no.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education	Monitoring and evaluation Staff capacity

Men As Partners—A Program for Supplementing the Training of Life Skills Educators, Second Edition

2001, 295 PAGES

Organisation:	Engender Health and Planned Parenthood Association of South Africa (PPASA) http://www.engenderhealth.org
Summary:	The Men As Partners (MAP) programme is designed to work with men on reproductive health issues within a gender framework. Men between the ages of 16 and 60 years old participate in the programme and learn from a motivational curriculum promoting gender equity, cultural sensitivity, and HIV prevention. Other sections include examining domestic violence and developing an understanding of sexual assault. Trainers and life skills educators can use this manual to facilitate community programmes, leading groups of men and mixed-gender groups.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer educators
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Gender equity	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education	Staff capacity

Muslim Family Life Education: A Resource Guide for Educators and Facilitators

2002, 449 PAGES

Organisation:	Margaret Sanger Center International (MSCI) http://www.margaretsangercenterinternational.org
Summary:	This training manual serves as a resource guide for educators and facilitators, particularly Islamic religious leaders and faith groups, in the area of sexual and reproductive health. It has a large HIV prevention component, as well as information on a variety of topics including puberty, adolescence, parenting, health, family planning, contraception, sexual abuse, domestic violence, self-esteem, and more. Written by an experienced health trainer of parents, educators, and health professionals in many diverse countries, the manual is culturally sensitive and easy to follow. Each section of the guide begins with suras selected from the Quran that relate thematically. The guide also promotes a participatory approach to learning, involving youth, parents, and religious leaders alike to work together in building skills and STI prevention.
Material Type:	Manual/Curriculum
Target Group:	NGOs/CBOs, Religious leaders
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Reduction of stigma	
	Skills-based health education	
	Youth participation	

My Future is My Choice

2003, 83 PAGES

Organisation:	UNICEF/Namibian Ministry of Basic Education and Sport http://www.unicef.org
Summary:	This training manual is meant to help educators provide young people with life skills to enable them to make healthy decisions about their sexual lives. The main objectives of the My Future is My Choice project in Namibia, for which this manual was created, were to: prevent young people from becoming infected with HIV; provide young people with facts about sexual health, pregnancy, STIs, and HIV/AIDS; and improve the decision-making skills of young people; and improve the communication between boys and girls, between friends, between young people and their parents and their community. This manual aims to meet those objectives through participatory activities.
Material Type:	Manual/Curriculum
Target Group:	Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality	Behaviour change communication Promoting key protective behaviours Youth participation	Staff capacity

My Future is My Choice: Extra Curricular Life Skills Training Manual—Facilitator’s Manual (for Adolescents)

1999, 103 PAGES

Organisation: The Youth Health and Development Program
Government of Namibia/UNICEF
http://www.unicef.org/lifeskills/mfmc_facilitator_manual.pdf

Summary: My Future Is My Choice is a 10-session HIV prevention programme aiming to give young people the information and life skills they need to make decisions about their future. The package was developed by the Namibian Ministry for Education and Culture, the Ministry for Youth and Sports, and UNICEF. This part of the package is targeted at adolescent facilitators explaining their role and guiding them to help and empower their peers. Topics range from body knowledge to decision-making skills, and each session is well-structured and clearly explained with instructions on objectives and activities. This life skills training manual was revised twice based on feedback from facilitators and learners, and was implemented by the Youth Health and Development Programme Team of UNICEF-Namibia, with support from many NGOs. The material for some of the sessions does not claim to be original.

Material Type: Manual/Curriculum

Target Group: Peer educators, Educators

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality Gender equity	Promoting key protective behaviours Behaviour change communication Skills-based health education	Staff capacity

My Future Is My Choice: Extra Curriculum Life Skills Training Manual—Trainer of Trainers Manual

2001, 25 PAGES

Organisation: The Youth Health and Development Program
Government of the Republic of Namibia/UNICEF
<http://www.unicef.org>

Summary: My Future Is My Choice (MFMC) is a 10-session HIV prevention programme aiming to give young people the information and life skills they need to make decisions about their future and to protect themselves from HIV/AIDS. The package consists of four parts: for youth clubs, for parents, for facilitators, and for trainers. This training manual for trainers is based on the original manual developed by Efraim Lipinge in April 2000. The Youth Health and Development Program Team of UNICEF-Namibia developed the revision process for the training of trainers. It is designed to meet their overall objectives to better serve young people. The step-by-step curriculum allows trainees to gain extensive practical experience during the training process.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Promoting key protective behaviours Skills-based health education	Staff capacity

My Future is My Choice (Manual)

1999, 199 PAGES

Organisation:	UNICEF/Government of Namibia http://www.unicef.org
Summary:	My Future is My Choice was designed as an interactive programme for young people aged 15-18. This manual covers group activities for a maximum of 25 boys and girls together. In some schools the age range has been expanded to reach young people 14-19.
Material Type:	Manual/Curriculum
Target Group:	Educators, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Behaviour change communication Promoting key protective behaviours	–

Our Whole Lives: Sexuality Education for Grades 4-6

2000, 106 PAGES

Organisation:	Unitarian Universalist Association, United Church Board Homeland Ministries 25 Beacon Street Boston, MA 02108 USA
Summary:	The “Our Whole Lives” guide to sexual education for 4th, 5th, and 6th graders is a holistic, inclusive, and developmentally appropriate curriculum. The 4-6 curriculum is one of five in the “Our Whole Lives” series, which is designed to help adolescents gain knowledge, values, and skills to lead sexually responsible and healthy lives. The programme is organised into eight sessions; topics range from Values and Sexuality to Decision Making. Session six is devoted to Health and Safety, and includes facts and activities that relate to HIV/AIDS and STI prevention and education. Programme values promoting self-worth, sexual health, responsibility, justice, and inclusivity add a refreshing, up-to-date component to sexual education. Youth participation is encouraged in the programme, and community members such as parents and religious leaders better its goals with their involvement.
Material Type:	Manual/Curriculum
Target Group:	Educators, Peer educators, Youth
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Promoting key protective behaviours	Staff capacity
Young people’s rights	Skills-based health education	Up-to-date programmes
	Youth participation	

Our Whole Lives: Sexuality Education for Grades 7-9

1999, 341 PAGES

Organisation: Unitarian Universalist Association and
the United Church Board Homeland Ministries
25 Beacon Street
Boston, MA 02108 USA

Summary: Our Whole Lives guide to sexual education for 7th to 9th graders is a holistic, inclusive, and developmentally appropriate curriculum. It is designed to help adolescents gain knowledge, values, and skills to lead sexually responsible and healthy lives. The manual is organised into twenty-seven 90-minute sessions, divided into 11 units. Unit 9 is specifically catered to discussing STIs and prevention, including HIV/AIDS. Programme values promoting self-worth, sexual health, responsibility, justice, and inclusivity add a refreshing, up-to-date component to sexual education. Youth participation is encouraged in the programme, and community members such as parents and religious leaders better its goals with their involvement.

Material Type: Manual/Curriculum

Target Group: Educators, Parents, Peer educators, Youth

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Promoting key protective behaviours	Up-to-date programmes
Young people's rights	Skills-based health education	
	Youth participation	

Our Whole Lives: Sexuality Education for Grades 10-12

2000, 259 PAGES

Organisation: Unitarian Universalist Association
United Church Board Homeland Ministries
25 Beacon Street
Boston, MA 02108 USA

Summary: Our Whole Lives guide to sexual education for 10th, 11th, and 12th graders is a holistic, inclusive, and developmentally appropriate curriculum. More specific themes center around sexual health (including HIV prevention), lifespan sexuality, building healthy sexual relationships, and sexuality and social issues, which offer a more mature perspective to sex education compared to the younger-focused curricula. The programme is organised into 12 sessions that can be flexibly integrated in the classroom, weekend retreats, or weekly workshops. Programme values promoting self-worth, sexual health, responsibility, justice, and inclusivity add a refreshing, up-to-date component to sexual education. Youth participation is encouraged in the programme, and community members such as parents and religious leaders better its goals with their involvement.

Material Type: Manual/Curriculum

Target Group: Educators, Peer educators, Youth

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Promoting key protective behaviours	Up-to-date programmes
Young people's rights	Skills-based health education	
	Youth participation	

“Planning our Response to HIV/AIDS”: A Step-by-Step Guide to HIV/AIDS Planning for the Anglican Communion

2001, 80 PAGES

Organisation: Policy Project
<http://www.policyproject.com>

Summary: Delegates of the first all-African Anglican HIV/AIDS conference in August 2001, including representatives from all levels of the Anglican community, all church provinces of Sub-Saharan Africa, people living with HIV and AIDS, international donor organisations, civil society and governmental departments produced a framework report to guide the Anglican Communion in their local HIV/AIDS planning. The planning process is divided into five steps: situational analysis; identifying issues, solutions and options; making strategic choices; developing objectives and activities; and monitoring and evaluation. The manual is designed to be interactive and aims to provide simple tools to assist in creating realistic and context-specific plans. Each step includes possible outcomes, resources and time needed, methods for putting the model into practice – including detailed activities, “talking notes” that help with questions, information for stimulating discussions, and summaries. The appendices with flow charts, activity organisers, facilitation tips, a resource list, and commonly asked questions can be read separately. Prevention is one of the six-fold communions of ministry in response to AIDS, and there is a specific mention of children/youth. This planning tool is very user-friendly and one of the very few religious publications on the issue.

Material Type: Manual/Curriculum

Target Group: Government, NGOs/CBOs, Religious leaders

Region: Africa

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community Reduction of stigma	Monitoring and evaluation Partnerships

Positive Images—Teaching Abstinence, Contraception, and Sexual Health, Third Edition

2001, 188 PAGES

Organisation: Planned Parenthood of Greater Northern New Jersey, Inc.
<http://www.ppgnj.org>

Summary: As a manual that aims to present a positive approach to contraception and reproductive health services, “Positive Images” can be used to strengthen STI and HIV prevention programmes or to be integrated into a sexual education curriculum. It has a focus on young people’s rights, and provides information and skill building activities centred around gender equality, healthy decision making, human sexuality, and sexual orientation. Parent communication and community involvement are encouraged. Another manual called “AIDS Aids: HIV Prevention Education for Puberty-Age Youth,” is also published by Planned Parenthood of Greater Northern New Jersey, Inc.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers, Peer educators, Youth

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community	Staff capacity
Healthy sexuality	Policies and political leadership	Up-to-date programmes
Young people’s rights	Promoting key protective behaviours	
	Skills-based health education	

Project H—Working With Young Men To Promote Health and Gender Equity

2002, 314 PAGES

Organisation: Instituto PROMUNDO
<http://www.promundo.org.br>

Summary: The Project H manual was developed especially for health educators, teachers, and programme planners, under the premise that young men and boys should be included in adolescent health initiatives, and therefore be viewed as allies, not as obstacles. Guiding approaches of healthy sexuality, cultural sensitivity, gender equity, and young people's rights are discussed prevalently throughout the volume. Gender is a topic of heavy reliance, questioning traditional definitions of manliness and factors of socialisation. The five sections included in the Working With Young Men series are: 1) Sexuality and Reproductive Health; 2) Fatherhood and Caregiving; 3) From Violence to Peaceful Coexistence; 4) Reasons and Emotions; and 5) Preventing and Living with HIV/AIDS. They contain theoretical background as well as participatory activities to facilitate group work with male youth. The series also provides an accompanying video "Once Upon a Boy".

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity		
Healthy sexuality	Linkages across sectors	
Young people's rights	Promoting key protective behaviours	

Refresher Training Curriculum of School/College Student Peer Educators

2000, 96 PAGES

Organisation:	BP Memorial Health Foundation P.O. Box 9694 Suruchi Marga, New Baneshwar Kathmandu, Nepal Tel. 977114780076 or 4780861 Email. bpmhf@ecomail.com.np
Summary:	This curriculum was designed for a five-day training for student peer educators after they have received basic training. It includes objectives for each session. The manual covers aspects of adolescent reproductive health, sex and sexuality, HIV/AIDS/STI transmission and prevention, peer education and communication skills, and life skills. The manual includes handouts in Nepali.
Material Type:	Manual/Curriculum, Checklist, Guidelines, Report, Tool kit
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Youth
Region:	Global
Language:	English/Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Promoting key protective behaviours	Partnerships
Healthy sexuality	Reduction of stigma	Staff capacity
	Skills-based health education	
	Youth participation	

Reproductive Health for Young Adults

2003

Organisation:	Family Health International (FHI) http://www.fhi.org
Summary:	This web-based module is designed to increase the awareness and understanding of the reproductive health needs of young adults among policymakers, programme directors, programme planners, and health care providers. It is also designed to enable these audiences to provide more adequate health services to youth. Section 1 of the module focuses on reproductive health issues of young adults including risk of HIV/AIDS. Section 2 provides information on how to reach adolescents. Section 3 discusses contraception options for adolescents including the proper use of a condom. Section 4 discusses the need for prioritising STI/HIV prevention treatment in adolescents. The module then offers a quick online test of the information covered in the 4 sections.
Material Type:	Manual/Curriculum
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Peer educators
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality	Behaviour change communication Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Skills-based health education Youth participation	Partnerships Staff capacity Up-to-date programmes

Reproductive Health Services for Adolescents

2002, 230 PAGES

Organisation:	Pathfinder International http://www.pathfind.org
Summary:	This comprehensive training manual helps providers understand the importance of adolescent reproductive health, including desired state of general and reproductive health, stages of adolescent development, and reproductive rights of adolescents. It touches on the discussion of vulnerabilities of adolescents, behaviour, life and communication skills needed to talk to adolescents as well as promote sexual and reproductive health within their age group. Emphasis is placed on protective behaviours, such as contraceptive options and safe sex practices, especially with respect to HIV prevention. Topics such as sexual identity, sexual orientation and sexual abuse are addressed, and methodologies for providing youth-friendly services and evaluation are introduced.
Material Type:	Manual/Curriculum
Target Group:	Health providers
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Promoting key protective behaviours	Accountability
Healthy sexuality	Youth-friendly services	Monitoring and evaluation
Young people's rights		Partnerships
		Staff capacity

Responsible Teenage Sexuality

2002, 311 PAGES

Organisation:	Planned Parenthood Association of South Africa http://www.ppasa.org.za
Summary:	This manual covers sensitive sexual and reproductive health issues of concern to young people. The approach used in the document is designed to enable counsellors to provide comfortable and honest communication with young people.
Material Type:	Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Skills-based health education	Staff capacity

The Rights of Children and Youth Infected and Affected by HIV/AIDS

2001, 161 PAGES

Organisation:	Save the Children, South Africa http://www.savethechildren.net
Summary:	This curriculum is divided into four modules with the following objectives: to raise awareness of the rights of children and youth, especially as they relate to HIV/AIDS; to develop an understanding of the ways in which children's and youth rights are abused in the context of HIV/AIDS; to enhance the capacity of children and youth, their care givers, and service providers to recognise and realize these rights; and to respond to the HIV/AIDS epidemic in a rights-based manner.
Material Type:	Manual/Curriculum, Handbook
Target Group:	Educators, NGOs/CBOs, Peer educators, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality Young people's rights	Behaviour change communication Engaging the wider community Reduction of stigma Skills-based health education Youth-friendly services	–

Safer Choices: Preventing HIV, Other STD and Pregnancy—Implementation Manual

1998, 205 PAGES

Organisation:	ETR Associates and The Center for Health Promotion Research and Development, University of Texas-Houston, Health Science Center ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	The Safer Choices Implementation Manual provides detailed HIV prevention programme information through five components: School Organization, Curriculum and Staff Development, Peer Resources and School Environment, Parent Education, and School-Community Linkages. Within each component there are key activities and materials, including how to recruit programme coordinators, how to conduct a peer team orientation and training, and how to implement presentations, homework assignments, and develop parent newsletters. To best learn from this manual, one should be familiar with the Safer Choices programme, of which Level 1 and 2's teacher's guide, student workbook, and peer leader training guide, are included in this compendium.
Material Type:	Manual/Curriculum
Target Group:	Educators, Government, NGOs/CBOs
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
–	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education Youth participation	Fiscal sustainability Monitoring and evaluation Partnerships Staff capacity

Safer Choices: Preventing HIV, Other STD and Pregnancy—Level 1 Teacher’s Manual

1998, 283 PAGES

Organisation:	ETR Associates and The Center for Health Promotion Research and Development University of Texas-Houston, Health Science Center ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	The Teacher’s Manual for Level 1 of the Safer Choices curriculum contains ten lesson units and is used in teaching HIV prevention skills to youth in the first year of a two-year programme. The programme is designed to reduce the number of high school students participating in unprotected sex. Delaying sexual onset is encouraged, as well as condom promotion to those students who are sexually active. Objectives of the programme include increasing student knowledge of HIV and other STIs, promoting positive attitudes about choosing not to have sex, changing risk behaviours, and increasing communication with parents. The manual provides handouts and helpful hints on how to implement discussion, activities, role-plays, homework, and use of peer leaders. To get the most of the programme, access the complete Safer Choices programme contents, including Level 1 and Level 2 Student and Peer Leader Workbooks.
Material Type:	Manual/Curriculum
Target Group:	Educators
Region:	Global
Language:	North America

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

Safer Choices: Preventing HIV, Other STD and Pregnancy—Level 2 Teacher’s Manual

1998, 271 PAGES

Organisation:	ETR Associates and The Center for Health Promotion Research and Development University of Texas-Houston, Health Science Center ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	The Teacher’s Manual for Level 2 of the Safer Choices curriculum contains ten lesson units and is used in the second year of the programme to reinforce Level 1’s teaching of HIV prevention skills to youth. The programme is designed to reduce the number of high school students participating in unprotected sex. Delaying sexual onset is encouraged, as well as condom promotion to those students who are sexually active. Objectives of the programme include increasing student knowledge of HIV and other STIs, promoting positive attitudes about choosing not to have sex, changing risk behaviours, and increasing communication with parents. The manual provides handouts and helpful hints on how to implement discussion, activities, role-plays, homework, and use of peer leaders. To get the most of the programme, access the complete Safer Choices programme contents, including Level 1 and Level 2 Student and Peer Leader Workbooks.
Material Type:	Manual/Curriculum
Target Group:	Educators
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

Safer Choices: Preventing HIV, Other STD and Pregnancy—Peer Leader Training Guide

1998, 145 PAGES

Organisation:	ETR Associates and The Center for Health Promotion Research and Development University of Texas-Houston, Health Science Center ETR Associates PO Box 1830 Santa Cruz, CA 95061-1830 USA
Summary:	The Safer Choices Peer Leader Training Guide is made for educators and programme planners and provides materials on how to train and recruit peer leaders in HIV prevention. Developed because of the understanding that same-age peers as classroom facilitators coupled with a classroom teacher have a positive impact on health education for youth, the training guide offers detailed input to make this cohort successful. It supplies Level 1 and 2 classroom activities including worksheets, role-play examples, and helpful hints. In conjunction with this training guide, utilise the Peer Leader Workbook as well, and familiarise yourself with the Safer Choices programme.
Material Type:	Manual/Curriculum, Checklist, Guidelines, Report, Tool kit
Target Group:	Educators, Government, Health providers, NGOs/CBOs, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
–	Promoting key protective behaviours Skills-based health education Youth participation	Staff capacity

School-School Intervention Impact Model

1999, 48 PAGES

Organisation:	UNAIDS and Health Economics and Financing Program Health Policy Unit, London School of Hygiene and Tropical Medicine (LSHTM) http://www.unaids.org
Summary:	This manual teaches users how to use a specific computer programme – School, Version 2.0, which is a simulation model that can be used to determine the effectiveness of various HIV/AIDS interventions in school settings. The extent to which a school-based intervention may alter HIV infection is estimated using a range of context specific inputs. The intention is that this programme be used to provide intervention specific insights for policymakers and programme planners.
Material Type:	Manual
Target Group:	Educators, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
–	Skills-based health education	Monitoring and evaluation

STAR—A Skill Building Curriculum for Fifth and Sixth Grade Girls

2002, 171 PAGES

Organisation:	Planned Parenthood of San Diego and Riverside Counties http://www.planned.org
Summary:	STAR (Sisters Together Acting Responsibly) aims to reach pre-adolescent girls before they become exposed to the dominating social pressures of junior high school. Like the MARCH programme for boys, the STAR curriculum encourages skill building in pregnancy prevention, relationship violence, STI, and HIV prevention. More importantly, the skills learnt in the programme will give participants a foundation for making wise decisions throughout their lifetime, as reflected in their motto, "Learning Today, Leading Tomorrow." The curriculum includes lesson layouts and activities for the community mentor/educator; topics touch on gender roles, risky behaviours, and saying no.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer educators
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community Linkages across sectors Promoting key protective behaviours Skills-based health education	Monitoring and evaluation Staff capacity

S.T.A.T.S.—Sex, Teen, AIDS: Take Em’ Serious—Curriculum and Activities Guide

2000, 36 PAGES

Organisation:	March of Dimes and Alpha Phi Alpha Fraternity, Inc. March of Dimes Resource Center 1275 Mamaroneck Avenue White Plains, NY 10605 USA Tel. 888-MODIMES
Summary:	The S.T.A.T.S. guide and accompanying video focuses on safe sex and contraception issues for young people who choose to be sexually active. Youth service providers can flexibly use the Curriculum and Activities Guide depending on the number of sessions and specialised needs of the young people with whom they are working. The centrepiece of these materials is the 20-minute video, but facilitators are encouraged to creatively incorporate additional forms of media. Discussion and youth participation are enhanced in this way, as, for example, rap lyrics or movie clips help get a message across or serve as a reflection of the participants’ culture. Through S.T.A.T.S., young people will be exposed to alternative ways to solve problems by learning about the consequences of unhealthy decision making, teen pregnancy, as well as STIs and HIV/AIDS.
Material Type:	Manual/Curriculum
Target Group:	Educators, Health providers, NGOs/CBOs, Peer educators, Youth
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness Healthy sexuality	Behaviour change communication Promoting key protective behaviours Skills-based health education Youth participation	–

Stepping Stones

1998, 178 PAGES

Organisation:	CERSA/MRC/PPASA Planned Parenthood Association of South Africa http://www.ppasa.org.za
Summary:	Stepping Stones is a workshop series designed to promote sexual and reproductive health, addressing gender, sexual health, HIV/AIDS, gender-based violence, and communication and relationship skills. The material places sexual relationships within a broader context of relationships with sexual partners, families, community and the society in which young people live. The activities provide opportunities for participants to examine their values and attitudes toward gender and relationships and to build on their knowledge of aspects of sexual health and HIV/AIDS and communication around these issues.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Parents, Peer educators, Youth
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	–
Gender equity	Engaging the wider community	
Healthy sexuality	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	

Teachers' Training Manual on Adolescent Health and HIV Prevention

2003, 121 PAGES

Organisation: BP Memorial Health Foundation
P.O. Box 9694
Suruchi Marga, New Baneshwar
Kathmandu, Nepal
Tel. 977114780076 or 4780861
Email. bpmhf@ecomail.com.np

Summary: This training curriculum is meant to enhance the knowledge and skills of teachers in issues of adolescent health and development and HIV prevention. The contents include sections on adolescent reproductive health and development, life skills, communication skills, sex and sexuality, human reproductive system, anatomy and physiology, gender, rights, STIs, HIV/AIDS, counselling, responding to challenging questions, and the responsibility of teachers. The manual was designed for a four-day training.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Youth

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Fiscal sustainability
Healthy sexuality	Promoting key protective behaviours	Partnerships
Young people's rights	Reduction of stigma	Staff capacity
	Skills-based health education	

Teaching With Sex, Etc.—Articles and Activities

2002, 161 PAGES

Organisation:	Network for Family Life Education/Center for Applied Psychology, Rutgers University http://www.sxetc.org
Summary:	Included in the “Teaching with Sex, Etc.” manual are newsletter articles and activities that center on sexual reproductive health concerns for educators to implement in the classroom. Topics range from Abstinence and Sexual Decision-Making, Love and Relationships, Contraception, STIs including HIV, and Pregnancy Issues. Unique to this manual is a strong sense of youth participation, understanding, and voice. The Network for Family Life Education publishes this newsletter three times a year. It is written by teens, for teens, on the subject of sexuality and health issues.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer educators, Youth
Region:	North America
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Staff capacity
Gender equity	Linkages across sectors	
Young people's rights	Skills-based health education	
	Youth participation	

A Topic Guide for Individual Interviews and Focus Group Discussions With Young People: Partner Selection, Sexual Behavior and Risk Taking

2000, 52 PAGES

Organisation:	Safe Passages to Adulthood http://www.socstats.soton.ac.uk
Summary:	This tool is one of a series developed by the Safe Passages to Adulthood programme, which attempts to generate knowledge that will lead to more effective sexual and reproductive health programmes. It is divided into two sections of in-depth interviews and focus group discussions. Within each section are a series of topic lists about sexual development and sexual experience versus inexperience, risk taking behaviours (including STIs and HIV/AIDS), use of sexual and reproductive health services, etc. The research tool is concise yet comprehensive, and allows modifications in order to gain information in culturally sensitive ways.
Material Type:	Methodology
Target Group:	Educators, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	–	Monitoring and evaluation
Gender equity		Up-to-date programmes
Healthy sexuality		
Young people's rights		

Trainer's Manual

2003, 65 PAGES

Organisation:	Namibian Ministry of Health and Social Services Private Bag 13198 Windhoek, Namibia
Summary:	This manual is used by health service providers to train youth facilitators as well as other service providers in sexual and reproductive health.
Material Type:	Manual/Curriculum
Target Group:	Health providers, Youth
Region:	Africa
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity Healthy sexuality Young people's rights	Youth participation	Partnerships Staff capacity

Trainer's Resource Guide: Working With Men on Issues of Adolescent Sexual and Reproductive Health

2003, 446 PAGES

Organisation: Margaret Sanger Center International (MSCI)
<http://www.margaretsangercenterinternational.org>

Summary: This resource manual is aimed at improving the health knowledge and skills of adolescents and youth providers. More specifically, it targets men and male leaders in the community as agents of positive change. Topics include Men's Health, Social Constructs of Human Sexuality, Men and Gender Roles, Role of Men in Family Planning, Values and Attitudes, Anatomy and Physiology, and much more, with easy to follow steps and methodologies. Culturally appropriate and up-to-date, it is a pertinent guide for training in HIV prevention using male involvement in programming. Contact MSCI for more information on the Jamaica Adolescent Reproductive Health Project.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers, NGOs/CBOs

Region: Global

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Engaging the wider community	Partnerships
Gender equity	Promoting key protective behaviours	Staff capacity
Healthy sexuality	Skills-based health education	Up-to-date programmes
	Youth participation	

Training and Resource Manual on School Health and HIV/AIDS Prevention

2001, 150 PAGES

Organisation:	Education International/WHO/Education Development Center, Inc. http://www.ei-ie.org
Summary:	This manual is the culmination of an international effort by Education International and various other organisations to mobilise and support teacher trade unions in their efforts to instruct their students on HIV/AIDS and STIs. This manual provides resources (including fact sheets and accurate information and data about HIV/STI) and examples of interactive skill-building activities. These tools can strengthen teaching and advocacy skills of teachers and trade union leaders. The manual can support and increase unions' efforts to apply their unique capacities and experiences to strengthen HIV-related curricula and training programmes for teachers and other members of the community.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Healthy sexuality	Engaging the wider community Linkages across sectors Policies and political leadership Promoting key protective behaviours Reduction of stigma	Staff capacity

Training Curriculum/Manual of School/ College Student Peer Educators

1999, 140 PAGES

Organisation: BP Memorial Health Foundation
P.O. Box 9694
Suruchi Marga, New Baneshwar
Kathmandu, Nepal
Tel. 977114780076 or 4780861
Email. bpmhf@ecomail.com.np

Summary: This manual was designed for a basic five-day training for student peer educators. The topics covered in the manual include: adolescent reproductive health, sex and sexuality, HIV/AIDS/STI prevention and transmission, condom usage, the socioeconomic impact of HIV/AIDS, peer education, communication skills, delaying sex, and drug and alcohol abuse. The methodologies included in the manual are participatory, including group work, discussions, and role-play.

Material Type: Manual/Curriculum

Target Group: Educators, Peer educators, Youth

Region: Asia/Pacific

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Promoting key protective behaviours	Partnerships
Healthy sexuality	Reduction of stigma	Staff capacity
	Skills-based health education	Up-to-date programmes
	Youth participation	

Training Manual for Our Whole Lives: Sexuality Education for Grades 7-9, Implementation Workshop

1999, 98 PAGES

Organisation: Unitarian Universalist Association
United Church Board Homeland Ministries
25 Beacon Street
Boston, MA 02108 USA

Summary: The Training Manual for Our Whole Lives Sexuality Education for Grades 7-9 offers details on implementing a “how-to” workshop in preparing participants to utilise the OWL junior high school curriculum. After the three-day workshop, educators should have a more in-depth understanding of the curriculum. It is aimed to be holistic, inclusive, and developmentally appropriate. It is designed to help adolescents gain knowledge, values, and skills to lead sexually responsible and healthy lives. Youth participation and peer education is encouraged in the programme, and community members such as parents and religious leaders better its goals with their involvement. Case studies such as “What Would You Do If?” or “Handling Problem Participants” help teachers going through the training to feel confident and ready to implement the curriculum in the classroom.

Material Type: Manual/Curriculum

Target Group: Educators, NGOs/CBOs, Peer educators

Region: North America

Language: English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Promoting key protective behaviours	Staff capacity
Young people’s rights	Skills-based health education	Up-to-date programmes

Training Manual for Youth Leadership and Grassroots Organization Capacity Development: Refresher/Follow Up Training on Adolescent Reproductive Health, Part 1

2000, 159 PAGES

Organisation:	Center for Integrated Community Development and ICOMP Team Nepal Kathmandu, Nepal
Summary:	This manual is designed to be a comprehensive resource for educators to provide basic concepts around adolescent sexual and reproductive health and to provide guidelines for designing and implementing programmes at a community level. The manual was designed for a five-day training.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Peer educators, Youth
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Partnerships
Healthy sexuality	Linkages across sectors	Staff capacity
	Promoting key protective behaviours	
	Reduction of stigma	
	Skills-based health education	
	Youth participation	

Training Manual on Adolescent/Youth Reproductive and Sexual Health

2002, 60 PAGES

Organisation: Family Planning Association of Nepal
Central Office Pulchowk Laitpur
PO Box 486
Kathmandu, Nepal
Tel. 9771524440

Summary: This manual aims to train trainers and community health workers to conduct reproductive and sexual health training for young people. The topics covered include: reproductive health cycle, the importance of sexual and reproductive health education for adolescents/youth, menstruation, sexuality, sexual abuse, trafficking of girls, contraception, safe motherhood, pregnancy, delivery, abortion, infertility, gender, and STIs/HIV/AIDS. This document is in Nepali.

Material Type: Manual/Curriculum

Target Group: Educators, Health providers, NGOs/CBOs, Peer educators

Region: Asia/Pacific

Language: Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:

Cultural appropriateness
Gender equity
Healthy sexuality

Programme Activities:

Behaviour change communication
Promoting key protective behaviours
Reduction of stigma
Skills-based health education
Youth participation

Administrative and Managerial Capacities:

Accountability
Partnerships
Staff capacity
Up-to-date programmes

Training Manual on Sexual and Reproductive Health for Peer Educators

2000, 80 PAGES

Organisation: Family Planning Association of Nepal
Central Office Pulchowk Laitpur
PO Box 486
Kathmandu, Nepal
Tel. 9771524440

Summary: This manual aims to assist peer educators in effectively conducting training for their peers. The manual covers: reproductive health and adolescence, peer education, effective communication, human life cycle, reproductive system, contraception and family planning, gender, sexual abuse, STIs and HIV/AIDS, safer sexual and reproductive health practices, and safer motherhood.

Material Type: Manual/Curriculum

Target Group: NGOs/CBOs, Peer educators, Youth

Region: Asia/Pacific

Language: Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication Promoting key protective behaviours Reduction of stigma Skills-based health education Youth participation	Accountability Partnerships Staff capacity

Training of Trainers for NGO/CBO Staff on HIV/AIDS/STD and Reproductive Health

194 PAGES

Organisation:	BP Memorial Health Foundation P.O. Box 9694 Suruchi Marga, New Baneshwar Kathmandu, Nepal Tel. 977114780076 or 4780861 Email. bpmhf@ecomail.com.np
Summary:	This manual for NGO/CBO staff covers: adolescent reproductive health, sex and sexuality, HIV/AIDS/STI prevention and transmission, condom usage, peer education and communication skills, organising and conducting training, and supervision and evaluation of trainings. The curriculum includes clear instructions for conducting each session as well as handouts in Nepali.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs, Parents, Peer educators, Religious leaders
Region:	Asia/Pacific
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Monitoring and evaluation
Healthy sexuality	Linkages across sectors	Partnerships
	Promoting key protective behaviours	Staff capacity
	Reduction of stigma	Up-to-date programmes
	Skills-based health education	
	Youth participation	

Training of Trainers for Peer Educators

2003, 78 PAGES

Organisation:	Save the Children US – Himalayas Field Office http://www.savethechildren.org
Summary:	This manual was designed for a six-day training to train staff members and community groups in adolescent sexual and reproductive health. The contents of the manual include sections on peer education, the human reproductive system, risky behaviours, life skills, relationships, love and infatuation, sex and sexuality, value clarification, pregnancy, unwanted pregnancy, family planning, early marriage, sexual violence, substance abuse, STIs, HIV/AIDS, condom negotiation skills, gender discrimination, counselling, and facilitation skills.
Material Type:	Manual/Curriculum
Target Group:	Educators, NGOs/CBOs
Region:	Asia/Pacific
Language:	Nepali

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Behaviour change communication	Accountability
Gender equity	Engaging the wider community	Fiscal sustainability
Healthy sexuality	Linkages across sectors	Partnerships
	Promoting key protective behaviours	Staff capacity
	Reduction of stigma	
	Skills-based health education	

Youth-Friendly Services: A Manual for Service Providers

2002, 226 PAGES

Organisation:	Engender Health http://www.engenderhealth.org
Summary:	This is a comprehensive training manual for service providers on how to create and run youth-friendly services. It includes a detailed three-day training agenda complete with facilitators' notes, handouts, up-to-date global statistics, and pre- and post-training questionnaires. There is substantial gender-sensitive information on youth-friendly services and in-depth content on young people's sexuality, psychological and social development, and the role of health education, counselling, and reproductive health services in motivating young people to protect their health and wellbeing. The participatory activities promote self-awareness and critical thinking about family planning methods, risk factors specific to youth, and their protection against common STIs, including HIV. In addition, there are case-study analyses, self-assessment guides, and action planning tools.
Material Type:	Manual/Curriculum
Target Group:	Educators, Government, Health providers, NGOs/CBOs
Region:	Global
Language:	English

ESSENTIAL ELEMENTS OF HIV PREVENTION FOR YOUTH ADDRESSED:

Guiding Principles:	Programme Activities:	Administrative and Managerial Capacities:
Cultural appropriateness	Skills-based health education	Accountability
Gender equity	Youth-friendly services	Fiscal sustainability
Healthy sexuality		Monitoring and evaluation
		Staff capacity
		Up-to-date programmes

The following is a list of selected documents that are related to the essential elements. They were selected from the Safe Youth Worldwide team library, including documents that were collected for possible inclusion in the compendium. Although these documents did not meet the criteria for inclusion in the compendium because of their lack of specific focus on HIV prevention for youth, they were chosen for inclusion in this bibliography because of the expanded guidance they provide on topics within the essential elements framework.

Guiding Principles

A Cultural Approach to HIV/AIDS Prevention and Care, 2001
UNESCO/ UNAIDS

<http://www.unesdoc.unesco.org>

<http://www.unaids.org>

Doing Gender the Rights Way: A Step-by-Step Guide to Integrating Gender Equity in Sexual and Reproductive Health Programs, forthcoming

Margaret Sanger Center International

<http://www.margaretsangercenterinternational.org>

The Gender Guide for Health Communication Programs, 2003

The Centre for Population and Development Activities (CEDPA)

<http://www.cedpa.org>

"A Rights-Based Approach to Reproductive Health," *Outlook*, December 2003

PATH

<http://www.path.org>

Turning the Tide: CEDAW and the Gender Dimensions of the HIV/AIDS Pandemic, 2001

UNIFEM

<http://www.unifem.org>

Programme Strategies

Advocacy Kit, undated

Advocates for Youth

<http://www.advocatesforyouth.org>

HIV Prevention Now: Programme Brief No. 5: Voluntary Counselling and Testing (VCT) for HIV Prevention, April 2002

UNFPA

<http://www.unfpa.org>

Integrating Voluntary Counselling and Testing into Reproductive Health Settings, 2004

International Planned Parenthood Federation

<http://www.ippf.org>

Interventions to Reduce HIV/AIDS Stigma: What Have We Learned? 2001

Population Council/Horizons

<http://www.popcouncil.org>

Peer to Peer: Creating Successful Peer Education Programs, 2004
International Planned Parenthood Federation, Western Hemisphere Region
<http://www.ippfwhr.org>

Managerial and Administrative Practices

Applying Best Practices to Youth Reproductive Health, 2000
John Snow Incorporated
<http://www.seats.jsi.com>

Evaluating Programs for HIV/AIDS Prevention and Care in Developing Countries, 2004
Family Health International
<http://www.fhi.org>

Selected Websites with Youth-Focused HIV Prevention Resources

Advocates for Youth
<http://www.advocatesforyouth.org>

Center for AIDS Prevention Studies
<http://www.caps.ucsf.edu>

The Communication Initiative
<http://www.comminit.com>

Europeer: Youth Peer Education
<http://europeer.lu.se>

International HIV/AIDS Alliance
<http://www.aidsalliance.org>

Pathfinder
<http://www.pathfind.org>

Planned Parenthood Federation of America
<http://www.plannedparenthood.org>

Sexuality, Information and Education Council of the United States (SIECUS)
<http://www.siecus.org>

Synergy HIV/AIDS APDIME Programming Tool kit
<http://www.synergyaids.com>

UNICEF
<http://www.unicef.org>

YouthNet
<http://www.fhi.org/en/Youth/YouthNet>

YouthNet and the Policy Project
<http://www.youth-policy.com>



UNFPA, the United Nations Population Fund, is the world's largest multilateral organisation providing population assistance. By supporting projects like the Safe Youth Worldwide in the context of UNFPA programmes, the Fund contributes to improving and accelerating the operationalisation of STI/HIV prevention, and increase young people's ability to protect themselves from, and reduce their vulnerability to, HIV infection. UNFPA supported the identification, collection, analysis and sharing of programme materials, tools and intervention experiences and generating effective models and methodologies for scaling up exemplary projects. UNFPA field offices actively participated in all aspects of the Safe Youth Initiative, including its implementation in five countries in three regions: Africa, Asia and the Caribbean.



Margaret Sanger
Center International

Margaret Sanger Center International (MSCI) is the international arm of Planned Parenthood of New York City (PPNYC), one of the nation's first and most respected providers of reproductive health care services. Founded in 1973, MSCI's overarching goal is to improve sexual and reproductive health and rights worldwide by working to create a world where healthy sexuality, reproductive choice and gender equity are accepted parts of life. Over the years, MSCI has developed successful partnerships in Africa, Asia, the Caribbean, Central America and the Pacific. MSCI helps to build local capacity in education, clinical services and advocacy; and fosters linkages and international exchanges among people working toward common goals.

Through collaborative partnerships in over 50 countries, MSCI has trained young people, parents, health professionals, women's groups, traditional healers, and religious leaders to serve as sexuality educators. MSCI has helped local organisations both governmental and non-governmental to incorporate reproductive and sexual health into primary care and traditional family planning services and provided public policy and advocacy training to increase support for sexual health and reproductive rights. Thus, MSCI is familiar with the challenges of on-the-ground programmes in a wide array of contexts.

